

THE BUZZ

NEWSLETTER

Community Centres of Point Cook

Term 3, 2024

Mirror by Jahangir Amin

Mirror is not merely a collection of paintings; it's an exploration of introspection, perception, and the elusive nature of truth. Each stroke on the canvas serves as a reflection of the artist's inner world, inviting viewers to embark on a journey of self-discovery.

The exhibition delves into the concept of mirrors not merely as physical objects but as symbolic portals to the psyche. Through a diverse range of styles and techniques, the artists challenges viewers to confront their own reflections, both literal and metaphorical. This exhibition serves as a platform for dialogue, inviting viewers to engage in introspection and exchange perspectives with one another.

It's an opportunity to confront the complexities of identity, memory, and truth in a world where perceptions often diverge. Mirror is not just about what is seen on the canvas, but about what is revealed within us when we dare to look closely. It challenges us to embrace the complexities of our own reflections and to appreciate the beauty found in the depths of our own souls.

I started painting from the early age and the passion for painting was always with me. Even though finding materials for a simple sketch in my town was as hard as looking for a needle in haystack but I did not stop. I started my professional learning in Austria Vienna Fine Art academy and held many exhibitions over past 17 years. As an artist, I have dedicated myself to the world of painting for over 17 years, honing my skills in both realism and surrealism. My canvas reflects the world around me, blending the tangible with the intangible to create captivating narratives. In my art, I focus predominantly on women who endure the shackles of religious tyranny, deprived of their freedom. Through each stroke of my brush, I strive to give voice to their silenced stories, shedding light on their struggles and resilience. My paintings serve as a call to action, urging viewers to confront injustice and champion the cause of liberation. With empathy and depth, I capture the essence of their experiences, igniting hope for a brighter, more equitable future through my art.

Image credit – Jahangir Amin as part of the Exhibition



 Featherbrook Community Centre	33—35 Windorah Dr, Point Cook	 8353 4000
 Jamieson Way Community Centre	59 Jamieson Way, Point Cook	 9395 3777
 Point Cook Community Learning Centre	1-21 Cheetham Street Point Cook	 8734 0205
 Saltwater Community Centre	153 Saltwater Promenade, Point Cook	 8376 5500



Wyndham City Managed Community Centres and Halls

Connect

Create

Learn

Share

Expressions of Interest 2025 Opens 1st August – 30th August 2024

Do you have a regular program or activity that you would like to host at a Community Centre or Hall that is managed by Wyndham City Council? Come and chat to us!

Who Should apply?

Facilitators and community groups who would like to hire a space for regular activities that provide a benefit for the community.

How to apply?

Call your local centre between 1st – 30th August to book an appointment

For more information email,
neighbourhoodhubs@wyndham.vic.gov.au

Contact Us

To speak to our friendly team at a community centre near you.

Arndell Park: 03 8734 8911

Dianella: 03 8742 8300

Diggers Hall: 03 9742 0867

Featherbrook: 03 8353 4000

Lollypop Creek: 0455 625 749

Manor Lakes CLC: 03 8734 8934

Penrose: 8734 4500

Point Cook CLC: 03 8734 0205

Saltwater: 03 8376 5500

Truganina: 8742 8420

Tarneit CLC: 03 8734 6040

For more information visit
www.wyndham.vic.gov.au



ACKNOWLEDGEMENT OF COUNTRY

Wyndham City Council recognises Aboriginal and Torres Strait Islander peoples as the first nation peoples of Australia. We acknowledge the Bunurong and Wadawurrung Peoples as Traditional Owners of the lands on which we provide community services.



The Wadawurrung and Bunurong Peoples have and always will belong to the Werribee Yalook (river), creek, stars, hills and red clay of this country. We pay respect to their Ancestors and Elders who always have and always will care for Country and community today and for future generations.

2024 HOMELESSNESS WEEK

Wyndham Donation Drive

Help make a difference.

Make a donation this winter and support community members in need.



For items and collection points visit
www.wyndham.vic.gov.au/homelessness-week



LEARN TO COOK EASY & HEALTHY MEALS

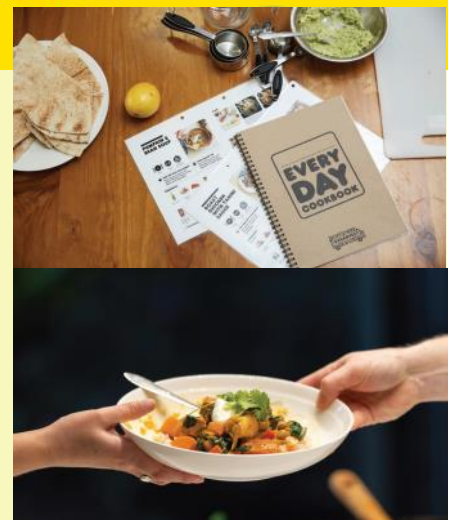
NEST is a fun 6-week cooking and nutrition program designed to help you make lasting changes for better health!

OzHarvest's Nutritional Education & Skills Training (NEST) program teaches you new skills for better health in just six weeks.

- Save money on your food budget
- Store food safely
- Understand food labels
- Plan meals and reduce waste
- Cook easy and healthy recipes

Each session runs for 2.5 hours and includes fun nutrition activities, group cooking lessons and sharing a meal together. At the end of the 6-week program you'll receive a certificate, take home resources, and your own copy of the OzHarvest Everyday Cookbook packed full of simple, healthy, and delicious recipes – most of which cost less than \$3.00 per serve!

NEST is coming to Featherbrook in August. Sign up for to NEST for free today by calling Featherbrook Community Centre on 03 8353 4000 or email featherbrookcc@wyndham.vic.gov.au



What's your vision for Wyndham in 2050?



Love your community? Want to have a say in what Wyndham is like in 2050?

Then take this opportunity to share your feedback and help create the next Wyndham 2050 Community Vision (previously Wyndham 2040 Community Vision) as part of the Future Wyndham project.

Over the next year, Council will be undertaking an extensive community engagement process to inform the creation of the Vision, and there are lots of opportunities to get involved, including the online Future Wyndham survey, community workshops, online sessions and pop-up events.

For those keen to be involved in future stages of this project, and other projects, Wyndham City is also calling on all members of the community to sign up for the People's Advisory Panel (must be 16+).

The Future Wyndham survey and registrations for the People's Advisory Panel are now open and will close at 11.59pm on **Sunday 25 August**. Get involved, make your voice count and let's shape our future together!

The Future Wyndham project will create the Wyndham 2050 Community Vision and help inform the next Council Plan (including the Municipal Public Health and Wellbeing Plan). The Vision highlights what our community wants Wyndham to be like in 2050 and is the overarching document that guides everything we do as a council.

We're looking for community feedback to help us create the Vision, decide how we allocate funds and over what time frame, what projects we prioritise, how we look after our existing assets, and where we direct our resources.

Feedback received will also help shape our major long-term plans and the 2025/26 Draft Budget.

Get involved!

We're looking for new members for our People's Advisory Panel who are passionate about helping to shape Wyndham. The panel is open to everyone, you don't need to have any special knowledge about Council to join.

To make sure the panel is representative of Wyndham, all community members, including women, First Nations people's, people with a disability, young people, LGBTQIA+ people and people from multicultural backgrounds are encouraged to apply.

Joining the People's Advisory Panel will give you the opportunity to use your lived experience and local knowledge to provide regular advice and feedback to Council. You will also connect with other residents to discuss topics that are important to the Wyndham community.

Members receive access to an exclusive Member's Page on The Loop where you can keep up to date with projects and learn more about council.



Scan the QR code to get involved and learn more about Future Wyndham



Scan the QR code to get involved and learn more about the People's Advisory Panel

A BEACON OF COMMUNITY GROWTH AND CONNECTIONS

By Featherbrook CC 

For approximately 8 years, Monica's early years programs Little Kookies, Busy Bees, Saltwater Playgroup have been a cornerstone of the community, offering a nurturing environment for families and children up to four years old. With a presence at our Featherbrook and Saltwater Community Centres, these Playgroups, Story time and Rhyme time weekly sessions have become a vital part of the community fabric, providing countless benefits to families and Mums in Point Cook.

Monica's journey began in 2016, when she was seeking activities for her two young children and, as an immigrant from Romania, eager to connect with like-minded people. During her Maternal Child & Health appointments, she discovered a community playgroup at her local Community Centre. Unfortunately, the parent-led program soon closed due to the common turnover of key volunteers. Despite her worries about communication and her Romanian accent, Monica, was motivated by her children and supported by her husband, so she took a leap of faith and the rest is history. And boy, are we ever so grateful that she did!!

Today Monica's playgroup is thriving with three sessions weekly across two Point Cook Centres. Recognised for her successful and meaningful programming, Monica was invited by the Middleton Drive Kindergarten, also known as Sparkways Early Learning, to support local families prepare the children for Kinder.

The success of Monica's programs has been identified as a referral pathway to a supportive community partner, fostering growth and development for families. Monica focuses on early childhood development through engaging and supportive environments for both children and parents. Children are *encouraged to explore* and *interact*, building cognitive and social skills. Parents and Carers who have often felt isolated, have developed meaningful connections and built supportive networks as a result.

"Monica is fantastic, and the playgroup she runs is unlike any other we've attended. We've tried various groups, including church and community-run ones, but her model stands out. It works better for everyone, attracting and engaging many parents and children."

For many years now, Monica's playgroups have consistently upheld high-quality standards as a community-driven initiative aligned with Australia's Early Years Learning Framework (EYLF) Little Kookies and Busy Bees embody these standards, enriching the community through each playdate.



Here's what some of the families had to say in our last survey...

Monica is amazing, my daughter absolutely adores her I doubt we would attend as often/at all if we didn't have a facilitator that we loved and than engages so beautifully with the children.

We are thrilled to have discovered this playgroup and Monica. We've tried other groups in the area, but Monica's facilitation makes this one an exceptionally positive experience. My child has additional needs, and this group motivates us to get out of the house, knowing we'll have a great day.

Monica is amazing! We need her to maintain the play group & support our local community.

Monica has been a saviour for me as a first time Mother. Monica's group has allowed me to social with other mums whilst watching my daughter develop her skills and friendships. My daughter gets excited every week knowing she is going to see Monica and do activities we wouldn't usually do at home. And every child looks forward to the stamp at the end.

As a primary teacher with 20+years experience. I rate this playgroup & Monica very highly. The activities vary from week to week whilst still maintaining consistency so that children can feel comfortable and safe to play, develop their social skills and learn with the indoor/outdoor space provided. The link between free play and the story shared is wonderful.

WHEN MANY COME TOGETHER GREAT THINGS HAPPEN!

By Point Cook CLC 

Seven community groups from the Point Cook Community Learning Centre came together to host the Cancer Council's Australia's Biggest Morning Tea in May. The local groups included Point Cook Cross Cultural Connection, Point Cook Indian Seniors Group, Melbourne Yangtze Choir, Multicultural Women Victoria - Women's Circle, Point Cook View Club, Point Cook Seniors Group & Point Cook Craft Group. The working group came together planning every detail, secured local sponsorship with funds from Point Cook Woolworths, Coles and Bakers Delight. The working group generously donated their home baked delicacies, brought in their teapots and cake stands, catering for over 120 community members who enjoyed high tea amid an ambiance of yellow and blue. They also added a special touch, crocheting yellow daffodils for everyone to wear, keeping in with the theme of the day.

A wonderful example of different groups coming together in collaboration, sharing their strengths and resources, resulting in a joyful day, remembering and

acknowledging those who have been impacted by cancer.

A special mention and thank you to the Point Cook Craft Group who generously donated \$1000 from sales of their handmade items. Thanks also to the wonderful local performances from Country Women's Association of Werribee South for their rendition of Shania Twain "I feel like a women", Katherine Aguirre who touched our hearts with her Spanish solo performance, the Yangtze Choir's Umbrella dance "Beauty in the Rainy Alley" and Wyndham Joyful Home with their Tibetan dance "Welcoming Wine Song".

Thanks to the wonderful generosity from our community, the event raised \$3,643.54 at last count, with more still coming in!



RECOGNISED FOR HER LOCAL CONTRIBUTION

By Point Cook CLC 

Huge congratulations to local resident and council volunteer Beverley Morrissey, from the Point Cook Activity Walkers for winning the prestigious Victorian Golden Shoe Award. The Golden Shoe awards recognise outstanding contributions from volunteer Walk Organisers.

Bev has been a Walk Organiser with the Heart Foundation for many years. Not only does Bev encourage people to join her daily walks, she also links people up with other activities such as weekly lunches, bus trips, craft, social groups and any other activity that may come up to keep them active.

Well done Bev and to all the Walk Organisers in Victoria for providing valuable support to your walkers.

“People of all ages are welcome to come join me and the walking group on our daily walk. It’s a great way to discover Point Cook, make new friends, keep fit and healthy. If anyone is interested, meet me outside the dry cleaners in the Coles precinct in Main Street, in the Point Cook town centre at 9am Mondays to Fridays or call me on my mobile 0417 324 489”.



COMMUNITY BRINGS THE GARDEN BACK TO LIFE


By Point Cook CLC 

The Point Cook Library took their Art Lab sessions outside in May. Participants of the Art Lab painted the planter boxes in the Point Cook Community Learning Centre garden. Participants were asked to paint something nature related to compliment the surrounding wetlands. The kids and parents who participated were sad to stop painting after the hour was up!

Centre community group, the Point Cook Indian Seniors, added their touch by replanting the boxes with fresh new plants. The attendees loved this collaborative art project and were proud to create something for the centre. Drop by to see the centres garden transform.



Early Years Services

Various Locations & times	Contact Information	
Immunisations The Wyndham City Immunisation Unit provides free public vaccinations against a range of childhood and adult diseases.	Contact: Wyndham Immunisation Team ☎ 9742 0736 🌐 %20Immunisations">wyndham.vic.gov.au select Children's Services > Immunisations	For further information scan to be directed to Children's Services Website
Maternal & Child Health Appointments Professional nursing support & advice for parents with children from birth to school age.		
First Time Parents Group Meet friendly local families to talk about your kids & have fun! Share experiences, find advice, give support & make new friends.	Contact: Child and Family Resource Team ☎ 1300 370 567 🌐 https://www.wyndham.vic.gov.au/services/childrensservices	
Supported Playgroup—Ages 0-5 A playgroup that aims to meet the needs of vulnerable families in our community.		
Wyndham City Council - Kindergarten 3 & 4 Year Old Kindergarten Services. Enrol your child online.		





SLEEP AND SETTLING

Wyndham City Council offer sleep and settling information sessions aimed at supporting families experiencing sleep challenges. Sessions are run for the following age groups:

- 0-3 months
- 1-2 years
- 3-6 months
- 2-3 years
- 6-12 months
- 3-5 years

Each information session will run face to face for one hour, facilitated by Child and Family Resource Officers within the Maternal and Child Health Team. For more information email sleepsettling@wyndham.vic.gov.au or scan the QR code

YOUR COUNCIL CLOSE TO HOME

Did you know a range of council enquiries & transactions are available such as:

Council payments
 Kinder enquiries
 Pet registrations


9am—5pm Monday to Friday at the
 Point Cook Community Learning Centre
pointcookclc@wyndhamvic.gov.au 8734 0205



Early Years Programs & Activities

Featherbrook Community Centre	Day & Time	Cost	Information
<p>Busy Bees Playgroup</p> <p>Where children learn through play, imagination and creativity all whilst developing social skills. A friendly environment where parents meet new friends too. Suitable for ages under 5 years.</p>	<p>Tuesday 9:00am—11:00am</p>	Fees apply	<p>① Monica ✉ busybeesfeatherbrook@gmail.com</p>
<p>Little Kookies Playgroup</p> <p>Children learn through play, imagination, creativity & develop social skills. A friendly environment where parents meet new friends too. Suitable 5yrs & under.</p>	<p>Thursday 9:00am—11:00am</p>	Fees apply	<p>① Monica ✉ littlekookiesfeatherbrook@gmail.com</p>
<p>Mini Movers—Leisure Networks</p> <p>Mini Movers is a free 30 minute physical well-being program that gives 3-7 year olds the opportunity to try new sports, make friends & grow their confidence.</p>	<p>Fridays 9:30am—10:30am</p>	No Cost (bookings essential)	<p>① Tori ☎ 03 5224 9972 ✉ tori.honner@leisurenetworks.org</p>
<p>Tiny Tutus</p> <p>Educational pre-school ballet classes promoting fitness and creativity from a young age with the right balance of fun and learning.</p>	<p>Thursday 9:00am—11:30am</p>	Fees apply	<p>① Tiny Tutus ☎ 1300 245 060 ✉ hello@tinytutus.com.au 🌐 tinytutus.com.au</p>
Jamieson Way Community Centre	Day & Time	Cost	Information
<p>Cookie Kids Messy Sensory Play</p> <p>Ages 1—5 yrs. dress for mess! Ooey, gooey, fun filled activities.</p>	<p>Contact us for dates and more details!</p>	Fees apply	<p>① Jamieson Way Community Centre ☎ 9395 3777 ✉ admin@jamiesonwaycc.org.au</p>
<p>Cookie Kids Playgroup - 0 to 5yrs</p> <p>Lots of play time & social interaction for children in a relaxed & supportive environment. Social connection for families.</p>	<p>Wednesdays 9:30am—11:30am</p>	Fees apply	<p>① Jamieson Way Community Centre ☎ 9395 3777 ✉ admin@jamiesonwaycc.org.au</p>
Point Cook Community Learning Centre	Day & Time	Cost	Information
<p>Bilingual Story Time – Chinese & English</p> <p>Children of all ages</p> <p>Join us for 45 minutes of stories, songs and rhymes, and craft in Chinese and English. Meet bilingual families, learn words in another language and help your child develop important language skills.</p>	<p>Fridays (2nd of the month) 10:00am</p>	No Cost	<p>① Point Cook Library ☎ 8734 8999</p> <p>For session dates and times please visit: www.wyndham.vic.gov.au/services/libraries/early-years/early-years-events-and-activities</p> <p>Programs during school term only</p>
<p>Baby Time Ages 0–12 months</p> <p>Sing, move and bond with your baby as we share some of our favourite songs and reading tips.</p>	<p>Thursdays 2:00pm Fridays 11:30am</p>		
<p>Rhyme Time Ages 1–5 years</p> <p>These 30-minute sessions include stories, songs and rhymes designed to develop early language, literacy and numeracy skills.</p>	<p>Tuesdays & Wednesdays 9:30am Saturdays 10:30am</p>		
<p>Story Time Ages 3+</p> <p>These 45-minute sessions include stories, songs and rhymes, and a simple craft activity designed to develop early language, literacy and numeracy skills.</p>	<p>Tuesdays 11:00am Fridays 10:00am (1st, 3rd, 4th of mth)</p>		
<p>Little Buddies Toy Library</p> <p>Wide range of toys suitable for 0-5 year olds including ride-ons, educational toys, puzzles, games, imaginative play sets, baby toys & more.</p>	<p>Tuesday & Fridays 10:00am-1:00pm Saturdays 9:30am-1:30pm</p>	Fees apply	<p>☎ 0492 980 692 ✉ admin@littlebuddiestoylibrary.com.au 🌐 littlebuddiestoylibrary.com.au</p>
<p>Munchkins & Rascals Playgroup</p> <p>A fun, welcoming, inclusive environment using sensory play, music, art & age appropriate learning for families from all backgrounds to participate in. We currently have families with children under 6mth</p>	<p>Mondays 12:30pm—2:30pm</p>	Fees apply	<p>① Xanthe or Caitlin ✉ munchkin.playgroup@gmail.com</p>

Early Years Programs & Activities

Point Cook Community Learning Centre	Day & Time	Cost	Information
<p>Point Cook Chinese Playgroup Friendly playgroup engaging kids under 5 in music, storytelling, games & craft activities in Chinese (Mandarin). Meet other families. Enjoy indoor & outdoor play. Introduce Chinese to children in a 100% immersion environment.</p>	<p>Mondays 9:30am—11:30am (during school term)</p>	Fees apply	<p>📞 Brittany Chen ✉️ Brittany.chen1023@gmail.com</p>
<p>Point Cook Little Friends Playgroup A play based playgroup for 0-5 year olds. Activities include story time, music, dance, craft & outdoor play. Can bring your own lunch. Relaxed & social time for parents & children.</p>	<p>Tuesdays 9:30am—11:30am (during school term)</p>	\$50 per family per term	✉️ slplaygroup@hotmail.com
<p>Safer Spaces Disability Playgroup Community playgroup for children with different abilities and their carers. Some free play and structures activities such as crafts and songs</p>	<p>Fridays (fortnightly) 9:30am—11am</p>	Fees apply 	<p>📞 Josh ☎️ 0434 648 404 🌐 www.safer-spaces.com.au/collections/community</p>
<p>South Sudanese Junubi Playgroup This playgroup brings South Sudanese families with children between the age of 0-5 years together in a welcoming & safe environment where they can meet other South Sudanese families, share advice & relax while kids play.</p>	<p>Fridays 11:30am—2:00pm (during school term)</p>	No Cost	<p>📞 Nyadit or Poly ☎️ 0434 178 753 ✉️ poly.kiyaga@wyndhamcec.org.au</p>
<p>VACCA Koorie Kids Playgroup A great place for children & their Mums, Dads & carers to gather with other Koorie families, make new friends, hear stories, participate on cultural arts & crafts, express creativity & learn about culture.</p>	<p>Tuesdays 12:00pm—2:00pm</p>	No Cost	<p>📞 Tayla ☎️ 03 8746 2776 ✉️ taylas@vacca.org 🌐 www.vacca.org</p>
Saltwater Community Centre	Day & Time	Cost	Information
<p>Saltwater Playgroup A vibrant playgroup, open to all families. Parents engage and interact with their child, meet other parents and make friends. Facilitated playgroup with moderate routine in place, includes songs and story time preparing the little ones for kinder life.</p>	<p>Fridays 9:00am—11:00am School Term only</p>	Fees apply	<p>📞 Monica ✉️ saltwaterccplaygroup@gmail.com</p>
<p>Saltwater Chinese Playgroup For mums, dads, grandparents & carers with kids 0-5years. Come enjoy rhyme & story time and craft activities.</p>	<p>Wednesdays 9:30am—11:30pm</p>	Fees apply	<p>📞 Sumei / Meredith ✉️ swchineseplaygroup@gmail.com</p>
<p>Rhyme Time and Pop-Up Library Join us for Rhyme Time and a special Pop-Up Library every week. Our 30-minute Rhyme Time sessions include stories, songs and rhymes designed to develop early language, literacy and numeracy skills.</p>	<p>Refer to website for current timetable Tuesdays 1:45pm-2:45pm</p>	No Cost	<p>📞 Saltwater Community Centre 📞 Wyndham City Libraries ☎️ 8734 8999 🌐 For session dates and times visit: https://www.wyndham.vic.gov.au/pop-up-library</p>
<p>LEGO Club Age 5+ Drop in after school and show off your LEGO skills. Hang out with other kids who enjoy LEGO.</p>	<p>Tuesdays 2:45pm—3:45pm</p>		<p>Programs during school term only</p>
<p>Bookshelf at Saltwater Community Centre Wyndham Library members can now borrow from collection at Saltwater Community Centre.</p>	<p>Monday to Friday 9am –5pm</p>		
<p>Tiny Tutus Preschool Ballet Educational pre-school ballet classes promoting fitness and creativity from a young age with the right balance of fun and learning.</p>	<p>Fridays 9:00am—12:00pm</p>	Fees apply	<p>☎️ 1300 245 060 ✉️ hello@tinytutus.com.au 🌐 www.tinytutus.com.au Yearly registration fee includes your tutu</p>

Education & Training Kids & Adults

Featherbrook Community Centre	Day & Time	Cost	Information
Abacus 4 Kids Fun and innovative ways for kids to learn speedy mental arithmetic skills using abacus (soroban). Free trial class available.	Mondays to Saturdays Various times Call for details	Fees apply	📞 Jaslyn ☎ 0406 946 069 ✉ abacus4kids@gmail.com 🌐 abacus4kids.com.au
AL Madina Islamic Foundation Join our vibrant Arabic/Urdu language classes. Learn through engaging activities, creative expression and community engagement..	Wednesdays 4.30pm—5.30pm	Donations	📞 Wajid ☎ 0430 876 786 ✉ kkart.classes@gmail.com
KK Art Art, drawing & Craft lessons for kids 4-8 . Classes are designed to be the one stop shop to develop your drawing, painting, colouring & craft making abilities.	Wednesdays 5:00pm—6:00pm	Fees apply	📞 Edmund ☎ 0432 513 344 ✉ kkart.classes@gmail.com
Spoken English Classes—Adult Learn to speak spoken English with Nina, Nawaz or Radha. A volunteer led Hubs program. Spaces limited.	Mondays & Tuesdays 9:00am—10.25am 10.35am—12.00pm	No Cost	📞 Featherbrook Team ☎ 8353 4000 ✉ featherbrookcc@wyndham.vic.gov.au
WCEC English Conversation Classes—Adult New to English classes in partnership with Wyndham Community & Education Centre.	Thursdays: 9:30am-11:30am	Fees apply	📞 Wyndham Community & Education Centre ☎ 9742 4013 🌐 wyndhamcec.org.au/wpmain/
Wyndham Chess Club Chess lessons and chess club for children aged 6 and over. All levels welcome from beginners to advanced.	Fridays 5:00pm —8:00pm	Fees Apply	📞 Phil Minichelli ☎ 0478 604 601 ✉ phil@wyndhamchess.club 🌐 www.wyndhamchess.club
Jamieson Way Community Centre	Day & Time	Cost	Information
Intermediate French! All welcome Enjoy a cuppa and meet new friends while you discover and learn the French language! All welcome	Tuesdays 1:00pm - 3:00pm	No Cost	📞 Jamieson Way Community Centre ☎ 9395 3777 ✉ admin@jamiesonwaycc.org.au
Point Cook Community Learning Centre	Day & Time	Cost	Information
Abacus Training Centre by Sempoa SIP Enhance children’s cognitive skills with ABACUS-based brain training. Acquire mental arithmetic skills in an enjoyable & structured setting, with a tailored curriculum designed to accommodate children of varying skill levels. Free trial class available.	Mondays & Wednesdays 4:30pm—6:30pm Fridays 4:00pm—6:00pm Saturdays 9:00am—11:00am	Fees apply	📞 Hany ☎ 0431 830 359 ✉ info@semposip.com.au 🌐 semposip.com.au
AMEP: English Classes Free English classes for refugees and other eligible migrants.	Monday & Fridays 9:00am—2:30pm Thursdays 9:00am—3:30pm	No Cost	📞 Wyndham Community & Education Centre ☎ 9742 4013 & press 1
AMES Australia: Chinese Bilingual English Classes Class is designed to provide English Language tuition for clients with very low speaking & listening skills, who would benefit from having a teacher with bilingual English & Chinese language skills.	Thursdays 9:00am—2:30pm	Fees apply	📞 Nidhi Sharma ☎ 0402 262 237 ✉ nidhis@ames.net.au
Brainworks Helps to develop students potential aspiring to reach various goals, improve their understanding of the school curriculum, prepare for competitive scholarship & selective school exams.	Wednesdays & Thursdays 5:15pm—7:15pm	Fees apply	📞 Adnan ☎ 0433 195 110 or 0401 421 115 ✉ pointcook@brainworks.com.au 🌐 brainworks.com.au
Computer Class—Beginners An interactive 4-week program.. Whether you're a complete novice or just want to brush up on your skills, this in-person event is perfect for you!	Wednesdays 1:00pm – 2:30pm (4 weeks starting 7 August)	No Cost Bookings required.	📞 Point Cook Library ☎ 8734 8999 🌐 For bookings visit: www.wyndham.vic.gov.au/services/libraries/adults/library-it-programs

Education & Training Kids & Adults

Point Cook Community Learning Centre	Day & Time	Cost	Information
<p>Computer Class—Introduction to Microsoft Word Ages 18+</p> <p>Learn how to create documents comprising text & images using Microsoft Word in a one-off program aimed at people with basic knowledge of computers.</p>	<p>Wednesday 31 July 1:00pm—2:30pm</p> <p>Bookings required.</p>	No Cost	<p>📍 Point Cook Library ☎ 8734 8999</p> <p>🌐 For bookings visit: www.wyndham.vic.gov.au/services/libraries/adults/library-it-programs</p>
<p>Conversational English for migrants</p> <p>Practise your English skills, meet new people, and learn from others.</p>	<p>Fridays 9:00am—11:00am</p>	No Cost	<p>📍 Point Cook CLC ☎ 8734 0205 ✉ pointcookclc@wyndham.vic.gov.au</p>
<p>English for Chinese speakers</p> <p>Practise your English skills, meet new people, and learn from others.</p>	<p>Wednesdays 10.00am—11:00am</p>		
<p>Manual Bookkeeping—ONLINE</p> <p>For beginners. Covers all aspects of bookkeeping including general journals, sales & purchases journals, general ledger, trial balance, profit & loss statements, bank reconciliation & balance sheets.</p>	<p>Mondays 6:00pm—9:00pm</p>	\$30 (citizens/ permanent residents)	<p>📍 Wyndham Community & Education Centre ☎ 9742 4013 🌐 https://wyndhamcec.org.au/course-list-pre-accredited/</p> <p>all courses are 3 hours 10 weeks</p>
<p>Introduction to MYOB</p> <p>This is a practical hands-on course designed to teach students about the computerised accounting package MYOB. Includes payroll and BAS.</p>	<p>Tuesdays 9:00am—12:00pm Saturdays 9:00am—12:00pm</p>		
<p>Computer Skills — Next Steps</p> <p>For people with basic computer skills or as a follow on for students who have completed the “First Steps” course. Includes MS Word, Excel, Powerpoint.</p>	<p>Tuesdays 12:30pm—3:30pm</p>		
<p>English Conversation</p> <p>Practise your English skills, meet new people, & learn from others. A great way for you to connect with the community & maybe even make new friends.</p>	<p>Mondays 11:00am—12:00pm</p>	No Cost	<p>📍 Point Cook Library ☎ 8734 8999</p> <p>🌐 www.wyndham.vic.gov.au/adult-events-and-activities</p>
<p>Gunsmart—Firearm Safety Course</p> <p>Safety & information course from Victoria Police. Feel safe around firearms or complete the course certificate to apply for a category A/B firearms licence. Juniors 12-18 years welcome when accompanied by an adult. Course & short exam.</p>	<p>Tuesdays (fortnightly) 7:15pm—9:00pm</p>	\$88 Adults	<p>📍 Gunsmart ☎ 1300 920 900 ✉ instructor@gunsmart.com.au 🌐 www.gunsmart.com.au</p>
<p>IT Help One on One</p> <p>Free digital training is available. Book a One on One IT help session, and our friendly staff will help you. Bookings required.</p>	<p>Wednesdays 10am – 10:30am Online Weekdays 10:00am—11:00am</p>	No Cost	<p>📍 Point Cook Library ☎ 8734 8999</p> <p>🌐 www.wyndham.vic.gov.au/services/libraries/adults/library-it-programs</p>

REIMAGINE STEM



BOOK NOW



Join us on a fun and educational coding adventure using LEGO® robotics!



🌐 <https://bit.ly/rocketacademyau>

📍 Point Cook Community Learning Center

Blast Off with Rocket Academy's STEM Workshop!

Exciting, curriculum aligned STEM workshop featuring LEGO® robotics & block coding. Expert instructors lead hands on, play-based activities that enhance critical thinking, creativity, & problem solving skills.


Limited spots available secure yours now!

Saturdays

11am Discover Quirky Creations, A STEM Workshop for Grade 3-4

12:30pm The Great Adventure, A STEM Workshop for Grade 1-2

📍 Carmen ☎ 0415 897 393

Point Cook Community Learning Centre	Day & Time	Cost	Information
<p>Point Cook Homework Club</p> <p>This new free program will be facilitated by council volunteer Dr. Ritu Taneja. A highly experienced tutor and co-funder of RD Education Leaders in Point Cook. It will focus on students in high & senior secondary schools, specializing in mathematics & science studies. Come with your books and study topics of conversation.</p>	<p>Tuesdays 4:30pm—5:30pm</p> <p>Bookings essential</p>	No Cost	 <p>📞 Dr. Ritu Taneja ☎ 0427 202 253 ✉ ritutaneja.aa@gmail.com</p> <p>OR</p> <p>📞 Point Cook CLC ☎ 8734 0205 ✉ pointcookclc@wyndham.vic.gov.au</p>
<p>Sewing Classes—So & Sew — Beginners</p> <p>This course is perfect for those who want to learn how to sew with different fabrics, follow simple patterns and make items on a basic sewing machine.</p>	<p>Tuesdays 9:00am—12:00pm</p> <p>Wednesdays 6:00pm—9:00pm</p>	\$40 (citizens/ permanent residents)	<p>all courses are 3 hours 10 weeks</p> <p>📞 Wyndham Community & Education Centre ☎ 9742 4013 🌐 https://wyndhamcec.org.au/course-list-pre-accredited/</p>
<p>Sewing Classes—Next Stitch — Intermediate</p> <p>An intermediate level sewing course which assumes basic knowledge of using machines. Will cover introduction to overlockers, working with different fabrics and using patterns to make a simple garment.</p>	<p>Tuesdays 12:30pm—3:30pm</p>		
<p>Sewing Classes—All Sewn Up — Advanced</p> <p>Advanced level course which follows on from the "Next Stitch" course. This course includes sewing with stretch fabric and making a more complex article or garment.</p>	<p>Thursdays 6:00pm—9:00pm</p>		
<p>Telugu Association of Australia Inc</p> <p>Teaching Telugu language to protect culture & diversity among our children while integrating with the multicultural society of Wyndham.</p>	<p>Saturdays Fortnightly 3:30pm—6:00pm</p>	Fees apply	<p>📞 Satya ☎ 0422 211 036 ✉ matamps@cba.com.au 🌐 taai.net.au</p>
<p>Writing Group Ages 18+</p> <p>Free writing group for adult writers of all levels of experience. Get your creative juices flowing with exercises designed to inspire and develop your writing skills in a fun and friendly environment.</p>	<p>Tuesdays (4th of the month) 1:30pm—2:30pm</p>	No Cost	<p>📞 Point Cook Library ☎ 8734 8999</p> <p>🌐 For session dates and times visit: www.wyndham.vic.gov.au/adult-events-and-activities</p>
<p>Zimbabwean Community in Australia (Victoria)</p> <p>Offering Shona Ndebele language classes to kids & adults.</p>	<p>Saturdays 1:00pm—3:00pm</p>	Fees apply	<p>📞 Dr Taka Zivave ☎ 0424 326 267 ✉ zimviccommunitylanguageschool@gmail.com</p>
Saltwater Community Centre	Day & Time	Cost	Information
<p>Expert Academy</p> <p>With the notion of nurturing and empowering young minds, we provide comprehensive tuitions for students who wish to aspire VCE, NAPLAN/ICAS, selective school exams.</p>	<p>Mondays 5–7:30pm Wednesdays 5:30pm-7:30pm Fridays 5pm-7:00pm</p>	Fees apply	<p>📞 Gunjan ☎ 0412378064 ✉ contact@expertsacademy.com.au 🌐 www.expertsacademy.com.au</p>
<p>Wyndham Community and Education Centre—AMEP Classes</p> <p>Free English classes for refugees and other eligible migrants</p>	<p>Mondays 9:00am-2:30pm</p>	Free	<p>📞 Wyndham CEC ☎ 9742 4013 ✉ enquiries@wyndhamcec.org.au 🌐 https://wyndhamcec.org.au</p>
<p>Library Bookshelf at Saltwater</p> <p>WCC Library members can now *borrow and return books from a bite sized collection at the Saltwater Community Centre!</p>	<p>Monday to Friday, 9:00am-5:00pm</p>	Free.	<p>📞 Wyndham City Libraries ☎ 8734 8999</p> <p>*Borrow Up to 5 items * Self-Chekout (library card required)</p>
<p>Flying Minds AI course</p> <p>Designed specifically for 13-17 year olds, emphasizes the significance of early AI education, offering hands-on project based experience. Students delve into coding, machine learning fundamentals, ethical AI use & are required to complete a capstone project that reflects real-world applications.</p>	<p>Saturdays 12:30pm-2:30pm</p>	Fees apply	<p>📞 Robin ☎ 03 9013 6002 ✉ info@flyingmindsai.com.au 🌐 www.flyingminds</p>

Featherbrook Community Centre	Day & Time	Cost	Information
Beat Freakz Fitness Dance fitness in the dark that is suitable for all levels, all shapes, sizes & abilities. A safe place for women, families, young adults and children.	Mondays 6:45pm—7:30pm	Fees apply	ⓘ Jenna Chaffey ☎ 0424 124 661 ✉ beatfreakzfitness@yahoo.com 🌐 beatfreakzfit.com.au
Amanz Music Classes Guitar and Keyboard lessons for children	Saturdays 9:00am—11:00am	Fees Apply	ⓘ Aman Luthra ☎ 0405 606148 ✉ punjabichurcha@gmail.com
Let's Dance Point Cook Community social sequence ballroom dancing incl. Cha Cha, Tango, Foxtrot, Waltz & many more.	Sundays 4:30pm –6:30pm	Fees Apply	ⓘ Phebe Yeo ☎ 0425 338 832 ✉ phebe@8senses.com.au
The Little Theatre Company Drama classes for young people aged 7-17 years. Through exploration, the classes work to the strengths and interests of the group while building practical skills in acting, directing and script writing.	Mondays 4.00pm—5.30pm	Fees Apply	ⓘ Jess Fairfax ☎ 0450 348 969 ✉ admin@thelittletheatrecompany.com.au
Point Cook Dance Friendly & nurturing classes. Pre School Dance, combination for preppies, classical ballet, Jazz & Funk, Hip-Hop, Hip-Hop Boyz, Tap, Contemporary, Acrobatics, Drama & singing. For ages 3 year to teenagers.	Tuesdays, Thursdays, Fridays & Saturdays Times vary. Please see timetable on website	Fees apply	ⓘ Mandy ☎ 0416 679 911 ✉ info@pointcookdance.com.au 🌐 www.pointcookdance.com.au
Point Cook Girl Guides As the peak organisation for girls aged 5-17, The Girl Guides mission is to empower all girls to become confident, engaged, resilient & responsible community members.	Tuesdays 6:30pm—8:00pm	Fees apply	✉ wyndham@guidesvic.org.au 🌐 guidesvic.org.au
Rachana Natyalaya One of the prominent places in Melbourne to learn Indian Classical Dance Bharatanatyam, Folk & Bollywood dancing from a qualified dance teacher.	Wednesdays 6:00pm—9:00pm	Fees apply	ⓘ Archana Koorthy ☎ 0432 161 933 ✉ koorthy@gmail.com 🌐 rachananatyalaya.com
Sahaja Yoga Meditation Teaches a unique method of meditation where participants can achieve a state of balance in just 10 minutes.	Tuesdays 7:30pm—8:30pm	No cost	ⓘ Annie Sarani ☎ 0423 110 875 ✉ annie.sarani@gmail.com 🌐 www.sahajayoga.com.au
Shorinjiryu Karate This karate has elements based on Okinawan Karate with a strong influence from Aikijujutsu, Judo & various Okinawan and Japanese weapons arts. Classes suitable for juniors & adults.	Tuesdays 4:00pm—6:30pm	Fees Apply	ⓘ Marnie Roberts ☎ 0418 564 382 ✉ kennankan@hotmail.com 🌐 www.shorinjiryu.com.au
Table Tennis for beginners Come and learn basic skills in Table Tennis. Bats and balls are provided.	Wednesdays 9:15am—10.45am	No cost	ⓘ Featherbrook Community Centre ☎ 8353 4000 ✉ featherbrookcc@wyndham.vic.gov.au
Table Tennis for Intermediate/Advanced Come and experience your technique and have fun with other experienced locals.	Fridays 9:00am—10:45am	No cost	ⓘ Featherbrook Community Centre ☎ 8353 4000 ✉ featherbrookcc@wyndham.vic.gov.au

Recreation & Wellbeing Kids & Adults

Featherbrook Community Centre	Day & Time	Cost	Information
VIBE Craft for Kids A new DIY creators workshop for kids aged 8 and above. Students learn to be creative using recyclable items. Students are encouraged to showcase their creations at an end of the year event.	Thursdays 5:30pm - 7:30pm	Fees Apply	① Alpana Chauhan-Virani ☎ 0434 944 074 ✉ alpana24@gmail.com 🌐 www.vibechoreography.com.au
Vibe Choreography “LETS CO-EXIST” Exciting, fun and popular Bollywood, Hip Hop, Jazz Funk dance classes for anyone aged 6 years. If you love to dance, build your confidence & make great friends, enquire with us.	Tuesdays, Wednesday, Fridays & Saturdays Times vary see website	Fees apply	① Alpana Chauhan-Virani ☎ 0434 944 074 ✉ alpana24@gmail.com 🌐 www.vibechoreography.com.au
Jamieson Way Community Centre	Day & Time	Cost	Information
Chatty Café/Table Community catch up –great chance to meet new people and connect. Tea, coffee & refreshments provided	1st & 3rd Monday each month 10:00am - 11:30pm	No cost	① Jamieson Way Community Centre ☎ 9395 3777 ✉ admin@jamiesonwaycc.org.au
Garden Connection Workshops Learn new skills and connect with others interested in plants and gardening. Workshops conducted by an experienced tutor.	Connect with us for days and times	Fees apply. Bookings required	
Community Bus Trips Movie, shopping and other trips—let us know where you want to go!	Connect with us for days and times	Fees apply	
Gardening Swap Point Cook Meet at the BBQ area at back of the centre	4th Sunday monthly 10:30am—11:30am	No cost Bring swap items	① Sarah ✉ sarahong74@gmail.com Facebook Gardening Swap Point Cook
Jam Way Book Club Share your love of reading and enjoy morning tea & a cuppa!	Contact us for details	No cost	① Jamieson Way Community Centre ☎ 9395 3777 ✉ admin@jamiesonwaycc.org.au
Jam Way Guitar Lessons Aimed at primary school ages, great fun way to learn the acoustic guitar. Bookings required.	Wednesdays 4:00PM—7:00pm (30 min classes)	Fees apply	
Jam Way Sew & Sew Group Qualified dressmaker BYO projects. Machines on site or feel free to BYO.	1st & 3rd Monday of month 7:00pm—9:00pm	Fees apply	
Jam Way Quilters Patch Patchwork classes open to all levels of experience! BYO project.	Thursdays 9:00am—1:30pm	Fees apply	
Walking Basketball— Seniors These fun sessions are designed to be adaptable based on participants skill level, fitness and mobility	Thursdays 1:30pm—2:30pm	No cost	① Jamieson Way Community Centre ☎ 9395 3777 ✉ admin@jamiesonwaycc.org.au
Point Cook Community Learning Centre	Day & Time	Cost	Information
Art Lab Ages 11-15 Join us for Art Lab and create something epic each month. Experiment with different art styles and let your creativity run wild! Bookings required.	Wednesdays (1st & 2nd Wed of the month) 4:00pm—5:00pm	No Cost	① Point Cook Library ☎ 8734 8999 To book please visit: www.wyndham.vic.gov.au/whats-on/art-lab
Board in the West—Melbourne Meeples Join us on the first Friday of each month for a night of Board Gaming fun! Open to all ages & experience levels. We’d love to see you there!	Fridays (1st of the month) 5:30pm—11:00pm	\$5 pp \$12.50 per family	① Jennie ☎ 0410 150 529 🌐 meeples.org.au

Recreation & Wellbeing Kids & Adults

Point Cook Community Learning Centre	Day & Time	Cost	Information
<p>Bollywood Dance Company Melbourne Our motto 'Celebrating Dance, Arts, & Culture'. With careers starting in Mumbai, experience in the Indian Bollywood Film Industry Darshan & Sohini bring extensive global travel & performance experiences over 22 years to their teaching.</p>	<p>Mondays 5:30pm—9:30pm</p>	Fees apply	<p>📞 Sohini / Darshan ☎ 0497 757 355 ✉ info@bollywooddancecompany.com.au 🌐 www.bollywooddancecompany.com.au</p>
<p>Breakfast Club @ Stockland Shopping Centre Are you aged between 12-25? Mornings can be tough, even tougher on an empty stomach, start your day with a free breakfast Near Woolworths.</p>	<p>Tuesdays 8:15am—9:00am (During school term)</p>	No Cost	<p>wyndhamcity Youth Services</p> <p>☎ 8734 1355 ✉ youthinwyndham@wyndham.vic.gov.au 🌐 https://www.wyndham.vic.gov.au/services/youth-services</p>
<p>Courtside - Youth Services @Point Cook Ages 12-25 Hang out with our friendly youth workers & meet new friends at Point Cook Town Centre Basketball court.</p>	<p>Thursdays 3:30pm—5:30pm</p>		
<p>Point Cook Drop In Aged between 12-18? Bored & looking for somewhere to hang out after school? Drop in, grab a snack & chill Wednesday afternoons at Point Cook Community Learning Centre.</p>	<p>Wednesdays 3:30pm—5:30pm</p>		
<p>Brooks School Of Dance Quality dance classes in creative movement, classical Ballet & Jazz for kids ages 3 & up. Taught in a friendly & encouraging environment by experienced dance teachers.</p>	<p>Thursdays 4:30pm—6:00pm Saturdays 9:00am—12:00pm</p>	Fees apply	<p>📞 Ayelet ☎ 0430 765 431 ✉ brooksdance@gmail.com 🌐 brooksschoolofdance.com</p>
<p>Chess for All Ages Beginners and experienced players are welcome to join us for Chess at Point Cook Library. Enjoy a game with your friends and meet other Chess enthusiasts in the library!</p>	<p>Tuesdays 4:00pm—5:00pm (During school term)</p>	No Cost	<p>📞 Point Cook Library ☎ 8734 8999 For more information: https://www.wyndham.vic.gov.au/whats-on/all-ages-chess</p>
<p>Craft & Conversation Ages 18+ Are you a craft lover? Join our monthly program to create a new craft each session. Materials are free, conversation is included, and you can take home your finished project. Bookings required.</p>	<p>Tuesdays (2nd of the month) 1:00pm—3:00pm</p>	No Cost	<p>📞 Point Cook Library ☎ 8734 8999 For session dates & times please visit: www.wyndham.vic.gov.au/adult-events-and-activities</p>
<p>Cross Cultural Connection Share & learn cultural customs & traditions, food & recipes passed down by generations and languages.</p>	<p>Tuesdays 9:00am—11:00am</p>	No cost	<p>📞 Point Cook CLC ☎ 8734 0205 ✉ pointcookclc@wyndham.vic.gov.au</p>
<p>Fun & Fitness Gentle Exercise Gentle physical activity program suitable for seniors and all abilities.</p>	<p>Mondays 11:30am—12:30pm Fridays 11:10am—12:10pm</p>	\$6 per session	<p>📞 Point Cook CLC ☎ 8734 0205 ✉ pointcookclc@wyndham.vic.gov.au</p>
<p>Gamblers Anonymous 12 Step Fellowship meeting for compulsive gamblers. Zoom meetings listed on website.</p>	<p>Thursdays 8:00pm—9:00pm</p>	No Cost	<p>☎ 9696 6108 ✉ gavictoria18a@gmail.com 🌐 gaaustralia.org.au</p>
<p>Kids Club Ages 5+ Come and join in a different activity every week. Make new friends and have lots of fun. No bookings required.</p>	<p>Thursdays 4:00pm—5:00pm Program during school term only</p>	No Cost	<p>📞 Point Cook Library ☎ 8734 8999 🌐 For session dates and times visit: https://www.wyndham.vic.gov.au/kids-events-activities</p>
<p>Melbourne Table Tennis Club Run by Melbourne Table Tennis Club in conjunction with Asian Business Association of Wyndham Inc. Playing & coaching with a main focus on Seniors 55+.</p>	<p>Sundays 6:00pm—9:00pm</p>	Fees apply Membership fees.	<p>📞 Jon Zhang ☎ 0451 169 850</p>

Recreation & Wellbeing Kids & Adults

Point Cook Community Learning Centre	Day & Time	Cost	Information
<p>Multicultural Women Victoria—Women's Circle We facilitate a gathering for local women from diverse backgrounds who may be experiencing feelings of isolation and disconnection.</p>	<p>Fridays (3rd of the month) 12:15pm—2:00pm</p>	No Cost	<p>☎ Sudha 0432 489 584 ✉ shudha-narayan@hotmail.com 🌐 www.mwv.org.au</p>
<p>Natyanjali School of Dance All ages Bharatanatyam India's oldest & popular classical dance style encompassing music, rhythm & expression. Strictly adheres to Natyashastra. Traditional Vazhuvoor style of Bharathanatyam.</p>	<p>Tuesdays 6:00pm—8:00pm Thursdays 5:00pm—6:00pm Fridays 5:30pm—6:30pm</p>	Fees apply	<p>① Anitha Perumal ☎ 0470 177 937 ✉ anititha@yahoo.com 🌐 natyanjalischoolofdance.business.site/</p>
<p>Point Cook Craft Group Bring along your knitting or craft for social interaction with other local community members.</p>	<p>Thursdays 10:00am—12:00pm</p>	No Cost	<p>① Bev ☎ 0417 324 489 ✉ pointcookclc@wyndham.vic.gov.au</p>
<p>Point Cook Seniors Group Meet for social interaction with other seniors from local area.</p>	<p>Fridays 12:15pm—2:30pm</p>	No Cost	<p>① Point Cook CLC ☎ 8734 0205 ✉ pointcookclc@wyndham.vic.gov.au</p>
<p>Point Cook Table Tennis—Beginners Join locals for some active fun playing table tennis. Places are limited so book now! Open to all.</p>	<p>Tuesdays 11:00am—1:00pm</p>	No cost	<p>① Point Cook CLC ☎ 8734 0205 ✉ pointcookclc@wyndham.vic.gov.au</p>
<p>Point Cook VIEW Club A leading women's national organisation, providing the opportunity for senior women from all multi-cultural backgrounds.</p>	<p>Wednesdays (4th of the month) 12:00pm—1:30pm</p>	Fees apply	<p>① Catherine Cronin ☎ 0407 726 852 ✉ pointcookview@gmail.com 🌐 view@thesmithfamily.com.au</p>
<p>Point Cook Walking Group People of all ages come join us to discover Point Cook, make new friends, keep fit & healthy.</p>	<p>Mondays—Fridays 9:00am</p>	No Cost	<p>① Bev ☎ 0417 324 489 Meet at the Point Cook town centre outside dry cleaners (Coles precinct)</p>
<p>Robo Lab Ages 11-15 Interested in robotics? Gain hands on experience building & coding robotics in Robo Lab. Bookings open one week before each session. Bookings essential</p>	<p>Fridays (3rd of the month) 4:00pm—5:30pm</p>	No Cost	<p>① Point Cook Library ☎ 8734 8999 🌐 www.wyndham.vic.gov.au/whats-on/robo-lab</p>
<p>Salsa In Motion Beginner Cuban Salsa & Bachata, intermediate level Cuban Salsa/Rueda & Bachata dance classes for adults. No dance experience or partner required. Free 25min intro session.</p>	<p>Mondays 6:30pm—10:00pm</p>	Fees apply	<p>① Michael ☎ 0430 355 888 ✉ info@salsainmotion.com.au</p>
<p>STEAM Builders Ages 5+ Come along to your library every week to design, build and imagine with LEGO and other building materials. No bookings required.</p>	<p>Mondays 4:00pm—5:00pm (During school term)</p>	No Cost	<p>① Point Cook Library ☎ 8734 8999 🌐 www.wyndham.vic.gov.au/kids-events-activities</p>
<p>VJ Academy—Dance A combination of exercise & dance for physical & mental fitness & well-being. Dance consists of freestyle movements from Indian blockbuster choreographies.</p>	<p>Tuesdays 6:00pm—7:00pm Wednesdays 7:15pm—8:15pm</p>	Fees apply	<p>① VJ ☎ 0435 915 516 ✉ soulspace.journeywithin@gmail.com 🌐 www.soulspace.org.au</p>

Recreation & Wellbeing Kids & Adults

Point Cook Community Learning Centre	Day & Time	Cost	Information
Weight Watchers A welcoming & safe environment to fulfil your weight health goals. Learn ways for successful & sustainable weight loss and health living.	Saturdays 8:00am—9:00am	Fees apply	① Maria ☎ 131 997 ✉ maria.mifsud@ww.com 🌐 www.weightwatchers.com/au/contact
Wyndham Chen's Taichi Inc. Specialised training to learners of Chen's style 83 forms of Taichi as a physical exercise to improve participants' health & wellbeing. Including specialised choir & dance programs.	Mondays 7:30am—9:30am Tuesdays 2:30pm—4:00pm Wednesdays 9:00am—11:00am	Fees apply	① Shengyong Guo ☎ 0426 943 706 ✉ wyndhamchenstaichi@gmail.com 🌐 www.wechat.com
WynLUG Wyndham LEGO User Group meet to swap building techniques, learn about design, create & share experiences relating to LEGO. All ages welcome.	Sundays 1:00pm—4:00pm (3rd of the month)	Fees apply	✉ wynlug2023@gmail.com 🌐 www.wyndhambrickfest.com.au/wynlug
Yoga for Seniors Yoga for seniors above 55 years for all communities, to support physical and mental wellbeing.	Mondays 4.00pm—5.30pm	No Cost	① Prem ☎ 0430 740 023 ① Point Cook CLC ☎ 8734 0205 ✉ pointcookclc@wyndham.vic.gov.au
Yoga with Gunjan—GIA Yoga Moving the body & stilling the mind as a means of deeper connection with ourselves. Explore our inner self with gentle movements, meditation, breath & postural awareness.	Thursdays 6.15pm—7.15pm	Fees apply	① Gunjan ☎ 0450 073 627
Zeal Youth & Young Adults—FaithLife Church 12-18 year olds. Discover your purpose and the meaning for life as you explore faith, who is Jesus, & his relevance in your everyday life.	Fridays 6:30pm—9:00pm (except 1st of month)	No Cost	① Pastor Solveig Fabiyanic ☎ 03 9108 0350 ✉ enquiries@faithlifechurch.com.au 🌐 www.faithlifechurch.com.au
Zumba Fitness with Zin Monika Fitness & exercise to help improve health, coordination & balance whilst dancing to Salsa, Merengue & Reggaeton. Ultimate fun!	Tuesdays 7:00pm—8:00pm	Fees apply	① Monika ☎ 0468 320 618 ✉ monika.au@outlook.com



WYNDHAM
**Learning
 FESTIVAL**

1-7 SEPTEMBER

The Wyndham Learning Festival is an annual series of events, brought to you by the community for the community. It provides opportunities for FREE learning activities across the City of Wyndham. The Festival has activities for all ages & interests, promoting lifelong learning for all & welcoming new events, sponsors and participants to reflect this diverse & dynamic community.



SALTWATER ART STUDIO

The studio is a dedicated artist space for creatives in Point Cook & beyond. We have a range of workshops & classes, from Pottery Wheel throwing with Nandita, Craft with Saltwater Crafters and Melbourne Art Academy by Haneet. The studio is equipped with easels & is an open resource for painters & crafters every Friday from 9.30am—3.30pm. No need to book, just bring your project along & enjoy working alongside other creatives. Kiln firing services are available on request. Please contact the Community Centre for more details or to enquire about classes.

<p>Adults Pottery - Wheel Throwing Beginners Class Adult course for beginners to develop skills to create work on the potters wheel. Only 8 students per class, All skill levels are accommodated & welcome. Inclusive of clay, glazes & underglazes.</p>	<p>Tuesdays, Wednesdays Thursdays 6:30pm—9:00pm (7 week courses)</p>	<p>Fees apply Firing costs extra.</p>	<p>📍 Nandita Nadkarni ☎ 0432 266 229 ✉ nandita@potteryescape.com Website: www.potteryescape.com</p>
<p>Open Studio Not enough space to paint or create at home? Open for anyone to come work on their own projects.</p>	<p>Fridays 9:30am—3:30pm</p>	<p>No cost</p>	<p>📍 Saltwater Community Centre ☎ 8376 5501 ✉ saltwatercc@wyndham.vic.gov.au</p>
<p>Aikido Melbourne West Inc Non-competitive Japanese martial art. Learn techniques in a friendly & enjoyable atmosphere to develop self-confidence, improve balance & coordination while improving your fitness. Suitable for all ages.</p>	<p>Wednesdays 7:30pm—9:00pm Adults Saturdays 8:00am—10:30am Kids 9:00am-10:00am Adults</p>	<p>Fees apply</p>	<p>📍 Andrew Last ☎ 0405 330 149 ✉ Andrewlast.aikido@gmail.com</p>
<p>Beat Factor Want to be a part of our community drumming group, join us for our weekly beginners drum classes. No experience necessary. Learn Djembe and Samba drumming. Connect with others and create some great rhythms together. Fun, challenging and rewarding. First class free—limited offer.</p>	<p>Thursdays 7:30pm—8:30pm</p>	<p>Fees apply</p>	<p>📍 Rod Pilois ☎ 0411 028 077 ✉ beatfactor@internode.on.net 🌐 https://www.beatfactormusic.com/workshops</p>
<p>Bollywood Dance Company BDC aims to get Indian culture and heritage out to the world, in the most admirable way by delivering the best training grounds to all dance lovers across Australia. Our motto is “Celebrating Dance, Arts and Culture”</p>	<p>Mondays & Fridays 5:30pm—8:30pm</p>	<p>Fees apply</p>	<p>📍 Sohini Banerjee / Darshan Pawar ☎ 0497 757 355 ✉ www.bollywooddancecompany.com.au</p>
<p>CDB Dance We offer a variety of dance classes to the community Ballet, Modern and Contemporary dance, fitness for 3 year olds and up. Our aim is to share our knowledge and love of dance to help your child on their dance journey.</p>	<p>Thursdays 4:30pm-7:00pm Saturdays 8:30am-12:30pm</p>	<p>Fees apply</p>	<p>📍 Candice Baxter ☎ 0468 558 859 ✉ cdbdancesa@gmail.com 🌐 www.cdbdance.com</p>

Saltwater Community Centre	Day & Time	Cost	Information
<p>Heartfulness Yoga and Meditation</p> <p>Yoga and meditation - lots of research is being done to show the effectiveness of these age-old techniques. Heartfulness was is one such system of yoga & meditation that supports self-development, stress management and awakened consciousness through a heart-centred lifestyle. We heartfully invite you to join us for an experiential session</p>	<p>Sundays 8:30am—10:00am</p>	No cost	<p>① Chander ☎ 0466 788 921 ✉ Chander.satyavarapu@volunteer.heartfulness.org 🌐 https://heartfulness.org</p>
<p>Japan Karate Association Australia</p> <p>JKA teaches traditional ShotoKan Style Karate a non-aggressive self defence martial art, helps develop strength, coordination & agility and can be practised any time and place by men, women and children. Standards taught are of the highest level in keeping with the technical requirement set by JKA HQ</p>	<p>Tuesdays 5:30pm—8:30pm</p> <p>Saturdays 10:30am—1:00pm</p>	Fees apply	<p>① Bryan Zaldarriaga ☎ 0434 483 015 ✉ bryan.zaldarriaga@jkaaustralia.com.au 🌐 www.jkaaustralia.com.au</p>
<p>Kids Clay Club</p> <p>A world of creativity and fun in our exciting ceramic classes designed especially for children aged 7-12 years old. Under guidance of our experienced instructors, kids will learn fundamental pottery techniques.</p>	<p>Mondays 4:00pm-5:30pm</p>	Fees Apply	<p>① Yeonjae Choi ☎ 0432 551 906 ✉ thetravellingpotterygirl@gmail.com</p>
<p>Manmohini Indian Dance School</p> <p>Kathak is one of 8th Indian Classical dance from North India, traces roots from the tradition of storytelling, designed to master each aspect of Kathak.</p>	<p>Wednesdays Kids 5:00pm-6:00pm Adult level 2 6:00pm-7:00pm Adult beginners 7:00pm—8:00pm</p>	Fees apply	<p>① Daveena Munnee ☎ 0430 714 273 ✉ Daveena.munnee@gmail.com</p>
<p>Manmohini Indian Dance School—Kathak</p> <p>Regular classes for Indian Classical Kathak dance style</p>	<p>Thursdays 6:30pm-8:30pm</p>	Fees apply	<p>① Mohini ☎ 0421 084 366 ✉ mohini@kathakmelbourne.com.au</p>
<p>Melbourne Art Academy</p> <p>Have fun as you explore your Creativity, passion for sketching, oil and acrylic painting. The class will be designed as per your skill level and collective interest.</p>	<p>Thursdays 12:00pm—1:00pm</p>	Fees apply	<p>① Haneet Grover—Masters in Fine Arts ☎ 0430 075 106 ✉ haneetgrover@yahoo.com.au</p>
<p>Melbourne School of Indian Music</p> <p>Join our tabla lessons for beginners and advanced learners. Experience the rich rhythms of Indian percussion. Learn to play while fostering creativity and a deep appreciation for Indian Music.</p>	<p>Tuesdays 5:30pm—8:00pm</p>	Fees apply	<p>① Jay Dabgar ☎ 0430 521 372 ✉ jaydabgar@gmail.com 🌐 Website: www.jaydabgar.com</p>
<p>Mighty Kids</p> <p>We aim to help instil a sense of cultural identity. For kids to learn their mother tongue, Punjabi. For kids and parents to create community bonding with each other in Wyndham.</p>	<p>Saturdays Fortnightly 1:00pm-2:30pm</p>	TBA	<p>① Kavita Kaur ☎ 0470 203 529 ✉ kavi2911@gmail.com</p>
<p>SoulSpace Yoga</p> <p>Yoga classes for children ages 6+. Yoga, asanas, Pranayama, Surya Namaskar and mindfulness techniques.</p>	<p>Tuesdays 4:30pm to 5:30pm</p>	Fees apply	<p>① Vijisha ☎ 0435 915 516 ✉ vijisha82@live.com 🌐 https://soulpace.org.au</p>
<p>Tai Chi</p> <p>An art embracing the mind, body & spirit. One of the most effective exercises for health of mind and body.</p>	<p>Tuesdays 9:30am—10:30am</p>	No cost Walk in	<p>① Saltwater Community Centre ☎ 8376 5501 ✉ Saltwatercc@wyndham.vic.gov.au</p>
<p>Youth Services Drop in</p> <p>Are you aged 12-17 years of age? Join the Youth Services team for Friday nights of fun activities</p>	<p>Fridays 3:00pm—5:00pm</p>	No cost	<p>① 8734 1355 ✉ youthinwyndham@wyndham.vic.gov.au</p>
<p>Zumba Fitness with Zin Monika</p> <p>Adults class, fun filled physical activity that help improve health & fitness. Zumba also considers other development areas including but not limited to respect, team work leadership, memory building, co-ordination balance etc.</p>	<p>Sunday 10:00am—11:00am</p>	Fees apply	<p>① Monika Sachdeva ☎ 0468 320 618 ✉ monika.au@outlook.com</p>

Community, Cultural & Faith Groups

Featherbrook Community Centre	Day & Time	Cost	Information
<p>Anglican Chinese Mission of the Epiphany Service with fellowship and church service for local community. With a children's Sunday School available. Table Tennis for Seniors</p>	<p>Sundays 4:30pm –7:00pm 7.00pm-9.00pm</p>	No cost	<p>📍 Yang Cai ☎ 0433 263 086 🌐 www.ACME.org.au ✉ caiyoungbachel@hotmail.com</p>
<p>Australia India Society of Wyndham Social senior group that meets for festival celebrations and activities including meditation, yoga and games.</p>	<p>Mondays & Fridays 11:00am—1:00pm</p>	Fees apply	<p>📍 Satish Kumar Verma ☎ 0478 812 910 ✉ australiaindiasociety@gmail.com</p>
<p>First Born Gospel Church Point Cook Christian Workshop service with praise and worship. Kids, Youth, and Adult Sunday School.</p>	<p>Sundays 1:30pm—3:30pm</p>	No cost	<p>📍 Denwardson ☎ 0456 191 341 ✉ fbgcpc@iafb-australia.org 🌐 pointcook.iafb-australia.org</p>
<p>Garam Ministry Non-denominational, Indonesian speaking Christian Community endeavouring to show love of Christ in Point Cook focussing on fellowship & unity.</p>	<p>Sundays 10:00am—12:00am</p>	No cost	<p>📍 Albert Gunawan Piter ☎ 0420 731 973 ✉ jonchrispattiasina@gmail.com 🌐 garamministry.org</p>
<p>Great Care Great Care provides in-home and community-based services to people over 65 years living with a disability. We deliver diverse care to diverse Australians.</p>	<p>Wednesdays 11:00am—2:00pm</p>	No cost	<p>📍 Terefe Aborete ☎ 9395 4657 ✉ admin@greatcare.net.au</p>
<p>Haami Inc A Culturally diverse community group. Youth led Committee. Youth programs for development of skills, fundraising and family gatherings.</p>	<p>3rd Sunday of the Month 7:00pm—10:00pm</p>	Fees apply	<p>📍 Noor Mohammed ☎ 0406 900 524 ✉ Haamiinc@gmail.com</p>
<p>Islamic Circle of Australia & New Zealand Faith based volunteer organisation meeting monthly, programs to suit all ages including activities for kids.</p>	<p>1st Saturday on the Month 6:00pm-9:00pm</p>	No Cost	<p>📍 Saleem Zafar ☎ 0432 266 190 ✉ saleemzafar@msn.com 🌐 lcandawah.org</p>
<p>Le Petrel Mauritian Seniors Club Inc Seniors gathering with Social Activities</p>	<p>Wednesdays 12:30pm—4:30pm</p>	Fees apply	<p>📍 Patrick ☎ 0421 079 740</p>
<p>Lions Club of Point Cook Our not for profit organisation is committed to serving our community. We are a team who enjoy working together on a range projects. Join us today!</p>	<p>3rd Monday of the month 7:30pm-9:30pm</p>	Fees apply	<p>📍 Lee-Ann ☎ 0474 217 058 ✉ pointcook.vic@lions.org.au</p>
<p>Point Cook Chinese Friendship Association Meet weekly to dance, sing, learn songs and learn English.</p>	<p>Mondays (Fortnightly) 1:00pm—3:00pm Thursdays 11:30am—3:00pm</p>	Fees apply	<p>📍 Sanhong Zhu ☎ 0437 310 888 ✉ zhusanghong123@gmail.com</p>
<p>Satsang Oceania Inc This group is a non profit institution that operates exclusively for spiritual, religious, social and charitable purposes.</p>	<p>Last Saturday of the month 5.00pm—10.00pm</p>	No Cost	<p>📍 Pranvesh Das ☎ 0420 963 646 ✉ pranveshdas@gmail.com 🌐 Satsangoceania.org</p>
<p>Wyndham Active Youngs @ 55 Inc. A seniors group that focuses on health and well-being that welcomes all cultures and backgrounds. Activities include Table Tennis, Yoga, Games & more.</p>	<p>Mon 9:30am-10:30am Tues 9:30am—1pm</p>	Fees apply	<p>📍 Jugal Kishor Chhabra ☎ 0415 170 155 ✉ wynactive.featherbrook@gmail.com</p>

Community, Cultural & Faith Groups

Point Cook Community Learning Centre	Day & Time	Cost	Information
<p>Iraqi Cultural Group in Australia Meeting of seniors & community members of a middle eastern background. Provide social & educational support, discuss interesting topics, art performances & general conversation for continuous improvement.</p>	<p>Sundays (2nd of the month) 1:00pm—3:00pm</p>	Fees apply	<p>📞 Farijal Jafar ☎ 0422 798 587 ✉ farijal.jafar@gmail.com</p>
<p>Light of Jesus Feast Melbourne West is that place where you are loved. Join us for Holy Mass, praise and worship and an empowering talk on how to live better.</p>	<p>Sundays (4th of the month) 3:00pm—5:00pm</p>	No cost	<p>📞 Kemp Vinson ☎ 0414 401 178 ✉ feastmelbournewest@gmail.com 🌐 www.feast.ph/</p>
<p>Local Spiritual Assembly of the Bahais of Wyndham—Soul Food Program A space for all, regardless of belief or background, to contemplate the sacred scriptures of different religions and philosophical viewpoints with the intention of finding the point of unity.</p>	<p>Saturdays 10:30am—11:30am</p>	No cost	<p>📞 Shiva or Jenny ☎ 0435 348 755 / 0430 568 735 ✉ shivachouhann@gmail.com 🌐 bahai.org.au</p>
<p>Local Spiritual Assembly of the Baha'is of Wyndham – Children's Class Program The goal of this spiritual education program is to cultivate in children spiritual qualities such as love, forgiveness and justice, and to help them apply these qualities to their own lives and those around them.</p>	<p>Saturdays 11:30am—1:00pm</p>		
<p>Melbourne Yangtze Choir Chinese Community Choir that dance, drum & sing in both English & Mandarin. Great way to learn English & improve musical skills.</p>	<p>Tuesdays 1:00—2:30pm Wednesdays 12:00pm—2:00pm</p>	Fees apply	<p>📞 Mei ☎ 0432 669 379 ✉ yangtzechoir@gmail.com</p>
<p>Migrant Resource Centre Northwest Region Provide support to the socially isolated seniors from Indian background. Provides socialisation, activities, information session, exercise & excursions.</p>	<p>Thursdays 10:00am—3:00dpm</p>	No cost	<p>📞 Atarjit ☎ 0401 116 972 ✉ atarjit_b@mrcnorthwest.org.au</p>
<p>One Faith Reformed Evangelical Church We are a church in Point Cook with multi-cultural background (Chinese and English congregation) where our people come from Hong Kong, China, Malaysia, Indonesia, Taiwan, Vietnam & others as well as local Australians. We learn, we serve, & we grow together. There is Sunday school for children on Sunday.</p>	<p>Wed—8pm-9pm Fridays— 8pm—10pm Saturdays (fortnightly) 3:30pm—5:30pm Sun 9:00am—1:00pm (HK Family Support 1:00pm—4:00pm)</p>	No cost	<p>📞 Ps. Simon Cheng / Liyuan Liu ☎ 0422 770 616 / 0433 710 678 ✉ info@onefaith.org.au 🌐 onefaith.org.au</p>
<p>Point Cook Indian Seniors Recreation activities based on significant days of celebrations throughout the year. Collaborating with other groups focusing on health & wellbeing, seniors & occasional guest speakers.</p>	<p>Mondays 12:00pm-3:00pm Wednesdays 11:30am-2:30pm</p>	No Cost	<p>📞 Indira ☎ 0402 458 648 ✉ indiramohan37@gmail.com</p>
<p>Point Cook Chinese Friendship Association Calligraphy & painting program for members.</p>	<p>Mondays 9:00am—11:00am</p>	Fees apply	<p>📞 Sanhong Zhu ☎ 0437 310 888 ✉ zhusanhong123@gmail.com</p>
<p>SAI Organisation of Australia Teaches human values to children aged 5-18 years. A spiritual organisation helping the younger generation pursue their spiritual growth by plugging into the Divinity within.</p>	<p>Sundays 10:00am—12.00pm</p>	No Cost	<p>📞 Vidya ☎ 0401 959 174 ✉ mbommena@yahoo.com</p>
<p>Seventh Day Adventist Intergenerational worship service, fundraising concerts, free community dinners, educational program on parenting, relationships, health, natural remedies etc.</p>	<p>Saturdays 3:00pm—6.00pm</p>	No Cost	<p>📞 Danijela Trajkov ☎ 0423 371 841 ✉ danijelatrajkov@adventist.org.au</p>

Community, Cultural & Faith Groups


Point Cook Community Learning Centre	Day & Time	Cost	Information
Sewa International Indian seniors wellness group aimed at encouraging independence through yoga & social interaction.	Sundays (1st & 3rd of month) 1:00pm—4:00pm	No cost	① Vijay Kumar ☎ 0426 971 901 ✉ vijayjeevan Chopra@gmail.com
South Sudanese Junubi Social Group The South Sudanese Social Group is aimed at getting community members to meet and socialise but also talk about issues that are impacting the community.	Saturdays 1:30pm—3:30pm Fortnightly	No cost	① Aweeng or Poly ☎ 0403 523 428 or 0434 178 753 ✉ aweeng.deng@wyndhamcec.org.au ✉ poly.kiyaga@wyndhamcec.org.au
United Muslims Residents Association Jummah Prayer. Muslim based faith group that meet weekly for their Friday prayers. Dunnings Road Reserve Address: 29 Kingsley Avenue, Point Cook Point Cook CLC Address: 1-21 Cheetham Street, Point Cook	Fridays 1:30pm @ Dunnings Rd Reserve Fridays 2:15pm at Point Cook CLC	No cost	① Mohammad ☎ 0403 566 165 ✉ info@umra.org.au
Wyndham Chinese Cultural Promotion Group Helps migrant seniors settle & connect with others. Activities include art, craft, calligraphy, music & Tai Chi.	Mondays 9:00am—3:00pm	\$20 per annum	① Julia Zhu ☎ 0402 529 989 ✉ wccpipointcook@gmail.com
Zeal Youth Group Meet other like minded youth to socialise over food, activities, games, praise & worship. IN RECREATION TOO	Fridays 7:00pm—9:30pm	No cost	① Pastor Solveig Fabiyanic ☎ 03 9108 0350 ✉ enquiries@faithlifechurch.com.au 🌐 www.faithlifechurch.com.au/zeal/
Saltwater Community Centre	Day & Time	Cost	Information
Christ New Creation We are a non-denominational and full gospel Christian Church group. Our Sunday service is conducted in English. We welcome everyone from different backgrounds to come worship with us. We have Sunday school for kids, aged 3-10. Outside of Sunday, we have different support groups, visiting and praying for the sickly, Bible studies, and Youth groups.	Sundays 2:30pm—5:00pm	No Cost	① Dennis ☎ 0416 850 191 ✉ dennis.ferrer@hotmail.com
CWA Point Cook Branch We meet with the goal of friendship, aim of helping our local and wider community. Our fundraising activities range from sausage sizzles to selling scones, cakes, jams and preserves at local events. We also have members who knit and crochet or local charities.	3rd Thursdays Monthly 7:00pm—9:00pm	Annual CWA Membership Fees	① Lesley Turton ☎ 0497 652 622 ✉ grannylesley50@gmail.com 🌐 cwaofvic.org.au
Faith Harvest Worldwide Ministries Inc A Christian Organisation that focus on serving and working for God and building individuals lives, family, the young generation through the word of God to be better and positive life changing people and strengthening their spiritual relationship with god through our Sunday services.	Sundays 11:00am—2:00pm	No cost	① Esther Martha Gonkarnue ☎ 0434 791 326 ✉ thomsonesther06@gmail.com
Indian Catholic Cultural Group We love bringing together Indian Catholic families from around the world. A place to meet, connect and make new friends. A good platform for our youth to get involved and stay connected with our culture. Non- Catholic, Non-Indian family members are welcome.	Saturdays 6:00pm— 10:30pm 13th July—Disco Night 5th October 7th December	Registration Compulsory	① Fiona / Jackie ✉ Indiancatholicculturalgroup@gmail.com


Saltwater Community Centre	Day & Time	Cost	Information
<p>Multicultural Women Victoria We facilitate a gathering for local women from diverse backgrounds who may be experiencing feelings of isolation and disconnection.</p>	<p>3rd Tuesdays Monthly 11am-1pm</p>	Free	<p>📞 Sudha Narayan ☎ 0432 489 584 ✉ shudha-Narayan@hotmail.com 🌐 www.mwv.org.au</p>
<p>Point Cook Royals Various activities including yoga, singing, dancing, cultural festival celebrations, poem reciting & educative seminars.</p>	<p>Fortnightly 2nd & 4th Thursdays 11:00am— 2:00pm 3rd Saturday monthly 6:30pm—9:30pm</p>	Fees apply	<p>📞 Rajendra ☎ 0479 115 930 ✉ rajk3006@gmail.com</p>
<p>Seniors Journey Connecting Mandarin speaking seniors living in Point Cook. Participate in activities such as cultural dancing, mahjong, poker, social dancing, Taichi, cultural discussion.</p>	<p>Monday & Tuesdays Weekly 9:00am—12:00pm</p>	Fees apply	<p>📞 Fong ☎ 0410 177 250 ✉ seniorsjourney@gmail.com</p>
<p>Saltwater Craft Group Let's come together and get creative . Bring your own projects to work with, patchwork, quilting, embroidery, knitting, crochet, sewing.</p>	<p>Mondays 9:30am-11:30am</p>	No cost	<p>📞 Saltwater Community Centre ☎ 8376 5501 ✉ saltwatercc@wyndham.vic.gov.au</p>
<p>Saltwater Indian Seniors Group Lets get social, make new friends, play some games & have some laughs over a cuppa. Visiting parents & grandparents are welcome. Bookings essential!</p>	<p>Wednesdays 2nd & 4th Wednesday 11:00am—2:00pm</p>	No cost	<p>📞 Saltwater Community Centre ☎ 8376 5501 ✉ saltwatercc@wyndham.vic.gov.au</p>
<p>Saltwater Gardeners Group Committed to sustainability & growing their own produce through edible gardening. A great place to connect with others in the community & learn.</p>	<p>1st Sunday Monthly 9:30am Tasks are assigned</p>	Fees apply	<p>📞 Kim Pastore ✉ saltwatergardenchampions@gmail.com All experience levels are welcome.</p>
<p>Western Association of Women Seniors Inc (WAWs) Vibrant organisation with committed group of senior women above 60 years of age.</p>	<p>Fortnightly 1st & 3rd Thursdays 11:00am— 2:00pm</p>		<p>📞 Nagesh Joshi ☎ 0403 095 044 ✉ wawseniors@gmail.com</p>
<p>Western Gymkhana Club Inc WGC is a Not-for-profit club. It aims to bring regular social, recreational, cultural, community and wellbeing opportunities to its member families and local community.</p>	<p>2nd Saturdays Monthly 6:30-pm— 9:30pm</p>	Fees apply	<p>📞 Sudhir Juneja ☎ 0415 661 021 ✉ admin@western.gymkhanaclub.com.au 🌐 www.westerngymkhanaclub.com.au</p>
<p>Wyndham Chinese Happy Life Association Inc Promotes mental & physical health in Chinese seniors. Volunteers teach dancing, Tai Chi, square dancing, bowling, cooking, table tennis & gardening.</p>	<p>Wednesday 01:00pm—3:00pm</p>	Fees apply	<p>📞 CK Wong ☎ 0468 337 688 ✉ cheekeong46@gmail.com</p>



Level Up Art Exhibition at Saltwater Community Centre

LEVEL UP is a series of contemporary community gallery spaces across Wyndham, designed to support artists and bring art into the daily lives of the community. Up to 3 artists or collectives will exhibit simultaneously across gallery locations, enjoying free space for 8 weeks, supported exhibition openings, curatorial and technical assistance, and marketing support. The EOI process is ongoing, with outcomes within 6 weeks of submission. Seven exhibitions have been held at Saltwater, featuring artists Maria Nardo, Nick Cowling, Saltwater P9, Yu Fanghong, MeiMei Hodgkinson, Aylet Brooks, and Jahangir Amin. Apply now to exhibit at Saltwater.



Featherbrook Community Centre	Day & Time	Cost	Information
Justice of the Peace Document Signing by appointment only. Please scan the QR code to book.	Mondays & Friday's 12:30—1:30pm	No Cost	ⓘ Dr Shardul Arora ☎ 0434 680 022 
Extended Families My Time Point Cook is a support group for parents and carers to connect with others facing similar challenges in caring for a child with disabilities.	Wednesdays 10:30am—12.:30pm	No Cost	ⓘ Joy Zhou ☎ 0420 598 895 🌐 https://www.extendedfamilies.org.au/ ✉ joy@extendedfamilies.org.au
Mind Australia This support group provided the opportunity to meet new people, conversations on self care.	Tuesdays 12:30pm—2:30pm	No cost to eligible clients	ⓘ Sabrina Salvaggio ☎ 0400 206 193 ✉ ssalvaggio@mindaustralia.org.au
Point Cook Community Learning Centre	Day & Time	Cost	Information
Community Connector Wyndham Council has a dedicated team who can help you find and connect with local service options. If you need support, but are unsure of where to start, please reach out.	Thursdays 9:00am—5:00pm	Appt preferred but not necessary	✉ communityconnector@wyndham.vic.gov.au ☎ 8734 4514
Justice of the Peace Document signing station.	Wednesdays 6:00pm—7:45pm	No Appt required	ⓘ Point Cook Library ☎ 8734 8999

SOUTH SUDANESE FAMILY SUPPORT



DROP IN TO MEET WITH LOCAL SOUTH SUDANESE COMMUNITY LEADERS FROM THE CHILD FIRST EDUCATION, MALUAL & YAI.

COME DISCUSS ISSUES OR GET INFORMATION ON SUPPORT FOR FAMILIES FROM THE SOUTH SUDANESE COMMUNITY.

**Monday
&
Thursdays
12:00pm-4:00pm**

**Point Cook Community Learning Centre
1-21 Cheetham Street, Point Cook**



Email: malual@southsudanchildfe.org

**Malual Deng
0478 804 776**

**Yai Marach
0414 865 526**

Saltwater Community Centre	Day & Time	Cost	Information
Wyndham Young Stroke Network Share Support Encourage—Informal social meet-up for survivors and carers aged 55 and younger .	Email Bob for info	No Cost	ⓘ Bob ✉ saltwatercc@wyndham.vic.gov.au
Men's Peer Support Group in West Melbourne Area Migrant/Refugee men's health & well being circle, peer support group. Discuss mental, well-being, & physical health, employment & family violence.	1st Thursday Monthly 6:30pm—8:30pm	No Cost	ⓘ Prince Kennett ☎ 0415 259 594 ✉ prince.kennett19@gmail.com 🌐 www.redefinecounselling.com.au

COMMUNITY FOOD SUPPORTS SERVICES

COMMUNITY CONNECTOR

Support – Inform – Connect

Wyndham's City Community Connectors are available to assist all residents in our community to access the services they need and empower them to make informed decisions. The Community Connector team can provide specific information and referral/s to local supports & services tailored to meet the needs of the individual. Some of the services may include:

- Information and assistance accessing services for e.g. My Aged Care, NDIS, HACC PYP
- Links to social support and community groups/activities
- Information and referrals for emotional support, counselling, food relief and material aid



Community Connectors will be available at these Community Learning Centres:

- **WEDNESDAY 8:00am to 5:00pm**
Tarneit Community Learning Centre
- **THURSDAY 8:00am to 5:00pm**
Point Cook Community Learning Centre
- **FRIDAY 8:00am to 5:00pm**
Manor Lakes Community Learning Centre

We have specialist Ageing Well Connectors available to support older residents and their families.

Call 8734 4514 and ask for a Community Connector or email communityconnector@wyndham.vic.gov.au



Community Breakfast Program - Drop in

FREE breakfast (toast, cereal, fruits) for all community members. Drop in and join us for breakfast. (Children must be supervised and attend with an adult). Operating during school terms only.

Day/Time: Thursdays 8am-9:30am (during school term only) **Address:** Dianella Community Centre, 6 Congo Drive, Tarneit
Phone: 8742 8300 **Email:** dianellacc@wyndham.vic.gov.au

Central Park Community Foodbank – Run by Project Juan

Day/Time: Tuesdays 10:00am-12pm **Address:** Central Park Community Centre, 80 Lonsdale Circuit, Hoppers Crossing
Phone or text: Aljeenne on 0481 316 477 **Email:** projectjuan@ccmaustralia.org
Facebook <https://www.facebook.com/ProjectJuan.org/>

Comfort Care Foodbank

Day/Time: Thursdays 12:00noon-2:00pm
Address: Unit 10, 20 Prosperity Street, Truganina **Phone:** 1300 225 884 **Website:** www.comfortcarefoundation.org

Food Bank Manor Lakes

Providing food items to people in need. **Day/Time:** Wednesdays (during school term only) 12pm -1:30pm
Address: Manor Lakes Community Learning Centre, 86 Manor Lakes Boulevard, Manor Lakes
Email: foodbank@newstart.org.au **Facebook:** <https://www.facebook.com/community.food.assistance/>

Hoppers Crossing Equip Church

Drive through food bank provides fresh & non-perishable food items to individuals and families from all walks of life.
Day/Time: Wednesdays from 9am until stock lasts.
Address: 147-155 Hogans Road, Hoppers Crossing. **Phone:** 9748 9177 **Email:** equipcommunityservices@swcc.org.au

Jamieson Way Food Relief Program

Food relief runs weekly to community members in need. Bookings essential, no walk ups.

Contact us directly to make special requests around dietary requirements

Day/Time: Tuesday 11:30am-1:30pm

Address: Jamieson Way Community Centre, 59 Jamieson Way, Point Cook

Phone: 9395 3777 **Email:** admin@jamiesonwaycc.org.au

Life Community Kitchen

Email: communitykitchen@lifeau.org

All Welcome—gathering around a meal to provide families and individuals support and relief. Free Hot Dinner, Bookings not required

Day/Time: Monday 6.00pm – 8.00pm **Address:** **Arndell Park Community Centre** 29 – 49 Federation Blvd, Truganina

Day/Time: Tuesday 6.00pm – 8.00pm **Address:** **Tarneit Community Learning Centre** 150 Sunset Views Blvd, Tarneit

Point Cook Food Bank

Available to all members of the community, no questions asked. Provide your own bags if possible.

Day/Time: Sundays 1pm-3pm **Address:** Cross Culture Church, 7 Adelphi Boulevard, Point Cook (near Alamanda entrance)

Email: foodpantry@crossculturepointcook.net.au or <https://crossculturepointcook.net.au/>

Or contact via **Facebook:** <https://www.facebook.com/pointcookfoodbank/>

Pulse With Purpose Dianella Community Centre

Halal friendly meals for vulnerable families, BYO containers. Pre orders welcomed **Day/Time:** Tuesday 1pm-2:30pm **Address:** 6 Congo Drive, Tarneit **Phone:** Musarrat 0404 548 254 **Email:** pulsetwithpurpose@gmail.com

Restoration Outreach – International Ministries Inc.

Free food for struggling families and people in need. Fresh food, Frozen food, Dry food, Food Hampers, Fresh Fruit, Vegetables

Day/Time: Saturday 9:00am – 12:00pm **Address:** 5/13 – 19 Tariff Court, Werribee **Phone:** 0411 757 174, 0470 571 109, 0492 425 473

Salvation Army - Community Support and Emergency relief programs.

Address: 211 Watton St, Werribee **Phone:** 9731 1344

Emergency Relief - If you find yourself in difficult circumstances, access short-term financial assistance in the form of food parcels & vouchers. Phone assessment required.

Day/Time: Monday, Tuesday, Wednesday and Thursday 9:30am-2pm.

Drop in service - Offer free Tea and Coffee, hot showers and clothes washing facilities for people experiencing homelessness

Day/Time: Monday to Friday from 9am– 5pm

Salvos on the move Bus - Free BBQ tea (gold coin gratefully accepted).

Day/Time: Weekly on Friday Nights at 6pm.

Address: Werribee Railway Station (Bus Side).

Sikh Community of Western Victoria

Cooked vegetarian meals. Call to arrange. **Day/Time:** Everyday 10.00am – 8.00pm **Address:** 560 Davis Road, Tarneit

Phone: Gurpreet Singh 0422 025 217, Sandeep Singh 0433 003 309, Pritam Singh 0421 138 113

Tarneit Foodbank

run by the Epiphany Church to support community members of all ages. No referrals needed. Includes fresh food, frozen food & dry goods. **Day/Time:** Every Tuesday 10.30am-11.30am **Address:** Penrose Promenade Community Centre, 83 Penrose Promenade, Tarneit

Phone: 8734 4500 **Facebook:** <https://www.facebook.com/TarneitFoodBank/>

Werribee Baptist Church – Food Hampers

Contact to book for interview appointment. If you don't have transport, an interview can be made by phone and the food hamper can be dropped off at your home. **Day/Time:** Tuesday or Friday afternoon, between 1pm – 3pm

Address: 225 Heaths Road, Werribee **Phone:** 9749 3166

Uniting Wyndham

Food parcels & food vouchers for people with little to no income. Can also assist with other material aid (like clothing/bedding) by specific request. Provided by appointment only.

Day/Time: Monday to Friday 10am to 2pm. Food assistance via phone appointments 10am-2pm

Address: 1 Duncans Road, Werribee (enter via Watton Street) **Phone:** 9051 2000 **Email:** wyndham.reception@vt.uniting.org

Wyndham Park Community Centre Foodbank Small \$2 contribution paid on the day (which goes towards ongoing cost of the program) Culturally appropriate food. BYO bags. Includes fresh food & dry goods. **For Werribee and Hoppers Crossing residents only**

Day/Time: Every Thursday 9.30am to 12.00pm, call beforehand. **Address:** 55-57 Kookaburra Avenue, Werribee **Phone:** 03 9742 7298

Email: admin@wyndhamparkcc.com.au

Wyndham Youth Services Foodbank

The service is available for young people of 12-25 years who are struggling and need assistance. Includes baby items, formula and nappies if in stock. Call to arrange a pick up. Youth member must be in attendance at collection.

Day/Time: Monday to Friday 9am-5pm, **Address:** Youth Resource Centre, 86 Derrimut Rd, Hoppers Crossing **Phone:** 8734 1355



 Featherbrook Community Centre	33—35 Windorah Dr, Point Cook	 8353 4000
 Jamieson Way Community Centre	59 Jamieson Way, Point Cook	 9395 3777
 Point Cook Community Learning Centre	1-21 Cheetham Street Point Cook	 8734 0205
 Saltwater Community Centre	153 Saltwater Promenade, Point Cook	 8376 5500