

THE BUZZ

Term 3 2024

Wyndham Central

- Arndell Park Community Centre
- Dianella Community Centre
- Penrose Promenade Community Centre
- The Grange Community Centre
- Tarneit Community Learning Centre



Life Community Kitchen Conversation with Merapi

Many of you may know about Life Community Kitchen and the amazing meals they serve every Monday and Tuesday evenings at Arndell Park Community Centre and Tarneit Community Learning Centre and Breakfast every Thursday morning at Dianella Community Centre. We caught up with Merapi who manages the Kitchen, staff, and their volunteers.

A remarkable person with so much heart for the community Merapi shares with us her perspective on why Life Community Kitchen is successful.



Merapi

LIFE Community Kitchen

Setting up Life Community Kitchen in Wyndham.

Life Community Kitchen originated out in North Melbourne and, we had run out of there for about 2 and a bit years before we decided to come out to the west.

When we decided to come out West, we duplicated the template we used in North Melbourne because it was successful.

The reason we came out to the West was because this was my home, I was passionate about seeing it out this way, I knew there was a real need here and many of our volunteers lived out here.

Volunteers. We were extremely specific with our volunteers in what we were looking for so that it could match the scope of the residents that were living in this area. Peoples' skills were a huge factor, as they must be able to connect with others.

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Arndell Park Community Centre	arndellparkcc@wyndham.vic.gov.au	Phone: (03) 8734 8911
Dianella Community Centre	DianellaCC@wyndham.vic.gov.au	Phone: (03) 8742 8300
Penrose Promenade Community Centre	PenrosePromenadeCC@wyndham.vic.gov.au	Phone: (03) 8734 4500
The Grange Community Centre	enquiries@grangecommunity.org.au	Phone: (03) 8742 8000
Tarneit Community Learning Centre	tarneitclc@wyndham.vic.gov.au	Phone: (03) 8734 6040

ACKNOWLEDGEMENT OF COUNTRY

Wyndham City Council recognises Aboriginal and Torres Strait Islander peoples as the first nation peoples of Australia. We acknowledge the Bunurong and Wadawurrung Peoples as Traditional Owners of the lands on which we provide community services.

The Wadawurrung and Bunurong Peoples have and always will belong to the Werribee Yalook (river), creek, stars, hills and red clay of this country. We pay respect to their Ancestors and Elders who always have and always will care for Country and community today and for future generations.



Life Community Kitchen Conversation with Merapi

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Arndell Park Community Centre.

We originally thought we would set up in Werribee, close to the train station, public transport, and accessibility for those with little to no means. But research showed us, that Arndell Park, Truganina was an isolated area and fit the bill for what we were looking for, so we reached out to Council for a venue.

We had a look at Arndell Park CC and met Marie. **“I will be honest, as soon as I saw someone that looked like me, I was like this is it”** I am not saying that even if she were someone else, that we would not have. It just made it easier for us to be able to step into that space. I still remember that meeting as if it were fresh as yesterday, we came out of there and in the car park our Community Manager Joelle, turned and said to me, **“This is the right area’ that is how much of an impact that meeting left on me.**

We applied for funding for Arndell, we had food and equipment from North Melbourne to get us off the ground and that is what we did in North Melbourne as well.

When we started at Arndell restrictions were still in place and we had to do preordered takeaway meals. We sent emails out to everyone on our database at Life and were also cooking for two Hotel quarantines at the time. We were doing approximately 400 meals a week. There were about 15 people a week who would pick up on behalf of community pantries and we would talk to them and find out what was happening in the community. They wanted to know when we would start the sit-down dinners so when the restrictions lifted, we sent an invitation to them.

Tarneit Community Learning Centre.

One thing that is strong for Life culture is expansion. It is always about growth. Growing from a place of strength and expanding further. **In the next 10 years Life want to pour close to \$1,000,000 into the community. Life wants a wide reach in the community, and we know there is a need and that is the target.**

None of this is by accident. It is intentional. Tarneit was handpicked because we know that this area is tough, and we wanted to place ourselves somewhere accessible. The library is great to have because it has so much foot traffic coming through the doors.

One family has been coming since we started. They become friends; they really do. A Tarneit Senior student has been helping since we have been here. His mother put up a post about his birthday and I commented saying that “a lot of people do not know but this guy comes to kitchen every Tuesday and serves. His mother did not know and now attends Kitchen regularly.

Dianella Community Centre.

There are a lot of residents between Tarneit CLC and Dianella CC and it is not easy for everyone to get to Arndell Park or Tarneit CLC, so we thought we had come out to Dianella. At that time there was a group already providing lunches or dinner. We are happy to try different things and so we decided to do Breakfast.

Who is available between 7.30 – 9.30am? You can choose to be warm or drop the kids off and go to work. But coming to breakfast and keep going at it. **The showing up, bears fruit and Life Community Kitchen is a true testament to that.**

- Community Kitchen is preparing a hot meal just like you would at home.
- The quality of food is something that we hold in high regard.
- When it comes to serving, the whole idea is for Community to feel like they have walked into a restaurant or a café if it came to breakfast.
- Life encourages a standard of excellence around food and serving.
‘This is the key to Life Community Kitchen’





Wyndham City Managed Community Centres and Halls

- Connect
- Create
- Learn
- Share

Expressions of Interest 2025 Opens 1st August – 30th August 2024

Do you have a regular program or activity that you would like to host at a Community Centre or Hall that is managed by Wyndham City Council? Come and chat to us!

Who Should apply?

Facilitators and community groups who would like to hire a space for regular activities that provide a benefit for the community.

How to apply?

Call your local centre between 1st – 30th August to book an appointment

For more information email, neighbourhoodhubs@wyndham.vic.gov.au

Contact Us

To speak to our friendly team at a community centre near you.

Arndell Park: 03 8734 8911

Dianella: 03 8742 8300

Diggers Hall: 03 9742 0867

Featherbrook: 03 8353 4000

Lollypop Creek: 0455 625 749

Manor Lakes CLC: 03 8734 8934

Penrose: 8734 4500

Point Cook CLC: 03 8734 0205

Saltwater: 03 8376 5500

Truganina: 8742 8420

Tarneit CLC: 03 8734 8040

For more information visit
www.wyndham.vic.gov.au



2024 HOMELESSNESS WEEK

5 - 11 August

On any given night, there are more than 122,000 people in Australia are experiencing homelessness.



Find out how you can help at
www.wyndham.vic.gov.au/homelessness-week



CRAFTING WORKSHOPS WITH DAMMI AT TARNEIT COMMUNITY LEARNING CENTRE



Meet Damanyatha, a passionate crafter and dedicated community volunteer at Tarneit Community Learning Centre. Dammi first met with us through her weekly participation with the MRC Sri Lankan Seniors Group. Dammi told us during her years of employment she was a teacher and really loved this work. Now retired, Dammi spends her recreation time crafting for family and friends. Dammi wanted to share her knowledge and passion with others and started speaking with us about volunteering. Dammi is loving the experience, carefully planning and preparing each activity, one never the same as another. While frequent attendees often return for a session, each month we welcome new participants to come along. Dammi continues to achieve her goal of inspiring and empowering others to discover the joy and satisfaction that comes from crafting, fostering a sense of accomplishment and community spirit.

Register Your Interest Now!

Term 3 Dates:

July 11, September 12, October 10

Contact Tarneit Community Learning Centre

Email: tarneitclc@wyndham.vic.gov.au

Tel: 8734 6040



Customer service at the Tarneit Community Learning Centre

YOUR COUNCIL CLOSE TO HOME

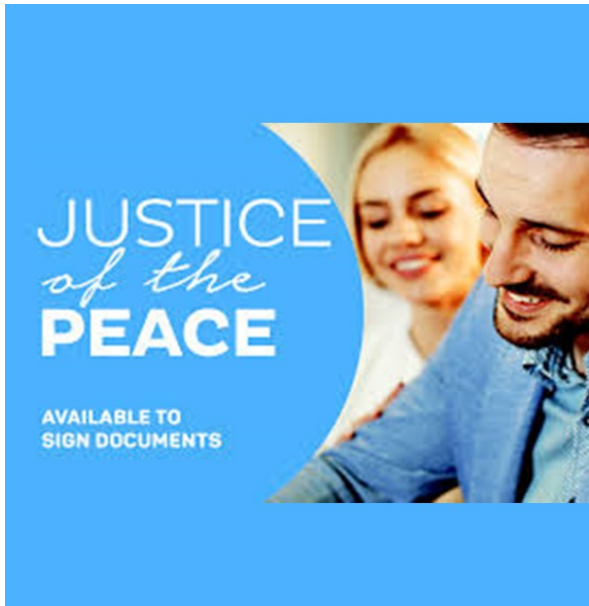
Did you know a range of council enquiries and transactions are available. You can now make:

- Council payments
- Kinder enquiries
- Pet registrations
- Rates enquiries and payments **(No cash)**

9am—5pm from Monday to Friday at the
Tarneit Community Learning Centre



SERVICES OFFERED AT ARNDELL PARK COMMUNITY CENTRE



Justice of the Peace are available

- TUESDAY 10 to 12pm
- THURSDAY 10 to 1pm
- FRIDAY 10 to 12pm

Need a document witnessed/certified?

A Justice of The Peace will be stationed at Arndell Park CC 5 days a week.

- For large quantity witnessing, please call to book.
- But if you just need one or two items witnessed, no appointment will be necessary.

FREE

For more information contact;

Angelo Auciello Esq, JP

0414 689 206

Life Community Kitchen @ Arndell Park CC

Every Monday evening during the school term between 6—7pm

Bring your family, friends, neighbours or come alone for a Free Hot Dinner

No bookings required

For more information email

communitykitchen@lifeau.org

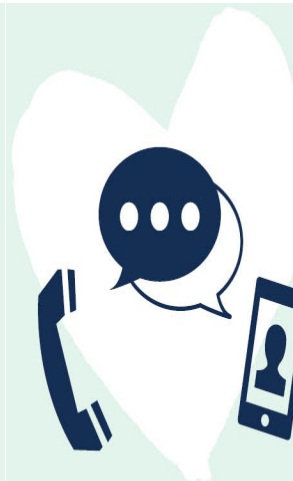


COMMUNITY CONNECTOR

Support – Inform – Connect

Wyndham's City Community Connectors are available to assist all residents in our community to access the services they need and empower them to make informed decisions. The Community Connector team can provide specific information and referral/s to local supports & services tailored to meet the needs of the individual. Some of the services may include:

- Information and assistance accessing services for e.g. My Aged Care, NDIS , HACC PYP
- Links to social support and community groups/activities



Tuesday's @ Arndell Park Community Centre

Nabila

Call 8734 4514 and ask for a Community Connector or

email

communityconnector@wyndham.vic.gov.au

Interpreter Services can be organised on request.

Wyndham City Council Services across centres

VARIOUS LOCATIONS	VENUE, DAY &	CONTACT INFORMATION
Maternal & Child Health Appointments Professional nursing support & advice for parents with children from birth to school age.	Various Community Centres By Appointment Only	Contact: Maternal & Child Health ☎ 1300 370 567 🌐 www.wyndham.vic.gov.au <i>select Maternal & Child Health Services</i>
Immunisations The Wyndham City Immunisation Unit provides free public vaccinations against a range of childhood and adult diseases.	Various Community Centres By Appointment Only	Contact: Wyndham Immunisation Team ☎ 1300 370 567 🌐 www.wyndham.vic.gov.au <i>select Children's Services > Immunisations</i>
First Time Parents Group Meet friendly local families to talk about your kids and have fun! Come along to share experiences, find advice, give support and make new friends.	Various Community Centres Weekly sessions	Contact: Maternal & Child Health ☎ 1300 370 567 🌐 www.wyndham.vic.gov.au <i>select Maternal & Child Health Services</i>
Supported Playgroup A playgroup that aims to meet the needs of vulnerable families in our community. Referrals for this service can be made by community services or families can self-refer through the Wyndham City Council website: https://www.wyndham.vic.gov.au/services/childrens-services/playgroups/supported-playgroups	Various Community Centres Weekly sessions	Contact: Susan ☎ 0427 523 177 or 1300 370 567 ✉ playgroup@wyndham.vic.gov.au
Wyndham City Council - Kindergarten 3 & 4 Year Old Kindergarten Services. Enrol your child online.	Various Community Centres Weekly sessions	Kindergarten Enrolment Officer ☎ 1300 370 567 🌐 www.wyndham.vic.gov.au <i>select Children's Services > Kindergarten</i>
Wyndham City Council - Playgroup Enquiries Community run playgroups offer a relaxed, social atmosphere for parents and carers and provide a range of activities for children aged 0-6 years old to promote their social skills and development. Wyndham City can assist in locating the closest playgroup.	Various Community Centres Weekly sessions	🌐 https://www.wyndham.vic.gov.au/services/childrens-services/playgroups/community-playgroups 🌐 https://www.wyndham.vic.gov.au/form/community-playgroup-enquiry ✉ communityplaygroup@wyndham.vic.gov.au

COMMUNITY BREAKFAST PROGRAM

FREE breakfast for all.
 Drop in and join us for breakfast.
(CHILDREN MUST BE SUPERVISED AND ATTEND WITH AN ADULT)

NEW TIME

Every Thursday 8am-9.30am

NEW TIME

@ DIANELLA COMMUNITY CENTRE

6 CONGO DRIVE, TARNEIT

FOR MORE INFORMATION CALL 8742 8300 OR EMAIL: DIANELLACC@WYNDHAM.VIC.GOV.AU

DURING SCHOOL TERMS ONLY

Sahtain!

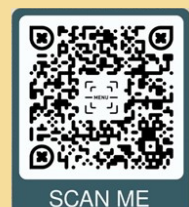
Pulse with Purpose is a Wyndham based not for profit working with the community. We're selling delicious, halal-friendly meals made lovingly by local volunteers every week to raise funds.

Your purchase will provide free meals to families in need in your neighbourhood. We encourage you to bring your own containers to reduce single use plastics.

Halal Meals on Tuesdays


Pick up from
Dianella Community Centre
 6 Congo Drive, Tarneit

Scan for to order meals and for more info.



SCAN ME

Early Years Programs & Activities

ARNDELL PARK	DAY & TIME	COST	INFORMATION
Arndell Park Muslim Playgroup A fun interactive activity based Islamic playgroup. A place for mothers and children to come together.	Fridays 10am—12pm	Fees Apply	Aafrin arndellparkmuslimpg@gmail.com Enrol here: 
Ummah Jameelah Islamic Early Years Program Islamic School Readiness Programs for 3-4yrs.	Tuesdays & Wednesdays 9:30am-12:30pm	Fees Apply	Jean Keynon 0416 575 159 Jean.keynon@yahoo.com
Tiny Tutus Beginners Ballet class for children from 18 months to 6 years.	Saturdays 9:15am-11:45am	Fees Apply	Contact: Tiny Tutus 1300 245 060 www.tinytutus.com.au
Wyndham City Council – Sleep & Settling Program Free Information sessions. For ages 0-2yrs.	Tuesdays 1:30pm-3:30pm	Free	1300 370 567 www.wyndham.vic.gov.au Search “Sleep & Settling Program” * **Bookings Essential***
DIANELLA			
Dianella Playgroup Community led playgroup for parents and carers with children aged 0-5yrs from all cultures and backgrounds.	Tuesdays 9.30am-11.30am	Term Fees apply	Send your email enquiries to Abbey.morley88@gmail.com
KU Dianella Kindergarten 3 and 4 year Kindergarten based at Dianella Community Centre.	Various	Various	03 7003 1700 Ku.dianella@ku.com.au www.ku.com.au
THE GRANGE			
3+ Early Learning Program The 3+ Early Learning Program is planned and implemented by Qualified Early Childhood Educators. The program aims to extend the child’s development and learning, using routines and play based experiences appropriate for children’s unique and holistic learning.	Thursday & Friday 9:00am—2:00pm	5 hour session \$49.61	☎ 8742 8000 ✉ enquiries@grangecommunity.org.au Child Care Subsidy applies to all of the 3+ programs
3 Year Old Kindergarten Supporting childrens learning, development and transition to primary school.	Mon, Tue, Wed 9:00am—2:00pm	Contact provider	☎ 8742 8000 ✉ enquiries@grangecommunity.org.au
Kelly Mini Sports Come and try Australia’s most popular sports program for toddlers and pre-schoolers. Includes kids soccer, basketball, cricket, tennis, rugby and AFL	Mondays 9:30am—11:00am	Contact Provider	✉ fiona@kellyminisports.com.au
Playgroup Calling all parents and grandparents! If you are keen to meet with like minded local people, for your little one to make friends and spend time enjoying different activities each week and having loads of fun, our Playgroup is for you!	Monday and Tuesday 9:30am—11:30am	\$59 per term per family	☎ 8742 8000 ✉ enquiries@grangecommunity.org.au
Out of School Hours Care Our approach to OSCH is to provide a high quality environment that is safe and gives children the opportunity to learn and play. Our service offers a wide range of fun, stimulating and appropriate experiences that reflect real world experiences and home settings. For children attending the Grange P-12 Primary Campus	Monday to Friday during school term Before School Care 6:45am—9:00am After School Care 3:00pm—6:30pm	Fees apply	☎ 8742 8000 enquiries@grangecommunity.org.au

Early Years Programs & Activities

PENROSE PROMENADE	DAY & TIME		INFORMATION
<p>VICSEG Multicultural Playgroup This playgroup is for newly arrived and recently settled migrant and refugee families and offers the opportunity for children to learn social skills through play.</p>	Friday 10am—12pm	No cost	Contact: Karen Diacono ☎ 8754 0512 ✉ kdiacono@vicsegnewfutures.org 🌐 https://vicsegnewfutures.org.au/
<p>Supported Playgroup A playgroup that aims to meet the needs of vulnerable families in our community. Referrals for this service can be made by community services or families can self-refer through the Wyndham City Council website: https://www.wyndham.vic.gov.au/services/childrens-services/playgroups/supported-playgroups</p>	Tuesday 9:30am -11:30am	No cost	Contact: Susan ☎ 0427 523 177 or 1300 370 567 ✉ playgroup@wyndham.vic.gov.au
<p>Sleep and Settling Information session with questions and answers on helping with sleep and settling</p>	Wednesday 1pm—3pm	No Cost	Contact: Heather ☎ 0488 363 375 ✉ sleepsettling@wyndham.vic.gov.au
TARNEIT	DAY & TIME	COST	INFORMATION
<p>MyTime For all parents and carers of children who need a higher level of care than other children. A place to socialise, chat and get information and support and be supported by other parents and family carers. Preschool age children can attend and a play leader will be on hand to engage children in play.</p>	Mondays 10am—12pm School term only		Contact: Madison King ☎ 9486 9600 🌐 https://www.mytime.net.au/group/tarneit/
<p>VICSEG-Multicultural Playgroup For migrant and refugee families. This playgroup offers the opportunity for children to learn social skills through play.</p>	Wednesday 9:30am—11:30am School term only	No cost	Karen Diacono ☎ 8754 0512 ✉ kdiacono@vicsegnewfutures.org
<p>Baby Time (0-12months) Sing, move and bond with your baby as we share some of our favourite songs and reading tips.</p>	Refer to website for current timetable	No Cost	Julia Gillard Library Tarneit ☎ 8734 8999 🌐 https://www.wyndham.vic.gov.au/services/libraries/early-years/early-years-events-and-activities Programs during school term only
<p>Story Time-Ages 3+ These 45- minute sessions includes stories, songs and rhymes, and a simple craft activity designed to develop early language, literacy and numeracy skills.</p>			
<p>Rhyme Time-Ages 1-5 years These 30-minute sessions include stories, songs and rhymes designed to develop early language, literacy and numeracy skills.</p>			
<p>Bilingual Story time – Punjabi & English Children of all ages Join us for 45 minutes of stories, songs and rhymes, and craft in Punjabi and English. Meet other bilingual families, learn words in another language and help your child develop important language skills.</p>			
<p>Bilingual Rhyme Time – Italian & English Children of all ages This 30-minute sessions include stories, songs and rhymes in English and Italian designed to develop early language, literacy and numeracy skills.</p>			

Education & Training Kids & Adults

ARNDELL PARK	DAY & TIME	COST	INFORMATION
Abacus 4 Kids Fun and innovative way for kids 4-12years to learn mathematic skills mental arithmetic skills using abacus (soroban). Free trial class available	Wednesdays 4:30pm-7:30pm	Fees apply	Jaslyn Toh ☎ 0406 946 069 ✉ admin@abacus4kids.com.au www.abacus4kids.com.au
Wyndham Community & Education Centre Sewing Classes for all levels of experience from beginner to advanced. Each course runs 1 session for 3 hours every week (for 10 weeks each term).	Various	Fees apply	To enrol, go to 'short courses' at www.wyndhamcec.org.au Or contact for more information ☎ 9742 4013
Wyndham Community & Education Centre Computer Courses for all levels of experience (beginner to advanced). Each course runs 1 session for 3 hours every week (for 10 weeks each term).	Various	Fees apply	To enrol, go to 'short courses' at www.wyndhamcec.org.au Or contact for more information ☎ 9742 4013
Youth Services – Drop-In Program Ages: 12 - 25yrs Youth Services are excited to come to Arndell Park as we begin to deliver programs for young people.	Wednesdays 4pm—6pm	No cost	✉ youthinwyndham@wyndham.vic.gov.au
THE GRANGE	DAY & TIME	COST	INFORMATION
First Aid Training First Aid certificate classes including Provide First Aid, Basic Emergency Life Support, CPR, Children's Services, Anaphylaxis, Asthma training and more	Alternating Wednesdays & Saturdays 9am—4pm	Contact provider	☎ 9998 6188 🌐 www.accreditedfirstaidcourses.com.au
Kumon Kumon helps your children reach their potential through English & Math enrichment classes.	Monday and Thursdays 3:30pm—7:00pm	Contact Provider	Contact Priyanka ☎ 0476 034 193 ✉ kumonhopperscrossing@gmail.com
Triscott Education Services CHC30213 Certificate III in Education Support	Thursday 9am—3pm	Contact Provider	Contact: https://www.triscott.com.au/ Or ✉ info@triscott.com.au
DIANELLA	DAY & TIME	COST	INFORMATION
Fun and Art Pty Ltd (KK Art) Ages: 5yrs - 8yrs Art, drawing and craft classes for kids.	Mondays 4.30pm-5.30pm Saturdays 9.30am - 10.30am	Fees Apply	Katherine 0426 187 144
Art and Craft workshops Ages: all ages and abilities Art and craft activities for all ages young and old and all abilities. Bring your ideas and creativity.	Fortnightly Wednesdays 2.00pm - 3.30pm	FREE	Lesley Knowles 0407 858 758 lesleyknowles1946@gmail.com
Mini Movers Ages: 3yrs - 7yrs Physical literacy based program that uses different sports to increase motor skills of children. Ensuring they have the suitable skills heading into primary school and to give them the tools to stay physically active for years to come.	Thursdays 9.30am - 10.30am	Fees Apply	Register your interest ☎ 03 5224 9972
Story Time - Wyndham City Libraries Drop in, Rhyme Time with the library team. Pop Up Library Van— allowing borrowing and returns from 10.30am - 11.00am.	Wednesdays 10.00am - 11.00am	FREE	Drop in. Registrations aren't required.
Parenting and Communication Workshops Various sessions available for Tuning into kids and Tuning into teen workshops and improving communication.	Sundays Weekly 6.30pm - 8.30pm	Fees Apply	You must register to attend 0404 777 409 Cathguerrieri.com
Wyndham Community & Education Centre Computer Courses for all levels of experience (beginner to advanced) Each course runs 1 session for 3 hours every week (for 10 weeks each term).	Various	Fees apply	To enrol, go to 'short courses' at www.wyndhamcec.org.au Or contact for more information ☎ 9742 4013

Education & Training Kids & Adults

PENROSE PROMENADE			
Abacus 4 Kids Ages: 4 - 12yrs Fun and innovative way for kids to learn mathematic skills mental arithmetic skills using abacus (soroban).	Various—Contact for further information	Fees apply	Jaslyn Toh ☎ 0406 946 069 ✉ admin@abacus4kids.com.au <i>Free trial class available</i>
Brainworks Scholarship exam preparation for years 3-8, selective entry exam preparation for years 3-10 foundational English and math programs for years 1-10.	Monday 4:30pm-7:30pm Wednesday 4:30pm-7:30pm Saturday 9:30am-12.30pm	Fees Apply	Pooja ☎ 0419 777 498 ✉ werribee@brainworks.com.au
Edmund Rice Homework Club Primary and Secondary school students are mentored by Volunteers. Activities include; homework support, fun art, games, fresh fruit, snacks, and excursions during school holidays.	Tuesday 3:30pm - 5:00pm	No Cost for eligible students	Program Coordinator ☎ 0451 753 813 ✉ programcoordinator1@edmundrice.org 🌐 https://ercrs.org/
Advanced Personnel Management APM provide employment, vocational rehabilitation, assessment, allied health intervention and community care (Aged Care & Disability Care to clients in order to place them in employment.	Monday, Tuesday & Wednesday 9am—5pm	No Cost	☎ 1800 276 276 ✉ support@apm.net.au
Mini Movers Ages: 3yrs - 7yrs (Starts 2nd Of August) Physical literacy based program that uses different sports to increase motor skills of children. Ensuring they have the suitable skills heading into primary school and to give them the tools to stay physically active for years to come.	Friday 11:30am—12:30pm	No Cost	Register your interest https://www.Wyndham.vic.gov.au/activetarneit
Islamic Youth Program This is a program designed for Islamic youth for socialising and learning Islamic teachings and culture.	Saturday (fortnightly) 12.30pm—4.30pm	See Provider	Program Coordinator ✉ saadia.bashir33@gmail.com

COMMUNITY CONNECTOR

Wyndham's City Community Connectors are available to assist all residents in our community to access the services they need and empower them to make informed decisions. The Community Connector team can provide specific information and referral/s to local supports & services tailored to meet the needs of the individual. Some of the services may include:

- Information and assistance accessing services for e.g. My Aged Care, NDIS, HACC PYP
- Links to social support and community groups/activities
- Information and referrals for emotional support, counselling, food relief and material aid
- Advocacy support and information

Community Connectors will be available at the following Community Learning Centres:

- **WEDNESDAY 8am to 5pm** Tarneit Community Learning Centre
- **THURSDAY 8am to 5pm** Point Cook Community Learning Centre
- **FRIDAY 8am to 5pm** Manor Lakes Community Learning Centre

Education & Training Kids & Adults

TARNEIT	DAY & TIME	COST	INFORMATION
<p>Abacus 4 Kids Ages: 4 - 15yrs Fun and innovative way for kids to speedy mental arithmetic using abacus (soroban). Both onsite and online class are available. Free trial class available</p>	<p>Friday 5:00pm—6:30pm</p>	<p>Fees Apply</p>	<p>Contact: Jaslyn Toh ☎ 0406 946 069 ✉ admin@abacus4kids.com.au www.abacus4kids.com.au</p>
<p>Al Madina - Urdu and Arabic Classes Arabic and Urdu language classes for kids including Quranic/Islamic studies and unlock knowledge for kids through engaging activities ,community engagement and inspire young minds grow spiritually ,ethically ,morally and culturally .</p>	<p>Mondays 5:00pm—7:00pm</p>	<p>No Cost</p>	<p>Contact: Wajid Mohammed ☎ 0430 876 786 ✉ wajid_yrk@hotmail.com.</p>
<p>AMEP Free English classes for refugees and other migrants.</p>	<p>Wednesdays and Thursdays 9am—2:30pm</p>	<p>No Cost</p>	<p>☎ 9742 4013 ✉ enquiries@wyndhamcec.org.au 🌐 http://wyndhamcec.org.au/</p>
<p>Beginner's Computer Class Ages 18+ Join us for a fun and interactive 4-week program designed for beginners to learn all about computers. Whether you're a complete novice or just want to brush up on your skills, this in-person event is perfect for you! Bookings required.</p>	<p>Mondays, starting 8 July 10.30am—12pm(4 weeks)</p>	<p>No Cost</p>	<p>☎ Julia Gillard Library Tarneit ☎ 8734 8999 🌐 For bookings visit: www.wyndham.vic.gov.au/services/libraries/adults/library-it-programs</p>
<p>Bari Language Conversational Classes Engage young people to learn about their culture.</p>	<p>Saturday 2pm—4pm</p>	<p>No cost</p>	<p>Poly Kiyaga ☎ 0434 178 753 Email: poly.kiyaga@wyndhamcec.org.au 🌐 https://www.junubiwyndham.org.au/</p>
<p>Cake Decorating—Introduction Wyndham Community and Education Centre This course is designed to provide an introduction to decorating cakes to a professional standard. Ideal for those wanting to set up their own business. 10 week course</p>	<p>Mondays 6.00pm—8.00pm</p>	<p>\$70 (permanent residents)</p>	<p>☎ 9742 4013 🌐 www.wyndhamcec.org.au and click on the Short Courses tab</p>
<p>Cake Decorating—The Next Layer Wyndham Community and Education Centre This course is designed to further develop your cake decorating skills and explore more intricate designs and techniques. Ideal for those wanting to set up their own business. 10 week course</p>	<p>Wednesdays 10.00am—12.00pm</p>	<p>\$70 (permanent residents)</p>	<p>☎ 9742 4013 🌐 www.wyndhamcec.org.au and click on the Short Courses tab</p>
<p>English Conversation—Ages 18+ At English Conversation Café you can practice your English skills, meet new people, and learn from others. This is a great way for you to connect with the community and maybe even make new friends.</p>	<p>Wednesdays 1.30pm—2.30pm</p>	<p>No Cost</p>	<p>Julia Gillard Library Tarneit ☎ 8734 8999 🌐 https://www.wyndham.vic.gov.au/adult-events-and-activities</p>
<p>English Reading Circle—Ages 18+ Do you want to practice your English reading and pronunciation in a fun and informal way? Join us at Reading Circle, where we will practice our English reading and speaking skills by reading aloud together. Suitable for adults with lower-intermediate English skills. No booking required.</p>	<p>Thursdays 11am—12pm</p>	<p>No Cost</p>	<p>Julia Gillard Library Tarneit ☎ 8734 8999 🌐 https://www.wyndham.vic.gov.au/adult-events-and-activities Programs during school term only</p>

Education & Training Kids & Adults

TARNEIT	DAY & TIME	COST	INFORMATION
<p>Kumon Tarneit English and mathematics tutoring programmes help children master fundamental skills essential to their overall academic performance.</p>	Monday & Friday 4.00pm—7.00pm	Fees Apply	Contact: Ruchi ☎ 0468 310 097
<p>Introduction to AI Tools Ages 18+ Join us for this beginners friendly session where we'll explore the exciting world of artificial intelligence (AI) and learn how AI tools can enhance your daily life. Bookings required.</p>	Monday 2 September 10.30am – 12pm	No Cost	📍 Julia Gillard Library Tarneit ☎ 8734 8999 🌐 For bookings visit: www.wyndham.vic.gov.au/services/libraries/adults/library-it-programs
<p>IT Help One on One Do you need some focused support with computers or technology? Free digital training is available. Book a One on One IT help session, and our friendly staff will help you. Booking required.</p>	Thursdays 10.30am—11.30am	No Cost	Julia Gillard Library Tarneit ☎ 8734 8999 🌐 For bookings visit: www.wyndham.vic.gov.au/services/libraries/adults/library-it-programs
<p>Nepali Language Class—Everest United—NEW Nepali language class for children aged 5—12 years. Learn how to speak and write. Make new friends and engage in cultural song and dance.</p>	Saturdays 9:45am – 12:15pm	\$100 per term (Add \$50 per sibling)	Contact : ☎ Shweta 0424 042 6890 ☎ Bhanu 0439 711 593 ☎ Rajan 0423 286 504
<p>Pocket Japanese Japanese lessons for kids aged between 4-11</p>	Friday 12pm—1pm	Contact provider	Contact : Miho ✉ pocketkidsclass@gmail.com
<p>So & Sew —Intro to the Textile Industry Wyndham Community and Education Centre An beginners level sewing course,. Over 10 weeks, learn how to use a sewing machine, stitch in zips, make pockets, French seams, buttons and you'll even make a bag. 10 week course</p>	Choose either Thursdays 12.30pm—3.30pm Or Thursdays 4:00pm—7pm	\$40 (permanent residents)	☎ 9742 4013 🌐 www.wyndhamcec.org.au and click on the Short Courses tab
<p>VCE Accounting—Tutoring Ace your Accounting exam!!! A qualified lecturer with over 10 years' experience offers accounting tuition for years 11 and 12 students. Tailored program includes compressive study materials, practice questions, and trail exams. Join today and gain the confidence and skills needed to excel in SACs and the VCE exam.</p>	Saturdays 1.30pm—3.30pm	Fees Apply	Contact : Dr Dimuthu Ekanayake ☎ 0433 872 345 ✉ dimuthu.ekanake@gmail.com Google Classroom https://classroom.google.com/u/2/c/NTqwmjUzMjYxMzU3
ARNDELL PARK	DAY & TIME	COST	CONTACT INFORMATION
<p>The Skate Studio Kids Roller Skating Classes. Our classes are run by experienced and accredited coaches. All Levels Welcome. Skate Hire Available.</p>	Thursdays 4.15pm-5.15pm	Fees Apply	Victoria Reynolds ✉ skate_studio@outlook.com 🌐 Www.theskatestudio.com.au

Empowering Communities through Lifelong Learning

www.wynlearnfestival.org.au



Recreation & Wellbeing Kids & Adults

DIANELLA	DAY & TIME	COST	INFORMATION
<p>Young Peoples Club Our ultimate aim is to engage African Youth Immigrants as well as other youth, in such a way as to keep them off social vices through social and physical activities. YPC is open to all youth and we currently have members of different ethnicities. YPC is a non-profit group predominantly consisting of African immigrants and refugees. This is an initiative that aims to empower African youth through knowledge and wisdom impartation, impartation of harmony values, counselling sessions and social activities.</p>	Fridays 7.00pm - 9.00pm	FREE	Register https://club.reclink.org/programs/EHB9RC Or contact Jasmine Griffiths 0423 316 993
<p>Lorrok Youth African reconnect workshops including music recording program.</p>	Saturdays Every 2nd and 4th Saturday of the month	FREE	Contact Susan to register syengi@yahoo.com.au 0468 434 949
<p>Youth Services - Drop in Recreational based program for young people 12-25 years.</p>	Fridays 3.00pm - 6.00pm	FREE	Candace 0428 428 326 Candace.lobow@wyndham.vic.gov.au
THE GRANGE	DAY & TIME	COST	CONTACT INFORMATION
<p>Balance, Flex, Fun Join us for a fun 45min exercise class to improve your strength and flexibility. Bring your BFF along with you!</p>	Thursday 9:30am—10.15am	\$15 per class	☎ 8742 8000 🌐 www.grangecommunity.org.au/classes
<p>Chatty Café Join the lovely Nola every Wednesday morning to a hot cuppa , some yummy treats and a chat.</p>	Wednesday 10am—11:30am	Free	The Grange 260-280 Hogans Road, Hoppers Crossing ☎ 8742 8000
<p>House of Fun Join us for a variety of activities such as arts & crafts, games, sing-a-longs and so much more</p>	Friday 11:30-am—1:00pm	No cost	☎ 8742 8000 🌐 www.grangecommunity.org.au/classes
<p>Melbourne Moves—Dance Academy Learn Bollywood, Hip Hop, Semi-Classical & Contemporary dance forms.</p>	Thursdays 6pm—8pm	Contact provider	Contact Asha ☎ 0432 277 359 ✉ contact@msquaredance.com
<p>Mini Movers A physical wellbeing-based program that uses different sports to increase the motor skills of children aged 3-7 years.</p>	Monday 11:30am-12:30pm	Contact provider	☎ Tori—5224 9972 ✉ tori.honner@leisurenetworks.org
<p>Qian Li Dao Martial Arts with Blitz Hall of Fame Kung Fu Instructor of the Year, Sifu Dana Wong.</p>	Tuesday, Wednesday & Saturday	Contact provider	☎ 9731 1789 ✉ info@qianlidao.com.au
<p>MTF Taekwondo MTF Taekwondo. Including physical techniques, cultural and educational values of Taekwondo.</p>	Wednesdays 4:30pm—7:45pm Saturdays 8:30am—1.15pm	Contact provider	☎ Jason—0406 211 096 ✉ info@mtftkd.com
<p>Twisted Stitches Knitting Group Join our lovely knitting Group as they knit items to be donated to charity.</p>	Monday 12:30pm—2:30pm	FREE	☎ 8742 8000 ✉ www.grangecommunity.org.au/classes

ARNDELL PARK	DAY & TIME	COST	CONTACT INFORMATION
<p>Girl Guides - Truganina Guiding helps girls to gain new skills, make a difference in the community, and explore a worth of possibilities. Girls aged 5-17 are invited to come to our Unit meetings.</p>	Thursday 5.30pm-7.00pm	Fees Apply	Cara Marinaro ☎ 0475 203 332 ✉ cara.marinaro@guidesvic.org.au
<p>Women's Only Yoga Yoga sessions for women of all abilities and all levels from beginner to advanced.</p>	Fridays 9:30am-10:30am	Fee's Apply	Catherine 0416 009 024 info@yogamoveswest.com.au

Recreation & Wellbeing Kids & Adults

ARNDELL PARK	DAY & TIME	COST	CONTACT INFORMATION
<p>Zumba with Gerrina</p> <p>Discover the joy of fitness with our 45min latin-inspired Zumba dance workout. Energise your routine with dynamic dance workouts. Boost well-being, and enjoy a vibrant community atmosphere. Let's dance to health and happiness together.</p>	<p>Wednesdays 7.30pm</p>	<p>Fee's Apply</p>	<p>Gerrina 0408 722 307</p> <p>zumbawithgerrina@outlook.com</p>
<p>Kathak Kendra Nrityashala – Indian Dance Class</p> <p>Kathak is a traditional dance form originating from the north of India. It is still extremely popular and widely performed in the subcontinent. Learning Kathak is a good way for relieving everyday stress. It brings inner peace, strong attitude and calmness.</p>	<p>Fridays 6:30pm-8:30pm</p> <p>Sunday 2pm-4pm</p>	<p>Fee's Apply</p>	<p>Parul 0434 361 191 Kathakkendra.nz@gmail.com</p> <p>www.kathakkendra.co.nz</p>
<p>J K Natyalaya - Indian Dance Class</p> <p>Come along and join our Dance class in the Kathak Indian Classical format. We also freestyle dance including Bollywood dance. Available for all ages.</p>	<p>Fridays 5:30pm-7pm</p> <p>Sundays 5:30pm-7:30pm</p>		<p>Kanimozhi 0470 173 2229</p> <p>kanisuba@gmail.com</p>
<p>Dave Franklins Self Defence and Martial Arts Class NEW</p> <p>Practical self-defence classes for all ages (4yrs – adult). Offering a FREE TRIAL CLASS. Fully Government Accredited. Child Bully Protection. Practical Self Defence. Intensive Fitness Program.</p>	<p>Saturdays 9am-10am (up to 12yrs) 10am-11:30am (teens & adults).</p>	<p>Contact for more information.</p>	<p>Dave Franklin 0402 853 437 Davefranklinmartialarts1@gmail.com</p>
DIANELLA	DAY & TIME	COST	INFORMATION
<p>Come and Play, It's Friday</p> <p>Table Tennis program for everyone. Are you looking for a fun way to get fit? Everyone is welcome.</p>	<p>Fridays 6.00pm-7.30pm</p>	<p>Free</p>	<p>Message Adnan 0416 949 316</p>
<p>Sri Sri Yoga - Art of Living</p> <p>Time to relax and rejuvenate, destress and detox. Desktop yoga, meditation, destress techniques, tips for healthy living, a forum to share and care.</p>	<p>Thurs- 6.00pm-7.30pm Sat - 8.00am-10.00am</p>	<p>Free</p>	<p>Sanitha Sanjeev 0469 545 723 sanitha@artofliving.org.au or Chandan 0449 030 616</p>
<p>Family Games Nights</p> <p>Join family and friends and meet new neighbours at the Family Games Night. Bring a game or choose from the many that is available.</p>	<p>1st Friday of month 5.00pm-8.00pm</p>	<p>Small fee applies</p>	<p>Contact for more information Buildingculturalconnections22@gmail.com Search Building Cultural Connections Australia Inc on Facebook</p>
<p>Harmony Dance Melbourne</p> <p>Dance fitness sessions for all ages (children 9yrs +), that combine, body stretching, cardio, balance, flexibility, and toning.</p>	<p>Mondays 6.00pm - 7.00pm</p>	<p>Fees apply</p>	<p>Harmonydance.melbourne@gmail.com.</p>
<p>NB Dance</p> <p>Bollywood Dances classes for Adults</p>	<p>Mondays 6.45pm - 7.45pm</p>	<p>Fees apply</p>	<p>Natasha 0402 439 350 info@nbdance.com.au</p>
<p>Beats N Taal</p> <p>Dance and fitness program</p>	<p>Wednesdays 6.00pm - 8.00pm</p>	<p>Fees apply</p>	<p>Niharika Rai 0450 750 270 ruchiniharikag@gmail.com</p>
<p>Cultural Cuisine Nights</p> <p>An opportunity to meet local neighbours, make new friends, and share a cultural meal with family. Food helps to bring people together – join us in celebrating diversity of cultures and stories in our monthly food sharing, potluck and cultural discovering evening.</p>	<p>3rd Saturday of month 5.00pm - 8.30pm</p>	<p>Small fee applies</p>	<p>Get in contact to confirm your attendance Buildingculturalconnections22@gmail.com Search Building Cultural Connections Australia Inc on Facebook</p>
<p>Upcoming Events</p> <p>Re-Purpose Workshop—recycle household items</p>	<p>8th April</p>	<p>FREE</p>	<p>Dianella Community Centre 8742 8300 dianellacc@wyndham.vic.gov.au</p>

Recreation & Wellbeing Kids & Adults

THE GRANGE	DAY & TIME	COST	CONTACT INFORMATION
Walking Group Join us for a 45 minute walk around our local surroundings. <i>All fitness levels welcome</i>	Wednesday 9:15am-10:00am	Contact provider	☎ 8742 8000 🌐 www.grangecommunity.org.au/classes Register on website or upon arrival.
Weight Watchers Receive support in your journey to lose weight. With weekly workshop/group led discussion.	Friday 9am—11:00am	Contact provider	☎ Kate—1800 828 886 ✉ rents.au@ww.com
Wing Chun Kung Fu Using Wing Chun Kung Fu as the path to find your hidden talents. Kung Fu classes for adults of all levels available.	Friday 7pm—9pm	Contact provider	☎ 0432 489 762 ✉ admin@xiquwingchun.com.au
Women's Only Fitness Join us for a women's only fitness class on chairs suitable for all ages, seniors, all abilities and for rehabilitation	Wednesday 10:00am—10:45am	\$10 per class	☎ 8742 8000 🌐 www.grangecommunity.org.au/classes Register on website or upon arrival.
Wyndham Town Club Receive support in your journey to lose weight. Take the steps needed to make a change in your lifestyle and maintain a healthy goal weight.	Friday 9am—11:30am	Contact provider	☎ 0413 444 083 ✉ Www.townclubs.com.au
Yoga Do you want to improve your flexibility, balance and overall wellbeing? Look no further! Join us for a 45 minute yoga class.	Tuesday 9:30am-10:15am	Discounted Term fee or \$15—Casual	☎ 8742 8000 🌐 www.grangecommunity.org.au/classes
Zumba with Domi Come and try Australia's most popular fitness program that involves cardio and Latin-inspired dance.	Wednesdays 8:00pm—9:00pm	Contact provider	☎ Domi—0452 474 600 ✉ mourgues.domi@outlook.com
Zumba with Gerrina Come and try Australia's most popular fitness program that involves cardio and Latin-inspired dance.	Monday 8:00pm—9:00pm	Contact provider	☎ Gerrina—0408 722 307 ✉ gerrine_asis@hotmail.com
PENROSE PROMENADE	DAY & TIME	COST	CONTACT INFORMATION
ABCD Bollywood Dance School A Bollywood Dance School for all age groups from kids to adults to seniors. We have something to offer for everyone, bigger dance class, advanced classes and fitness classes.	Sunday 12:00pm—2:30pm	Fees Apply	Shweta Pandya ☎ 0433 346 672 ✉ shwetayana13@gmail.com
Burnout Bhangra Come and join fitness through Bhangra which is a North Indian high intensity dance fitness class.	Tuesday 7:00pm-8:00pm	\$12	Sandeep ☎ 0433 012 214 ✉ burnoutbhanga@yahoo.com
Twins Martial Arts Ages: 4 - 15yrs Traditional Shotokan Karate for kids. Classes are taught by qualified NCAS Dojo Coaches, holding Senior First Aid and Working with Children Checks.	Thursday 3:30pm-8pm	Fees apply	Sensei Lay ☎ 0416 333 113 ✉ info@twinsmartialarts.com.au 🌐 www.facebook.com/twinsmartialarts 🌐 www.twinsmartialarts.com.au
Nrityaarpana Dance Academy (Indian Classical Dance) Join Nrityaarpana and get trained in both theory and practical details and intricacies of Bharatanatyam	Monday 6pm-7:30pm Tuesday 6pm –7.30pm	\$15 per hour	Rekha ☎ 0451 327 719 ✉ nrityaarpana@outlook.com 🌐 https://www.facebook.com/nrityaarpanadanceacademy/

Recreation & Wellbeing Kids & Adults

PENROSE PROMENADE	DAY & TIME	COST	CONTACT INFORMATION
<p>The Skate Studio Roller-skating lessons for the local community with fully accredited coaches. Skate hire is available for all our classes.</p>	<p>Mondays 4.30pm—5.30pm</p>	<p>Fees Apply</p>	<p>Victoria ✉ Skate_studio@outlook.com 🌐 www.theskatetestudio.com.au</p>
<p>Sonam Jain—Kids Bollywood Dance Ages: 4 - 8yrs Dance is the best medicine for both mental and physical health. This class will help keep you fit and energised, make new friends, have fun and boost your confidence! Ask us for a free trial class today!</p>	<p>Wednesday 5pm—6pm</p>	<p>Fees Apply</p>	<p>Sonam Jain 📞 0470 302 468 ✉ sonamijain@gmail.com</p>
TARNEIT	DAY & TIME	COST	CONTACT INFORMATION
<p>Association of Young Indian Talents of Australia Inc AYINA—Promoting music & harmony in the community through music & theatrical performances. Members meet regularly & conduct open music sessions. All are welcome to attend & participate.</p>	<p>1st Saturday of the Month 5pm—10pm</p>	<p>Contact Provider</p>	<p>Nagesh Josh Mob: 0403 095 044 Email: joshi.com.au@gmail.com</p>
<p>Craft and Conversation—Ages 18+ Are you a craft lover? Join our monthly program to create a new craft each session. Materials are free, conversation is included, and you can take home your finished project. Bookings required</p>	<p>3rd Friday of the month 10.30am—11.30am</p>	<p>No Cost</p>	<p>Julia Gillard Library Tarneit 📞 8734 8999 🌐 www.wyndham.vic.gov.au/adult-events-and-activities</p>
<p>Craft with D Tarneit Community Learning Centre's Monthly crafting workshops. Join our community centre volunteer and learn a new skill. Bookings Essential</p>	<p>Thursday 11 July 12 Sept 10 October 10.30am—12.30pm</p>	<p>No Cost</p>	<p>Tarneit Community Learning Centre 📞 8734 6040 🌐 tarneitclc@wyndham.vic.gov.au</p>
<p>Craft Group Craft, Chat and a Cuppa. Come and join! Bring along your own craft project and materials and spend time crafting with others. Everyone welcome</p>	<p>Wednesday 9am—12pm</p>	<p>No Cost</p>	<p>Tarneit Community Learning Centre 📞 8734 6040 🌐 tarneitclc@wyndham.vic.gov.au</p>
<p>Kids Club Ages: 5+ Come and join in a different activity every week. Make new friends and have lots of fun. No bookings required</p>	<p>Refer to website for current timetable</p>	<p>No Cost</p>	<p>Julia Gillard Library Tarneit 📞 8734 8999 🌐 For session dates and times visit: www.wyndham.vic.gov.au/kids-events-activities Programs during school term only</p>
<p>Lego Club Ages: 5+ Come along to your library every week to design, build and imagine with Lego. Hang out with other kids who enjoy Lego!</p>	<p>Refer to website for current timetable</p>	<p>No Cost</p>	<p>Julia Gillard Library Tarneit 📞 8734 8999 🌐 For session dates and times visit: www.wyndham.vic.gov.au/kids-events-activities Programs during school term only</p>
<p>Young Storytellers Ages 7–12 Do you enjoy making up stories? Are you looking for some inspiration to create stories? Come along to the Young Storytellers program. Use your imagination to create stories and practise your story sharing skills, whether that's through writing or through illustrations.</p>	<p>Refer to website for current timetable</p>	<p>No Cost</p>	<p>Julia Gillard Library Tarneit 📞 8734 8999 🌐 For session dates and times visit: www.wyndham.vic.gov.au/kids-events-activities Programs during school term only</p>

Recreation & Wellbeing Kids & Adults

TARNEIT	DAY & TIME	COST	INFORMATION
Quantum Meditation Society Melbourne A meditation group which promotes total fitness through our meditation, yoga, lifestyle session	2nd Saturday of each month 4pm –8pm	No Cost	Tanjila ☎ 0435819946 ✉ melbourne@quantummethod.org.bd
Sahaja Yoga Teaches a unique method of meditation. You can achieve a state of balance in 10 min. Sahaja Yoga meditation can improve physical and mental health plus reduce stress.	Mondays 7pm –8pm 4th Saturday of each month 6.30 –9pm	No Cost	Annie ☎ 0423 110 875 ✉ annie.sarani@gmail.com 🌐 https://www.sahajayoga.com.au
Shriraam Theiventhiram Learn South Asian Dance and Somatic Movement training. Bharatanatyam and Natya Sastra	Wednesdays 6pm –7pm 7:00pm –8pm	Contact Provider	Shriram ☎ 0431 137 495 ✉ shrinrityam@gmail.com
Soulspace Yoga Yoga Classes for children ages 6+ , Yoga, Asanas, Pranayama, Surya Namaskar, and mindfulness techniques.	Sunday 4.30pm –5.30pm	Contact provider	Vijisha ☎ 0435 915 516 ✉ vijisha82@live.com
Tatkaar Kathak Institute Six years old dance school in Melbourne, with 100+ students learning at different centers. Teaching an Indian classical dance form known as “Kathak”, an art of story telling by using beautiful hand gestures, foot work and expressions. Come along and join in the fun	Saturday 9am –12pm	Contact Provider	Shika ☎ 0450 228 954 ✉ schhangai.sc@gmail.com Virtual Platform also available
Tarneit—Youth Services Drop In Youth Services are running Drop In's every Tuesday and Thursday nights for young people aged 12-25 years. Enjoy a safe space to hang out, unwind, make some new friends, have a bite to eat and meet some of your local Youth Workers. We have lots of fun games, activities, arts and crafts, ping pong tournaments and more!	Tuesday s and Thursdays 3.30pm 5.30pm (only on School Term)	No Cost	🌐 https://www.wyndham.vic.gov.au/whats-on/tarneitdropin
U3A Werribee Region Tai Chi Classes Tai Chi classes provide light physical and mental wellbeing to retired and semi-retired residents of Wyndham. Physical benefits include balance and flexibility, mental wellbeing and stress reduction	Mondays 10.30am –12.00am	Contact provider	Rick Conn ☎ 0402 299 220 ✉ courses.u3awbee@hotmail.com 🌐 https://www.u3awbee.net.au/courses-activities
Victorian Bangladeshi Community Foundation (VBCF) Dance, drama, arts and music classes for the 2nd generation Bangladeshi born school kids living in Victoria especially in the Western suburbs	Friday 7.00pm –10.00pm	Contact provider	Morshed Kamal ☎ 0423 072 427 ✉ morshedkml@gmail.com 🌐 www.vbcf.org.au
Vitamin Love by Diyah Power Yoga classes, improves strength, stamina and flexibility	Wednesdays 7pm –8pm	Contact provider	Diyah ☎ 0450 487 876 ✉ vitaminlovebydiyah@gmail.com
Yoga Moves West This class is specifically tailored for older adults looking to start moving again in gentle and supportive environment.	Mondays 9.30am –10.30am	Contact Provider	Catherine Sullivan ☎ 0416 009 024 ✉ info@yogamoveswest.com.au
Young Storytellers—Ages 7 – 12 Do you enjoy making up stories? Are you looking for some inspiration to create stories? Use your imagination to create stories and practise your story sharing skills, whether that’s through writing or through illustrations. Program during school term only	Refer to website for current timetable	No cost	📍 Julia Gillard Library Tarneit ☎ 8734 8999 🌐 For session dates and times visit: www.wyndham.vic.gov.au/kids-events-activities
Zumba with Gerrina Discover the joy of fitness with our 45 min. Latin inspired Zumba dance workout. Energize your routine with dynamic dance workouts, boost well-being, and enjoy vibrant community atmosphere. Let’s dance to health and happiness together.	Tuesdays 8pm –9pm	Contact provider	Gerrina Power ☎ 0408 722 307

Community, Cultural & Faith Groups

DIANELLA	DAY & TIME	COST	CONTACT INFORMATION
Hosanna Kingdom Praise Centre Faith group, praise and worship, children's ministry, prayer meetings and leadership training.	Wednesdays 7.00pm-9.00pm Sundays 9.00am-1.00pm	Free	Tabitha 0431 244 752 tabcri2@gmail.com
Young Peoples Club Not for profit group, predominantly consisting of African immigrants and refugees. This program empowers people through knowledge, wisdom, counselling and social activities.	Fridays 7-10pm, 1st Friday of month 5-8.30pm every other Friday	Free	https://www.wyndham.vic.gov.au/whats-on/young-peoples-club
Sunshine Arabic Language School Ages: 5 - 7yrs Cultural activities for the youth and adults. Arabic language classes for children.	Sundays 2pm-5.00pm	Contact for more info	Afrah Mohamed 0422 178 062
Afterschool program – Junior Program (National Spiritual Assembly of the Baha'is of Aust Inc) Build a strong sense of morality identity, get involved in local community projects, develop the capacity to express your thoughts, gain a deep understanding of world. Our team consists of dedicated volunteers who are accredited to work with children passionate about serving the community.	Mondays 3.30pm-5.00pm Saturdays 2.30pm-4.30pm	TBC Limited spots available	Call for more info Tara - 0423 191 990 Sana - 0423 336 534
Khoja Shia Ithna-Ashari Jamaat of Melbourne Inc. (KSIJM) The main purpose of this group is to provide facilities conducive to educational, economic, support - seniors and vulnerable, sports and social welfare of the community and to lead to greater understanding and cooperation amongst all people in Australia.	Sundays 9.00am-1.00pm	Free	VicePresident@ksijmelbourne.org.au President@ksijmelbourne.org.au
Church of Christ (Iglesia Ni Cristo) Church gathering and choir practice.	Saturdays 6.00pm-10.00pm	Free	Alfonso 0451 041 711 Alfonso.ocon@gmail.com
Families for Christ Faith based community gathering once a month. Christian families meeting together to pray and worship. Bible study, religious teachings and marriage courses.	2 nd Saturday of month 1.30pm-4.30pm	Free	Henry Ethanry090457@yahoo.com.ph 0431 437 961
Nepalese Association of Victoria Bal Chautari (Children's School in Nepali) is a weekly Nepali language class for 4-14yrs. Classes help to improve mental and physical wellbeing.	Saturdays 11.00am-1.00pm	\$50 per term	Dr Tilak Pokharel 0450 092 041 pokharetilak@gmail.com https://www.nav.org.au/chautari/baalchautari
Sant Niramkari Mandal Australia Inc Congregation and prayer as per Sant Nirankari Missions ideology.	Fortnightly— Tuesdays 5.30pm-7.30pm	Free	Dharamveer Jit 0401 922 717 Dharamveer@live.com.au
Harari Womens Friendship Café Connecting Harari women with each other and providing support to one another.	Tuesdays 11.00am-2.00pm	Free	Samya amalkirat@yahoo.com.au
THE GRANGE			
At Work Provides employment services for people living with disability and disadvantage looking for work, and employers to get the right people into the right jobs.	Monday-Friday 9am—5pm	Contact Provider	☎ 1300 192 641 🌐 www.atworkaustralia.com.au
Relationship Matters Relationship Matters is a not-for-profit organisation that promotes healthy, respectful and fulfilling relationships within the Victorian community.	Monday, Tuesday, Wednesday 4pm—7:30pm	Contact provider	Contact Guy Penna ☎ 0432 544 611 ✉ gpenna@relationshipmatters.com.au


Community, Cultural & Faith Groups

ARNDLE PARK	DAY & TIME	COST	CONTACT INFORMATION
Life Community Kitchen Providing hot meals to individuals and families supporting food relief and social connection.	Mondays 6pm-7pm	No Cost	No registrations required. For more information email communitykitchen@lifeau.org
Melbourne Shwetambar Jain Sangh Inc MSJS promotes Jainism and its core principal of 'no violence'.	Sundays Fortnightly 8am-1pm	Fees Apply	Nimit ☎ 0433 074 461
Bhartiya Seniors Melbourne Inc Indian Seniors Friendship Group	Tuesdays and Fridays 11am-2pm	Fees Apply	Ashok Mehta ☎ 0434 929 429 ✉ ashokmehta1958@gmail.com
Australian Malayalee Islamic Association Cultural Group Arabic & Malayalam language classes, faith based activities.	Saturday 6pm– 10pm	Fees Apply	Zameel Arif ☎ 0406 074 185 ✉ zameelarif@gmail.com
Gospel Power Ministries Church We are a church that covers a variety of faith-based activities including preaching and teaching the gospel of Jesus Christ	Wed—Praise & Worship Friday—Prayer 7pm-9pm Sunday Service 10am-1pm		Church Office - 0429 959 726 Gpmchurch2@gmail.com www.gospelpowerministrieschurch.org.au
PENROSE PROMENADE			
Global Kitchen We bring together local multicultural women who are feeling isolated and disengaged for our Global Kitchen and Women's Circle.	Monday 10am—2pm	No Cost	Sudha ☎ 0432 489 584 ✉ Shudha-Narayan@hotmail.com 🌐 https://virwc.org.au/
Hindu Dharma Community of Melbourne An Indian community from South India, Kerala, conducting various cultural activities, training kids, ladies group activities, family activities and more!	Saturday 4:30pm—6:30pm Last Sunday of the month 6pm—9pm	No Cost	Venugopalan Nair ☎ 0415 444 901 ✉ venucn@yahoo.com
Legends International of Seniors Inc Recreational meeting sharing coffee and snacks, prayer, guest speakers from different fields. We also organise picnics and outdoor activities.	Thursday 12:30pm—2:30pm	\$10 joining fee	Jiwan Lal Sharma ☎ 0423 125 618 ✉ legendsinternational2022@gmail.com
Anoopam Mission Limited Promote Hindu arts, crafts, dance, music, performing arts, literature & youth development. Educate young children and teenagers to live a positive and peaceful life.	Fortnightly on Saturday 6pm—9pm	No Cost	☎ Vipul Patel—0433 185 138 ☎ Sandip Patel—0450 873 099 ✉ vipul9800@gmail.com 🌐 www.anoopam.org
Wolfpack Connect Group Church community that meets together on a monthly basis to connect, enjoy each other's company, share food and have fun. <i>Everyone welcome</i>	2nd Friday of the month 7pm—9pm	No Cost	Merapi Gabriel ☎ 0433 824 080 ✉ merapi.gabriel@gmail.com 🌐 www.lifeau.org
Tarneit Bharatiy Club Older Gujarati speakers will feel right at home in this relaxed social get-together environment.	Tuesday 12:30pm—2:30pm Friday 12:30pm—2:30pm	No Cost	Naran ☎ 0490 715 090 ✉ vadalianaran@gmail.com

Community, Cultural & Faith Groups

PENROSE PROMENADE			
Tarneit Harmony Club Join other Punjabi speaking retirees to enjoy indoor games share some sweets and cup of tea.	Tuesday 12:00pm—2:00pm Friday 12.30pm—2:30pm	No Cost	Mohinder Bassi ☎ 0470 214 268 ✉ nivarnbassi@gmail.com
United Seniors Club Incorporated This group is celebrated with worshipping and praying to God along with singing and dancing and sharing food.	Wednesday 12pm—2pm	\$10	Mahendra Patel ☎ 0466 920 881 ✉ mahendra195424@gmail.com
Ladies Club 60 Social gathering for local ladies of Indian origin. Make new friends, enjoy a cup of tea and chat.	Monday 12pm-2:30pm	No Cost	Nina ☎ 0488 251 459
Iglesia Ni Christo Church Of Christ Worship service and meetings on a weekly basis.	Various times and days	No Cost	Alfonso Ocon ☎ 0451 041 711 ✉ Alfonso.ocon@gmail.com
Mayanmar Revival Church Worship service, singing and preaching gospel.	Sundays 12pm—5pm	No Cost	Jayshee Jay ☎ 0449 677 569 ✉ jshee8012@gmail.com Facebook/Myanmar Revival Church
Viti Satsangh Mandeli Cultural and religious gatherings	Friday 7pm—11 pm Fortnightly	Fees apply	Hunjan ☎ 0497 642 402 ✉ hunjan.nair@gmail.com
HAAMI A social group that runs educational programs for women and children over 12yo.	Sunday 5pm—9pm Fortnightly	Fees apply	☎ 0406 900 524 ✉ haamiinc@gmail.com
Divine Wisdom—New Gatherings aim to provide a supportive environment where women and girls come together for counselling, motivation and spiritual wisdom.	Saturday 12.30pm—3.30pm (monthly)	See Provider	☎ 0420 207 217 ✉ divinewisdominstitute2004@outlook.com
TARNEIT	DAY & TIME	COST	CONTACT INFORMATION
Assembly of God Church of Samoa We aim to help and equip people about the value and wisdom of life. We focus on families. To create better community. We also reach out to broken families and homeless people. We provide a safe haven for youth.	Friday 7.00pm—11.00pm	No Cost	Sani Faoagali ☎ 0491 965 687 ✉ eliezrahsalina@gmail.com
Club 60 Tarneit Club 60 Tarneit provides a social gathering for men and women of Indian origin.	Monday 12.30pm—2.30pm	See Provider	Contact: Sunil ☎ 0449 101 455
Jesus is the Cornerstone Church services on Sundays	Sunday 8.30am—12.00pm	No Cost	Pastor Freddy Soalo ☎ 0498 689 760 ✉ freddysooalo@gmail.com
Sri Lankan Planned Activity Group (Delivered by Migrant Resource Centre) Social Support group for the Sri Lankan Community in Wyndham which includes gentle exercise, art, craft, excursions and outdoor activities	Fridays 10am—3pm	Fees apply	Contact: Shyaam Rodrigo ☎ 9637 6044 ✉ hakshyaam-alekhoa@mrcnorthwest.org.au
Vision Pentecostal Church of Community A faith based organisation which runs weekly Church Services in which different activities take place including preaching, singing, dancing, youth bible studies	Sunday 12pm—4pm	No Cost	Pastor Alex Hakizimana ☎ 0410 017 971 ✉ visionpentecostalchurchvic@gmail.com 🌐 www.visionpentecostalchurch.org.au

Support Groups & Services

TARNEIT	DAY & TIME	COST	INFORMATION
<p>Community Collective Victoria Community Psychologist Provisional one on one psychology and counselling services to community members</p>	Mondays & Tuesdays	No Cost (some exclusions apply)	<p>☎ 4250 8134 ✉ admin@ccvic.community</p>
<p>Community Connector Wyndham City Council has a dedicated team who can help you find and connect with local service options. We can help if you need support, but are unsure of where to start</p>	Onsite at Tarneit Community Learning Centre Wednesdays	No Cost	<p>☎ 8734 4514 🌐 https://www.wyndham.vic.gov.au/communityconnector</p>
<p>IndianCare Woman's Support Group to provide a safe space for Indian women who are dealing with the complexities of tradition and the migrant experience. A culturally appropriate environment to nurture friendships and find solace and understanding.</p>	Thursdays (monthly) 7pm –8pm	No Cost	<p>Manjinder Hundal ☎ 0451 734 590 ✉ nivarnbassi@gmail.com</p>
<p>Life Community Kitchen Providing hot meals to individuals and families supporting food relief and social connection. No Bookings Required All welcome!</p>	Tuesdays 6pm—8pm	No Cost	<p>✉ communitykitchen@lifeau.org 🌐 https://lifeau.org/communitykitchen/</p>
<p>Justice of Peace Service JP Service to witness a person making a statutory declaration or affidavit, and to certify copies of original document . No Bookings Required All welcome!</p>	Mondays 11am—1pm 3pm—5pm	No Cost	<p>Tarneit Community Learning Centre ☎ 8734 6040 🌐 tarneitclc@wyndham.vic.gov.au</p>
Arndell Park	DAY & TIME	COST	INFORMATION
<p>Justice of Peace Service A Justice of The Peace will be stationed at Arndell Park CC 5 days a week. For large quantity witnessing, please call to book. But if you just need one or two items witnessed, no appointment will be necessary.</p>	Mondays - Friday 10am-1pm	No Cost	<p>Angelo Auciello Esq, JP 0414 689 206 Email: cgvf10@gmail.com</p>
<p>Life Community Kitchen Providing hot meals to individuals and families supporting food relief and social connection.</p>	Mondays 6pm-7pm	No Cost	<p>No registrations required. For more information email communitykitchen@lifeau.org</p>
DIANELLA	DAY & TIME	COST	CONTACT INFORMATION
<p>Sahtain! Halal Meals on Tuesdays Pulse with Purpose is a Wyndham based not for profit working with the community. We're selling delicious, halal-friendly meals made lovingly by local volunteers every week to raise funds. Your purchase will provide free meals to families in need in your neighbourhood. We encourage you to bring your own containers to reduce single use plastics.</p>	Mondays - Friday 10am-1pm	No Cost	<p>Pick up from <i>Dianella Community Centre</i> <i>6 Congo Drive, Tarneit</i></p> <p>Scan for to order meals and for more info.</p> <div style="text-align: right;">  <p>SCAN ME</p> </div>
<p>Life Community Kitchen Community Breakfast Program Providing breakfast to individuals and families supporting food relief and social connection.</p>	Thursdays 8.00am—8.30am	No Cost	<p>No need to register, just drop in</p>

Local Support Groups & Services

Community Connectors

Wyndham City Council has a dedicated team who can help you find and connect with local service options. If you need support, but are unsure of where to start, email us at communityconnector@wyndham.vic.gov.au or call Wyndham Council on **(03) 8734 4514** and ask to speak to the **Community Connector**.

Central Park Community Foodbank – Run by Project Juan

Community food bank

Day/Time: Tuesdays 10am-12pm **Address:** Central Park Community Centre, 80 Lonsdale Circuit, Hoppers Crossing

Phone or text: 0481 316 477 or contact through **Facebook** <https://www.facebook.com/ProjectJuan.org/>

Community Breakfast Program - Drop in FREE breakfast (toast, cereal, fruits) for all community members. Drop in and join us for breakfast. (Children must be supervised and attend with an adult). Operating during school terms only.

Day/Time: Thursdays 8am-9:30am (during school term only) **Address:** Dianella Community Centre, 6 Congo Drive, Tarneit

Phone: 8742 8300 **Email:** dianellacc@wyndham.vic.gov.au

Food Bank Manor Lakes

Providing food items to people in need. **Day/Time:** Wednesdays (during school term only) 12pm -1:30pm

Address: Manor Lakes Community Learning Centre, 86 Manor Lakes Boulevard, Manor Lakes

Email: foodbank@newstart.org.au **Facebook:** <https://www.facebook.com/community.food.assistance/>

Food Pantries – The Pataka Movement

Residents around all areas of Wyndham who have a food pantry out the front of their house that any person can access without judgement. "Take what you need, give what you can".

Facebook page: <https://www.facebook.com/ThePatakaMovement/>

Facebook group: <https://www.facebook.com/groups/265569064467832>

Hoppers Crossing Equip Church

Food Bank provides fresh & non-perishable food items to individuals and families from all walks of life.

Day/Time: Wednesday only 9am until stock lasts. **Address:** 147-155 Hogans Road, Hoppers Crossing

Phone: 9748 9177. **Email:** equipcommunityservices@swcc.org.au

Jamieson Way Food Relief Program

Food relief runs weekly to community members in need. Bookings essential, no walk ups.

Contact us directly to make special requests around dietary requirements **Day/Time:** Tuesday 11:30am-1:30pm

Address: Jamieson Way Community Centre, 59 Jamieson Way, Point Cook **Phone:** 93953 777 **Email:** admin@jamiesonwaycc.org.au

Life Community Kitchen

Email: communitykitchen@lifeau.org

All Welcome gathering around a meal to provide families and individual support and relief. Free Hot Dinner, Bookings not required

Day/Time: Monday 6.00pm – 8.00pm **Address:** **Arndell Park Community Centre** 29 – 49 Federation Blvd, Truganina

Day/Time: Tuesday 6.00pm – 8.00pm **Address:** **Tarneit Community Learning Centre** 150 Sunset Views Blvd, Tarneit

Point Cook Food Bank

Available to all members of the community, no questions asked. Provide your own bags if possible.

Day/Time: Sundays 1-pm recommencing 5 Feb

Address: Cross Cultural Church, 7 Adelphi Boulevard, Point Cook

Email: foodpantry@crossculturepointcook.net.au or contact via **Facebook:** <https://www.facebook.com/pointcookfoodbank/>

Pulse With Purpose Dianella Community Centre

Halal friendly meals for vulnerable families, BYO containers. Pre orders welcomed

Day/Time: Tuesday 1--3pm **Address:** 6 Congo Drive ,Tarneit

Phone: Musarrat 0404 548 254 **Email:** pulsewithpurpose@gmail.com

At Work

Employment services for people with a disability and disadvantage looking for work and employers to get the right people into the right jobs.

Day/Time: Tuesday and Thursday 9.00am-5.00pm **Phone:** 1300 192 641

Relationship Matters

Not for profit organisation that promote healthy respectful and fulfilling relationships within the Victorian community.

Day/Time: Mondays, Tuesdays, Wednesdays 4.00pm-7.30pm

Phone: Guy Penna 0432 544 611 **Email:** gpenna@relationshipmatters.com.au

Support Groups & Services

Restoration Outreach – International Ministries Inc.

Free food for struggling families and people in need. Fresh food, Frozen food, Dry food, Food Hampers, Fresh Fruit, vegetables

Day/Time: Saturday 9:00am – 12:00pm **Address:** 5/13 – 19 Tariff Court, Werribee

Phone: 0411 757 174, 0470 571 109, 0492 425 473.

Tarneit Foodbank

Run by the Epiphany Church to support community members of all ages. No referrals needed. Includes fresh food, frozen food and dry goods.

Day/Time: Every Tuesday 10.30am-11.30am **Address:** Penrose Promenade Community Centre, 83 Penrose Promenade, Tarneit

Phone: 8734 4500 Facebook page: <https://www.facebook.com./TarneitFoodBank/>

Salvation Army - Community Support and Emergency relief programs. **Address:** 211 Watton St Werribee **Phone:** 9731 1344

Emergency Relief - If you find yourself in difficult circumstances, access short-term financial assistance in the form of food parcels & vouchers. Phone assessment required.

Day/Time: Monday, Tuesday & Wednesday 9:30am-2pm. Thursday from 9:30am– 1.45pm

Drop in service - Offer free Tea and Coffee, hot showers and clothes washing facilities for people experiencing homelessness

Day/Time: Monday to Friday from 9am- 2pm

Café'Agape - Share good food and great company at our regular community meals. Two-course community lunch (fee but gold coin donation gratefully accepted) **Day/Time:** Tuesday and Wednesday 12-2pm all are welcome,

Salvos on the move Bus - Free BBQ tea (gold coin gratefully accepted).

Day/Time: Weekly on Friday Nights at 6pm. **Address:** Werribee Railway Station (Bus Side)

Men's Breakfast - Come and be challenged and inspired by great speakers, have breakfast, chat and meet new people.

Day/Time: 1st & 3rd Saturday of the month 8am

Sikh Community of Western Victoria.

Cooked vegetarian Meals. Call to arrange.

Day/Time: Everyday 10.00am – 8.00pm **Address:** 560 Davis Road, Tarneit

Phone: Gurpreet Singh 0422 025 217 Sandeep Singh 0433 003 309 Pritam Singh 0421 138 113

SUDD Foundation Working predominately with South Sudanese community, offering food relief and other supports.

Phone: 9021 2029

Email: info@sudd.org.au

Wyndham Park Community Centre Foodbank

Has culturally appropriate food for the Karen, Indian, African and Muslim communities. Very important to advise residents that they must call beforehand.

Day/Time: Every Thursday 9.30 - 12.30pm, please call beforehand

Address: 55/57 Kookaburra Avenue, Werribee

Phone: 03 9742 7298 **Email:** admin@wyndhamparkcc.com.au

Werribee Baptist Church – Food Hampers Contact to book for interview appointment. If you don't have transport, an interview can be made by phone and the food hamper can be dropped off at your home.

Day/Time: Tuesday or Friday afternoon, between 1pm – 3pm **Address:** 225 Heaths Road, Werribee **Phone:** 9749 3166

Uniting Wyndham

Food parcels and food vouchers for people with little to no income. Can also assist with other material aid (like clothing/bedding) by specific request. All assistance including food parcels and vouchers are provided by appointment only.

Day/Time: Monday to Friday 10am to 2pm. Food assistance via phone appointments 10am-2pm

Address: 19 Duncans Rd, Werribee

Phone: 9742 6452

Email: wyndham.reception@vt.uniting.org

Wyndham Youth Services Foodbank Wyndham City Youth Services foodbank service is available for young people of 12-25 years who are struggling and need assistance. Includes baby items, formula and nappies.

Day/Time: Monday to Friday 9am-5pm, call to arrange a pick up

Address: Youth Resource Centre 86 Derrimut Rd, Hoppers Crossing

Phone: 8734 1355