Wyndham West Iramoo Community Centre

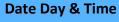
Manor Lakes Community Learning Centre Quantin Binnah Community Centre Wunggurrwil Dhurrung Community Centre Wyndham Park Community Centre Lollypop Creek Community Centre



SENIOR FESTIVAL ACTIVITES AT MANOR LAKES COMMUNITY LEARNING CENTRE

Victorian Seniors **Festival** 2024





Senior's Activity

14 Oct 2024, Monday 10.30am -11.30am

Stay active and enhance your fitness.

FUN AND FITNESS



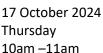
MINDFUL MEDITATION

Relax and gain focus with this 50 mins of mindful meditation session.

16 October 2024 Wednesday 10am -11am



Join us and explore your artistic side. All materials will be provided.



10.30am -11.30am

CHAIR YOGA

This gentle practice focuses on stretching, breathing and relaxing while seated. Perfect for all mobility levels,

SENIOR PLAYGROUP

Join with our ML Harmony playgroup and enjoy delightful moments with young ones. Morning tea provided.

18 October 2024 Friday





To Register Call: 8734 8934. Or visit Manor Lakes Community Learning Centre or email: manorlakesclc@wyndham.vic.gov.au





Location: Manor Lakes Community Learning Centre REGISTRATION REQUIRED.





Wyndham City Council would like to pay respect and acknowledge the Bunurong and Wadawurrung People as the Traditional Custodians of the land on which Wyndham City Council is located.

Iramoo Community Centre: Manor Lakes Community Learning Centre: Quantin Binnah Community Centre: Wyndham Park Community Centre: Wunggurrwil Dhurrung Centre: Lollypop Creek Community Centre:

84 Honour Ave, Wyndham Vale VIC 3024 86 Manor Lakes Blvd, Manor Lakes VIC 3024 61 Thames Boulevard Werribee VIC 3030 55 - 57 Kookaburra Ave Werribee VIC 3030 19 Communal Road, Wyndham Vale VIC 3024 104 Shipwright Parade, Werribee VIC 3030

Phone: (03) 8742 3688 Phone: (03) 8734 8934 Phone: (03) 9742 5040 Phone: (03) 9742 7298 Phone: (03) 8734 0288 Phone: (03) 8353 4047

PAST EVENTS AT MANOR LAKES DURING SEPTEMBER

Yoga session for Wyndham Learning Festival

With each passing year the Wyndham Learning festival experience has been like going one step closer to inspiring the community with the larger purpose of staying active, healthy both mentally and physically. It was very heartwarming to see the conscious effort by the participants to learn and incorporate simple yoga movements in their daily life. Also, seeking different relaxation techniques for the Body Mind and Soul.

We started the session with a fun yogic warm up game. It was like an ice breaker. The participants thoroughly enjoyed the warm up game, and the energy in the room transformed automatically. We then learnt Sun Salutation, gentle yoga movements followed by the best part which is unwinding and relaxing especially after practising a good breathing technique. Overall the session was very vibrant, and filled with positive vibes.



Janmashtami Celebrations by club 60 Wyndham Vale

Club 60 Wyndham Vale marked its 6th consecutive celebration of Janmashtami, the birth of Lord Krishna, on Saturday, August 31, 2024, at Manor Lakes Community Learning Centre, Manor Lakes. The event drew over 250 attendees from the community, coming together to celebrate this significant religious festival. The celebration was filled with devotion as the atmosphere was enhanced by religious bhajans and captivating live musical performances. The blend of music and spirituality brought a sense of peace and connection among the crowd. In keeping with the spirit of service, free food and snacks were offered to everyone, fostering a warm sense of community and hospitality.

The event not only celebrated the religious significance of Janmashtami but also strengthened the bonds within the diverse local community.

YOGA CLASSES FOR ALL AGES



Yoga offers numerous benefits for both teens and adults, addressing physical, mental, and emotional health. Yoga Meditation and Healing 365 instructor provides weekly session at Manor Lakes Community Learning Centre. (*Classes are on School terms only*)

Kids Session (6-11yrs)
Day: Tuesdays
Time: 4pm -5pm

Teen Yoga (12 –16yrs)
Day: Tuesdays
Time: 5pm –6pm

Adults Yoga (16yrs +)
Day: Saturdays

Time: 8:30am -9:30am

Join now!

For booking enquiries

Contact: Anu

Phone: 0469822005

Email: Yogameditationandhealing365@gmail.com

THE MANOR LAKES CAFE

Come down to the centre with your family and friends and enjoy and a coffee or a meal together. The Café at the Manor Lakes Community Learning Centre is open for coffee, breakfast and lunch on the below days.

- Mondays, Wednesdays and Fridays
- Tuesdays (during school terms only)

Each meal cost.... \$10.00 Coffee \$4.00







LOW COST COURSES AT MANOR LAKES COMMUNITY LEARNING CENTRE

Course name	Date and time	Fees	Enrolment details
Introduction to Cake Decorating Keen to start decorating your own cakes, or perhaps start a cake decorating business? Would you like to learn modern cake decorating techniques? Explore the art of cake decorating in a relaxed learning environment. 10 weeks of practical, hands on activities! *Not Suitable for people with allergies *Two basic cakes will need to be supplied	Wednesdays 1 - 3pm Starts October 9th	\$70 (Citizens or Permanent Residents)	
Computer Skills @ Manor Lakes First Steps is for absolute beginners. The course will cover basic computer skills to get you started. You will master creating folders, saving documents, using emails, searching on the internet and much more!	First Steps: Fridays 9am-12pm	\$30 (Citizens or Permanent Residents)	
Advanced is designed for learners who have completed the introduction and intermediate levels of Computer Skills, and wish to build on their knowledge. You will master using advanced email features, creating and modifying publications, understanding advanced features of spreadsheets, utilising document formatting tools, accessing and using the features of cloud based applications, as well as much more!	Advanced: Fridays 12:30-3:30pm Starts October 11th		Enrol online: www.wyndhamcec.org.au Look for ' Short Courses '
Introduction to Coffee Making 3 sessions of practical hands on activities. This course provides an introduction to coffee making, using commercial coffee-making equipment. It is intended to develop confidence and skills, which will allow participants to apply for work as a barista. Explore the art of coffee making, in a relaxed learning environment.	Thursdays 6pm –9pm Nov 7,14 and 21	\$50 (Citizens or Permanent Residents)	Or visit us at: 20 Synnot Street, Werribee (03) 9742 4013
Sewing Classes@ Manor Lakes - Starts 7 October So & Sew is an introductory course for adult learners wishing to earn how to sew in a fun and engaging way. You'll make a bag! Among other things.	So & Sew: Mondays 9am - 12pm	\$40 (Citizens or Permanent Residents)	
10 weeks of practical, hands on activities! All Sewing machines &resources provided			
Mobile Devices Course - Starts 8 October The course is designed for those who are absolute beginners when it comes to using a smart device. You will master adding and deleting contacts, composing messages, changing device backgrounds, connecting to a WIFI network, managing applications and much more. All while enjoying the company of like-minded learners, in a relaxed environment.	Tuesdays 9am –12pm		Proudly supported by Wyndham Community & Education Centre Inc. Ingrating the Shargharding communities Proudly supported by Wyndhamcity city, coast, country

COUNCIL SERVICES AT MANOR LAKES



Did you know a range of council enquiries and transactions are available.

You can now make:

- Rates enquiries & payments
- Council payments
- Kinder enquiries
- Pet registrations

*Please note—Cash payments are NOT accepted

Contact: Manor Lakes Community Learning Centre

Phone: 8734 8934

Email: manorlakesclc@wyndham.vic.gov.au

SETTLEMENT SERVICES

Eh Su from Wyndham Community and Education Centre is seeing clients who have arrived in Australia in the past five years, as refugees, at Manor Lakes Community Learning Centre. Clients seek support for all manner of things, including Centrelink payments, housing issues, family support, fines, family violence, insurance, utility issues & much more.

Where: Manor Lakes Community Learning Centre

When: Mondays Time: 9am—1pm







TREATY IN THE PARK



COMMUNITY CONNECTOR

Wyndham's City Community Connectors are available to assist all residents in our community to access the services they need and empower them to make informed decisions. Community Connector program is a free and confidential service for Wyndham residents. A Community Connector can assist with, however isn't limited to:

- Information about services that support you to participate in your community, feel safe and supports your wellbeing or that of your family.
- Connecting with local community groups and activities.

How to contact a Community Connector?

Phone: 8734 4514

Email: communityconnector@wyndham.vic.gov.au

Online Enquiry Form: https://www.wyndham.vic.gov.au/communityconnector

Where can I find a Community Connector?

- Tarneit Community Learning Centre WEDNESDAY 9am 5pm
- Point Cook Community Learning Centre THURSDAY 9am 5pm
- Manor Lakes Community Learning Centre FRIDAY 9am -5pm

We have Community Connectors available at other Community Centres within Wyndham on various days, there will usually be signage advertising a Connector is available on the day.



IRAMOO COMMUNITY CENTRE

We are heading home and getting ready to Celebrate our 20 year anniversary!

We are excited to share that the essential maintenance on the air conditioning and heating units at Iramoo Community Centre has been successfully completed. We extend our gratitude to Wyndham City Council for providing access to the Lollypop Creek Community Centre, allowing us to continue our services and programs during the renovation period. We have valued our time at Lollypop Creek Community Centre and appreciate the council's support.

We would like to thank our community for supporting our move and we look forward to welcoming everyone back at Iramoo Community Centre from Monday 23rd September 2024.



20 YEARS @ IRAMOO



MONDAY 11TH NOVEMBER CHEESE MAKING - 10.30AM

Join Craig Castree from Edible Gardens to learn how to make Haloumi Ricotta & Boccocini Mozzarella

TUESDAY 12TH NOVEMBER COOKIE DECORATING - 1.30PM

Learn how to decorate cookies using fondant icing.

WEDNESDAY 13TH NOVEMBER AGM & COMMUNITY ENGAGEMENT NIGHT

Join us for our Community Engagement Night from 5pm and AGM @ 6.30pm. Enjoy Chicken Biriyani with Raita made by Wyndham Women's Support Group

THURSDAY 14TH NOVEMBER
ANIMAL FARM
10AM-10.45AM OR 11AM-11.45AM

Myuna Animal Farm Mobile Ark

FRIDAY 15TH NOVEMBER BIO DEGRADABLE POTS - 10.30AM

Join Amber from Werribee Bunnings to plant your own plant in a biodegradable pot

BOOKINGS ESSENTIAL ON 8742 3688

84 HONOUR AVE WYNDHAM VALE 3024

FREE INCURSIONS—THURSDAY 24 OCTOBER 2024

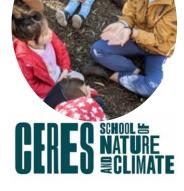
Wildlife Shelters ad habitats— 10.15am –11am

Children to explore the needs of wildlife through a fun and interactive habitat game.

Farm to Fork—11.15am -12pm

Children will meet soil superheros (worms), discover the magic of germinations through seed yoga.

Contact: 87423688. Address: 84 Honour Avenue WyndhamVale 3024



COMMUNITY SPACES AVAILABLE FOR HIRE AT IRAMOO COMMUNITY CENTRE

Meeting Rooms, Community Room and a community Hall is available for hire. Ample amenities are attached. For more information on our programs and workshops or to speak to us about hiring our space/ to arrange a viewing, please contact

Email: admin@iramoocc.com.au

Phone: 8742 3688

Website: www.iramoocc.org.au

Rooms available for Meetings, workshops, trainings, classes, private functions, community groups, and parties.

Bookings Essential!

WHAT'S ON @ QUANTIN BINNAH COMMUNITY CENTRE

Café QB—Creating Villages

Creating Villages is a not-for-profit company creating inclusive community spaces and places to advance health outcomes and reduce social isolation by providing affordable opportunities for creativity, skill development and connections. Creating Villages is supporting adults with disabilities and mental health conditions to operate the café; support our participants to learn new skills and be included in their community. Please support the team working in the café; they are working pro bono. By purchasing something yummy to eat and/or drink you are supporting Creating Villages with this social initiative venture. All money made from purchases will be re-invested into produce and supplies. Please consider Café Qb as your café of choice or for catering your morning tea or lunch function in 2024 .

The Café operates Mondays, Tuesdays and Wednesdays 8am to 4.30pm . Closed on Public and School holidays. Hours are subject to change at short notice due to volunteer availability. Contact community@qbcc.org.au or creatingvillages@gmail.com for further information.





Craft ABILITY

Adults with Disabilities (and their carers) are invited to join us to complete a different art and craft activity each week. Come along and be creative, be social and maybe enjoy something to eat from the Café menu

Date: Tuesday's during term – recommencing 23rd July 2024

Time: 10.30am

Cost: \$10 per person for weekly art project or \$15 including a

delicious morning tea

At: Café Qb, Quantin Binnah Community Centre

61 Thames Boulevard, Werribee 3030

Phone: 9742 5040,

Email: community@gbcc.org.au

Please RSVP for resourcing purposes

HIGH TEA & CRAFT

Enjoy a delicious morning tea whilst you create a themed masterpiece to take home.

Dates: Monday 14th Oct &/or Monday 11th Nov &/or Monday 9th Dec

Time: 10.30am

At: Café Qb, Quantin Binnah Community Centre,

61 Thames Boulevard, Werribee 3030

Cost: \$15 per person includes craft, morning tea & barista made hot drink

Phone: 9742 5040

Email: community@qbcc.org.au





BREAKFAST CLUB

Start the day off right! Before dropping the kid's off at kinder/childcare/school come in for some brekky together to help you fuel your day. Don't have any kid's, no problems, you're welcome too. No questions asked. Breakfast items include cereal, toast and fruit.

Dates: Monday's, Tuesday's & Wednesday's during Term

Time: 8am to 9am

At: Café Qb, Quantin Binnah Community Centre

61 Thames Boulevard, Werribee 3030

Cost: FREE

OB WALKS FOR CARERS

Inviting carers of people with disability, mental illness or aged person to attend free walking events in Victoria, connect with other carers and to learn about the supports available.

Dates: 14th Oct , 11th Nov , 9th Dec

Time: 9.30am (followed by drinks and snacks afterwards) **At:** Café Qb, Quantin Binnah Community Centre,

61 Thames Boulevard, Werribee 3030

Phone: 9742 5040

Email: community@qbcc.org.au



WHAT'S ON @ QUANTIN BINNAH COMMUNITY CENTRE



COMMUNITY SPACE FOR HIRE

We are always keen to introduce new activities, support groups and bring others together so please get in touch if you'd like to deliver something at QB or participate in something different, contact community@qbcc.org.au or 9742 5040.

Like the Quantin Binnah Facebook page

www.facebook.com/quantinbinnah and keep an eye on our pop-up events or check out www.qbcc.org.au. To discuss anything in detail email community@qbcc.org.au or call Emma or Penny on 9742 5040.

Please get in touch with the Community Development Team on community@qbcc.org.au should you have any requests for programs and activities or if you have any special skills you'd like to share with others.

At: Quantin Binnah Community Centre

61 Thames Boulevard,

Werribee 3030

Phone: 9742 5040,

Email: community@qbcc.org.au

We can't be a community without you!



Wellbeing Group

All welcome to come along and join in this fortnightly wellness session run by Mind Australia, with different topics covered each week including:

- Positive psychology
- Boundaries
- The importance of social connection
- Navigating change
- Realistic and achievable goals

Where: Quantin Binnah Community Centre 61 Thames Boulevard, Werribee 3030

Day: Fortnightly Monday during school term. (7th & 21st October, 11th & 25th November and 9th December)

Time: 1.00pm Cost: FREE

Light snacks provided at all sessions.

Mind Australia promotional items will be available for participants to take home.

For more information, please contact Robina,
Mind Australia, robina.mwollenberg@mindaustralia.org.au







Bingo MOVE Wednesday 9th AND 23rd October @ 10.00am FREE

Morning Melodies Thursday 17th October @ 10.00am

\$5 per person*

Mental Health & Wellbeing As You Age workshop Monday 28th October @ 1.00pm FREE High Tea and Craft Monday 14th October @10.30am \$5 per person*

Intergenerational Craft Tuesday 22nd October @ 2.00pm FREE

Check out our other Community Activities https://www.qbcc.org.au/ community-groups

*Activities generously subsidised by Wyndham City Council:

Quantin Binnah Community Centre
61 Thames Boulevard, Werribee 3030
To Register email community@qbcc.org.au or call 9742 5040

VARIOUS LOCATIONS	VENUE, DAY & TIME	COST	CONTACT INFORMATION
Maternal & Child Health Appointments Professional nursing support & advice for parents with children from birth to school age.	By Appointment Only		Maternal & Child Health 1300 370 567 www.wyndham.vic.gov.au select Maternal & Child Health Services
Immunisations The Wyndham City Immunisation Unit provides free public vaccinations against a range of childhood and adult diseases.	By Appointment Only		 Wyndham Immunisation Team 9742 0736 www.wyndham.vic.gov.au select Children's Services > Immunisations
First Time Parents Group Meet friendly local families to talk about your kids and have fun! Come along to share experiences, find advice, give support and make new friends.	Weekly sessions	No cost	Maternal & Child Health 1300 370 567 www.wyndham.vic.gov.au select Maternal & Child Health Services
Supported Playgroup Referrals for this service can be made by community services or families can self-refer through the Wyndham City Council website:	Weekly sessions		Child and Family Resource Team 1300 370 567 playgroup@wyndham.vic.gov.au https://www.wyndham.vic.gov.au/ services/childrens-services/playgroups/ supported-playgroups
Wyndham City Council - Kindergarten 3 & 4 Year Old Kindergarten Services. Enrol your child online.	Weekly sessions	Fees Apply	 ★ Kindergarten Enrolment Officer ① 1300 370 567 ─ www.wyndham.vic.gov.au select Children's Services > Kindergarten
IRAM00	DAY & TIME	COST	CONTACT INFORMATION
Iramoo Playgroup Playgroups are a great way for your child to interact with other children in a fun and safe environment.	Mondays 9am —11am & 11.30am—1.30pm Tuesdays 9am —11am	\$60 per family per term, \$20 per additiona I sibling	☐ Iramoo Community Centre ☐ 8742 3688 ☐ admin@iramoocc.com.au ☐ Follow us on Facebook! ☐ Bookings required
Pre-school Garden Group Enjoy a garden activity followed by free play in the garden for 1-5 years old.	Thursday fortnightly 10am—11am 10th & 24th October 7th & 21st November 5th December	Free	Call 8742 3688 to book in for this free program. Please note 24th October is a special event that requires booking.

LOLLYPOP CREEK COMMUNITY CENTRE



Lollypop Creek Community Centre is a vibrant community Centre designed to be flexible, sustainable, and innovative, the Community Centre caters diverse needs of the community, including providing a safe and welcoming space for residents to connect and access local programs closer to home.

The facility houses two multipurpose community rooms, two meeting rooms, a community kitchen, and office space for Harpley local neighbourhoods, the centre has access to new built primary schools, town centres, childcare and local businesses

The community centre embraces the experiences of Harpley residents and meet the needs through reflecting the growth of Harpley as well as aspirations of residing residents in Harpley, Lollypop Creek Community Centre provides exciting services such as MCH, Maternal Health Services and One Tree Community Services launching kindergarten in early 2025.

At 104 Shipwright Parade Werribee, if you looking for a space to run your classes or programs feel free to reach out to the community centre Team Leader, Moses Ronyi via email lollypopcreekcc@wyndham.vic.gov.au

MANOR LAKES	DAY & TIME	COST	CONTACT INFORMATION	
VicSeg Playgroup - New Futures This group is for South Sudanese mothers and children with the opportunity to talk & support one another in the local community.	Wednesday 12pm—3pm	Free	♣ VicSeg③ 8754 0500⋈ kdiacono@vicsegnewfutures.org.au	
Manor Lakes Harmony Playgroup During school terms	Fridays 9:30am—11:30am	\$60 per term	▲ Sam ⊠ manorlakesplaygroup@outlook.com	
Rhyme Time - Ages 1 - Syears These 30-minute sessions include stories, songs and rhymes designed to develop early language, literacy and numeracy skills.				
Baby Time - Ages 0 - 12months Sing, move, and bond with your baby as we share some of our favourite songs and reading tips. Story Time - Ages 3+ These 45-minute sessions include stories, songs and rhymes, & a simple craft activity designed to develop early language, literacy &numeracy			Contact: Manor Lakes Library ① 8734 8999 For session dates and times please visit: www.wyndham.vic.gov.au/services/ libraries/early-years/early-years-events-and-activities	
Bilingual Story Time - Karen and English Ages - Children of all ages Join us for 45 minutes of stories, songs and rhymes, and craft in Karen and English. Meet bilingual families, learn words in another language and help your child develop important language skills.	Refer to website for current timetable	No Cost	For session dates and times visit: www.wyndham.vic.gov.au/pop-up-library Programs during school term only	
Rhyme Time and Pop-Up Library Ages 1–5 years Join us for Rhyme Time and a special Pop-Up Library every week.				Lollypop Creek Community Centre 8734 8999 Wyndham Park, West Lawn 8734 8999
Rhyme Time at the Park and Pop-Up Library Ages 1–5 years Join us for outdoor Rhyme Time and a special Pop-Up Library every week at Wyndham Park.			For session dates and times visit: www.wyndham.vic.gov.au/pop-up-library Programs during school term only	
Quantin Binnah	DAY & TIME	COST	CONTACT INFORMATION	
3 Yr. Old Kindergarten & 4Yr Old Kindergarten QB 61 Thames Boulevard Werribee 3030	Day's & Time's vary dependant on group		Quantin Binnah Community Centre 9742 5040 admin@qbcc.org.au www.qbcc.org.au	
Woodville 82 Woodville Park Drive Hoppers Crossing 3029			For more information please visit: https://www.qbcc.org.au/enrolments	
Don't miss out on being part of our wonderful community! You will need to apply through Wyndham City Council Website first select Quantin Binnah Kindergarten.			To enrol in our Kindergarten Services apply via Wyndham City Council Enrolment Registrations portal: https://www.wyndham.vic.gov.au/services/childrens-services/kindergarten/	
https://www.qbcc.org.au/3yr-old-kindergarten https://www.qbcc.org.au/4-yr-old-kindergarten			kindergarten-registration-process	

Early reals Plograms & Activities					
Quantin Binnah	DAY & TIME	COST	CONTACT INFORMATION		
QB Childcare 61 Thames Boulevard Werribee 3030 Woodville Childcare 82 Woodville Park Drive Hoppers Crossing 3029 Our childcare provides a secure and happy environment where children can develop their intellectual, social, emotional, physical and aesthetic skills to become competent and confident individuals. Our aim is for you as the parents & guardians to feel safe in the knowledge that your child is receiving the best possible care.	Monday—Friday Centre Opens at 6.30am Centre Closes at 6.00pm Monday—Friday Centre Opens at 6.30am Centre Closes at 6.00pm	Please refer to www.qbcc.org.au for prices Childcare Subsidy applies - 13 61 50 www.childcaresub sidycalculator.com .au www.qbcc.org.au/ childcare			
Playgroup QB 61 Thames Boulevard Werribee 3030 Our Playgroup is supported by a trained educator and all activities are planned to provide a supported experience. Our facilitator also encourages parents to build strong connections by building capacity in the group and by ensuring the group is parent led. www.qbcc.org.au/playgroup	Thursdays during Term 10am—12pm	Please refer to www.qbcc.org.au for prices	Quantin Binnah Community Centre 9742 5040 admin@qbcc.org.au www.qbcc.org.au		
School Age Care Quantin Binnah has programs at 4 Wyndham locations offering: Before School Care After School Care Curriculum Day Care (dependant on numbers) Vacation Care* (school holiday program offered at 2 locations) Wyndham Locations: West grove PS and Bethany PS (West grove & Bethany program held at Quantin Binnah*), Our Lady of the Southern Cross PS, Corpus Christi PS*, St John the Apostle PS. www.qbcc.org.au/school-aged-care-1 www.qbcc.org.au/vacation-care-1	Before School Care opens at 6.30am After School care closes at 6.00pm at QB, & Corpus Christi After School care closes at 6.30pm at Our Lady of the Southern Cross & St John the Apostle. Vacation Care program QB 6.30am to 6.00pm; Corpus Christi 6.30am to 6.30pm	Please refer to www.qbcc.org.au for prices Childcare Subsidy applies - 13 61 50 www.childcaresub sidycalculator.com .au			
Storytime with JoJo Once upon a time at Café QB we met a fairy god mother, a unicorn and every other magical being in the QB community. Brings the kids along to a fun, inclusive, interactive and educative story time. Books are read by QB's very own Creative Artist and Author in Residence JoJo. When you wish upon a star anything can happen During school terms	Each Tuesday (except 1st Tuesday of month during term) 10 am. Recommencing 8th October 2024	Free	Contact: Quantin Binnah Community Centre ■ 9742 5040 □ admin@qbcc.org.au □ www.qbcc.org.au Walk-in's Welcome Parents are required to stay in attendance (your caffeine needs can be met in the Café)		
Ooey gooey Messy Play - Starting 24th July Come along and get messy with different sensory play, for any age. Parents to supervise children; children to wear clothes that can get messy.	Wednesday 's fortnightly during term Recommencing 16th October. Drop in anytime between 10.00am—11.00am	\$6 per child per session or \$10 for 2 siblings	Contact: Bianca at Creating Villages ☐ creatingvillages@gmail.com		

Wyndham Park	DAY & TIME	COST	CONTACT INFORMATION
Little Buddies Toy Library An affordable and sustainable solution for local families. Rotate your toys on a fortnightly basis without having to buy new ones. Two toy and Four toy memberships available. Open Mondays, Fridays and Saturdays. Membership Fees: \$70 per year to borrow 2 toys per fortnight \$100 per year to borrow 4 toys per fortnight	Mondays 9am—12pm Fridays 9am—12pm Saturdays 10am—1pm	Fee apply	① 0432 361 126 ① https://littlebuddiestoylibrary.com.au/join/
Hungry Caterpillars Play Group Parents, carers, and kids come together for songs, stories, craft, and play. Links to parent and carer support also available. During school terms	Tuesdays 10am—11.30am	Free	□ IPC Health □ 1300 472 432 □ IPC_wyndhamchildhealth@ipchealth.com.au Call or email to check eligibility
Wyndham Park Kindergarten Accessible early learning opportunity for children 5 years and under.	Mondays to Thursdays 9am—4pm Fridays 9am—1.30pm	Call to enquire	① 9741 6486
Sleep and Settling Sessions Wyndham MCH offers sleep and settling information sessions to support families experiencing sleep challenges. You can learn about how your child's sleep changes over time and tips and strategies on how to settle your child as they grow	Mondays 9:30am—11:30am	Call to enquire	sleepsettling@wyndham.vic.gov.au https://www.wyndham.vic.gov.au/ mcchildhealthservices
Wunggurrwil Dhurrung Centre	DAY & TIME	COST	CONTACT INFORMATION
VACCA Koorie Kids Playgroup Supported playgroup for Aboriginal children	Thursdays 12pm—2pm	Contact Tayla	Tayla S0 0455 467 931 taylas@VACCA.org

JUSTICE OF PEACE SERVICE

We are delighted to have a JP service offered to the community from the our local community centre. A JP can assist you by attesting the execution of a document, witnessing a statutory declaration., witnessing an affidavit for use in court., certifying true copies of an original document.

Where: Manor Lakes Community Learning Centre, 86 Manor Lakes Blvd

Room: Staff meeting room

Day: Wednesdays
Time: 6pm –7.45pm

No appointments required



WERRIBEE LIBRARY



Werribee Library is temporarily closed to the public from 2 September until early 2025 while critical works are underway on the Wyndham Cultural Centre upgrade, which includes works within the library.

During this time, we will operate a shuttle service (Wyndham City branded maxi taxi) from the Werribee Library to the Hoppers Crossing Library at Pacific Werribee between 10am—4.30pm, Monday to Saturday.

Visit our website for full details:

https://www.wyndham.vic.gov.au/venues/werribee-library

YOUTH SERVICES

Free Counselling

Youth and Family

A FREE counselling service for young people aged 12—25 years who live study, work and recreate in Wyndham. Youth focussed and family centred support is also available to parents and carers.

WE OFFER:

- Up to 10 free counselling sessions inclusive of family consultation sessions
- Connect you to local services

Middle Years and Family

A FREE counselling service for children aged 8—11 years and their parents or carers who are seeking primary and early intervention counselling.

WE OFFER:

- Up to 10 free individual counselling sessions
- Up to 2 free family consultation sessions to support your child's counselling plan
- Connect you to local services

Visit our website or call 8734 1355 for more information www.wyndham.vic.gov.au/youthandfamilycounsellingsupport

Young person of the month....

Wyndham City Youth Services is committed to supporting and promoting the ingenuity and accomplishments of young people across the municipality. Therefore, each month Council will select a Wyndham resident aged between 12 – 25 to be awarded the 'Young Person of the Month'.

The award aims to build the profile of young people who are positively contributing to the Wyndham community and thank them for their dedication. The selected monthly candidate will be a positive role model to other young people in the community who may have similar aspirations and goals. We know that there are a lot of young people within our community doing amazing things and we would love for them to supported and thanked for their amazing contributions at such a young age.

We encourage you to support a young person in nominating themselves for this award or you can nominate a young person on their behalf through the One Wyndham website:

https://www.wyndham.vic.gov.au/services/youth-services/awards-competitions/one-wyndham





Manor Lakes - Drop In program on Tuesday & Wednesday

Every Tuesday and Wednesday during the school term from **3.30pm – 5:30 pm**, come hang out at the **Youth Space @ Manor Lakes Community Learning Centre.**

Join us at our youth space—hang out eat snacks, play games, Uno, play table tennis, PS4 and more! Our friendly youth workers are always up for a chat. This program is for young people aged 12-17 years.

Register below to join in on the fun.

Each young person needs to complete a registration form. Please follow this link to register your interest: https://youthwyndham.com/pgm-reg

Contact: Youth Services
Phone: 8375 2346

Email: YouthInWyndham@wyndham.vic.gov.au

ON THE BALL WITH YOUTH SERVICES

Sports program

This program is for young people aged 12-25 years of age who live. work, study or recreate in wyndham.

Eagle Stadium 35 Ballan Rd, Werribee

Calling on all young people who love sport! Come and join our 'On The Ball' program which will run every Thursdays at Eagle Stadium from 4pm - 5.30pm (During the school term).

We will have basketball and soccer activities available as well as trying out any other sports that you'd like! This program is for young people aged 12-25 years of age who live, work, study or recreate in Wyndham.

Water and snacks are provided.

For more information or to register for the program, please email YouthInWyndham@wyndham.vic.gov.au or call Youth Services on 8375 2346.

Education & Training for Kids & Adults

IRAM00	DAY & TIME	COST	CONTACT INFORMATION
		1	
NEW—Looking For Work The Skills for Work (intensive) program is designed for people interested in finding work.	Wednesdays 12.30pm—2.30pm October 9th, 16th & 23rd	\$30	Enrol at www.wyndhamcec.org.au
Yoga Come join us to move, stretch, work, sweat, breathe and be still. NEW TIME	Wednesdays 7.30—8.30pm	Fees apply	Catherine 3 0416 009 024 FB: Yoga Moves West
Keep Fit with Karate Children and adult classes	Mondays & Wednesdays 5-6pm & 6pm-7pm	Fees apply	Tyrone ① 0402 593 393
Rhapsody School of Ballet Children and adult classes	Tuesdays 4pm—8:30pm Thursdays 4pm –8pm Fridays 4pm—7.45pm	Fees apply	Cristelle ① 0433 872 263 ☑ rhapsodyschoolofballet@gmail.com
Zumba An interval workout. The Classes move between high and low intensity dance moves designed to get your heart rate up and boost cardio endurance.	Mondays 7:30pm—8:30pm	Fees apply	Angela 0 0431 577 679 http://angelashegog.zumba.com
Artizzons Art Classes For children from 6 years. Classes focus on developing children's artistic skills and creativity. They will discover a variety of art materials through application and experimentation.	Saturdays	Fees apply	Lathy O 0413 527 102 Cathy Mackay@artizzons
MANOR LAKES	DAY & TIME	COST	CONTACT INFORMATION
Lynn's Learning Maths and English Tuition developed by Australian Teachers (Kinder to Year 10) covering: * Classwork and Homework * Individualised extension and remedial skills * Problem solving and mathematical skills * Creative writing techniques * Scholarship preparation * NAPLAN and ICAS preparation * Learning difficulties including disadvantaged kids	Saturdays 1pm—4pm	Fees Apply	Bhumika ○ 0434 190 266 ─ wyndhamvale@lynnslearning.com www.lynnslearning.com.au
Ceramics Classes The Course teaches students the fundamental techniques and skills associated with the medium clay. Students will be introduced to the key hand building techniques and explore various surface decorating techniques. Students will have the opportunity to try their hand at the pottery wheel.	Mondays 6:45pm—8:45pm Saturdays 9:30am—11.30am	Fees Apply	Melissa Murphy Vella Melissa.ceramics@outlook.com
The Lab South Barown The lab is a technology club for young people who identify as being on the autism spectrum who like working with computers. We offer expert mentoring in programming, 3D, digital design and gaming—as well as the chance to meet other with similar interests	Monday 5pm—7pm	Fees Apply	▲ Justin ☑ barown@thelab.org.au
Mini Movers Mini Movers is a physical wellbeing-based program that uses different sports to increase the motor skills of children. Running weekly for 6 weeks from 29th of April till the 3rd of June.	Mondays Session 1 9.30am—10.00am Session 2 10am—10.30am	Free	Tori 3 03 52249972

Education & Training for Kids & Adults

MANOR LAKES	DAY & TIME	COST	CONTACT INFORMATION
Manor Lakes Home Schooling Club Meet other home-schooled students and parents. Socialise & learn through self-directed play and interaction.	Thursdays 12.30pm –3.30pm	Fees Apply	▲ Steph☑ stephanie.mohring@icloud.com
Sri Sathya Sai Global Council Australia Ltd Human value classes for children and adults Age: 5 to 8 Years	Fridays 6.30pm—8.00pm		♣ Rashmi ① 0433 315 348 ☑ rashmi.r1301@gmail.com
Art classes with Irene These classes are done over 3 sessions each. In the last class you transfer your drawing on to a canvas. We look forward to all the creativity happening.	Thursdays 5pm—7pm	Fees Apply	☐ Irene ① 0452 493 207 ☑ artwithirene@hotmail.com
Family History Group Join a Family History Group to learn about new resources, share your knowledge and meet others who are researching their family history.	1 st Tuesday of the month, 2pm – 3.30pm		
IT Help One on One Do you need some focused support with computers or technology? Free digital training is available. Book a One on One IT help session, and our friendly staff will help you. Bookings Required	Tuesdays 10am – 11am Fridays 2pm – 3pm Online Weekdays 10am—11am	-	▲ Manor Lakes Library ① 03 8734 8999 For session dates and times please visit: www.wyndham.vic.gov.au/family-local-history
English Conversation Ages 18+ At English Conversation you can practise your English skills, meet new people, and learn from others. This is a great way for you to connect with the community and maybe even make new friends.	Thursdays 1pm – 2pm		
Beginner's Computer Class Ages 18+ Join us for a fun and interactive 4-week program designed for beginners to learn all about computers. Whether you're a complete novice or just want to brush up on your skills, this in-person event is perfect for you! Bookings Required	Wednesday's 10.30am-12pm (4weeks)	Free	For more information and bookings: www.wyndham.vic.gov.au/adult-events -and-activities For bookings visit: www.wyndham.vic.gov.au/services/ libraries/adults/library-it-programs
Introduction to Microsoft Word Ages 18+ Learn how to create documents comprising text and images using Microsoft Word in a one-off 1.5-hour program aimed at people with only basic knowledge of computers. Bookings Required	Wednesday 27th November 10.30am – 12pm		Bookings Required for all library programs
Introduction to Microsoft Excel Ages 18+ Learn how to create spreadsheets to incorporate data and formulas using Microsoft Excel in a one-off 1.5-hour program aimed at people with only basic knowledge of computers. Bookings Required	Wednesday 4th December 10.30am – 12pm		
Junubi Wyndham Homework Club Junubi Wyndham will be running Homework Club at the nominated centres to support African Australian Students south Sudanese background.	Thursdays 3.30pm—5.30pm	Free	Poly Kiyaga 0 0434 178 753 □ poly.kiyaga@wyndhamcec.org.au

Education & Training for Kids & Adults

Quantin Binnah	DAY & TIME	COST	CONTACT INFORMATION
CAPACITY BUILDING @ CAFÉ QB Would you like to learn new skills, gain experience in a café and meet new people? Do you have Core supports in your NDIS plan? Participants are required to be self or plan managed	Monday, Tuesday or Wednesday for 2- hour blocks	Supports provided at NDIS unit costs.	Quantin Binnah Community Centre 9742 5040 admin@qbcc.org.au www.qbcc.org.au
Home Schooler Cooking Class Learn some basic cooking, baking and healthy eating skills with other home schooled students. Numbers are capped per session and weekly registration required	Wednesday's from 1.30pm in Café QB Recommencing 9th October 2024	\$10 per person or \$15 for 2 siblings	or Bianca at Creating Villages Creating villages @gmail.com Bookings required
Easy English Carol will help you learn and practise English in a fun, informal manner. EAL beginners practise new words and build useful basic English skills. Learn and practise in a safe and inclusive environment. Come along whenever you can.	Wednesdays 10am—11am (School term only) Commencing 9th October 2024	Free	Quantin Binnah Community Centre 9742 5040 admin@qbcc.org.au www.qbcc.org.au

Recreation & Leisure for Kids & Adults

IRAM00	DAY & TIME	COST	CONTACT INFORMATION
Seniors Craft Activity	1 st Monday of the month 10.30am	FREE	
Supported Art Class	Tuesday 1pm—2pm	\$5	♣ Iramoo Community Centre ③ 8742 3688
Bingo Moves Join us for fun interactive exercise program— combining gentle movement and stretches with a game of Bingo and music.	Wednesday Fortnightly of the month 10am—11.00am	Free	
NEW—Textured Painting Come and learn how to make your own textured painting.	Thursday 17th October 10am—11am	\$5	
Wyndham Vale Men's Shed Located - Wyndham Vale Master's car park	Fridays 10am—3pm	Fees apply	Greg/Chris 0 0438 962 252/0419 820 140
MANOR LAKES	DAY & TIME	COST	CONTACT INFORMATION
DK Alayam School of Music & Dance	Monday 6pm—7pm Tuesday & Thursday 5:30—7:30pm	Fees apply	Krithika O424 517 021 krithikad.1989@gmail.com
Nrithyopasana school of Bharatanatyam Ages: 5+ to adults Bharatnatyam -Indian classical dance	Fridays 6.00pm—7.00pm	Fees apply	Lalitha Narayanan O 0429 313 826 ☐ nrithyolalitha@gmail.com
JK Natyalaya Kathak Indian Classical Format for all age groups	Tuesdays 5pm-9pm	Fees apply	▲ Kanimozhi① 0470 173 229
Nrityaarpana Dance Academy Join Nrityaarpana and get trained in both theory and practical details and intricacies of Bharatnatyam (Indian Classical dance)	Wednesdays 6pm—7.30pm	Fees apply	Rekha jayaraman Outlook.com
Zumba with Angela Latin inspired dance & Fitness Classes	Thursdays fortnightly 7.30pm—8.30pm	Fees apply	Angela Joyce ① 0431 577 679 ⊠ angelashegog.zumba@gmail.com

Recreation & Leisure for Kids & Adults

MANOR LAKES	DAY & TIME	COST	CONTACT INFORMATION
Craft and Conversation and Pop-Up Library Ages 18+ Are you a craft lover? Join our monthly program to create a new craft each session. Materials are free, conversation is included, and you can take home your finished project.	1 st Thursday of the month, 2pm – 4pm	Free	Little River Mechanics Institute Hall 8734 8999 For session dates and times visit: www.wyndham.vic.gov.au/pop-up-library
Yoga Meditation and Healing 365 Yoga is a mind and body practice. We provide Hatha yoga and Astanga Yoga styles of yoga which combine physical postures, breathing techniques. Meditation Leading to relaxation	Tuesdays 4pm—5pm- Kids 5pm –6pm - Teens Saturdays 8.30am—9.30am (Adults)	Fees apply	▲ Anu ⊠yogameditationandhealing365@gmail.com
Craft and Conversation Ages 18+ Are you a craft lover? Join our monthly program to create a new craft each session. Materials are free, conversation is included, and you can take home your finished project. Lego Club Ages 5+ Come along to your library every week to design,			≜ Manor Lakes Library
build and imagine with Lego. Hang out with kids who enjoy Lego and check out our Lego books. All Ages Chess All ages Novices and experienced players are welcome. Enjoy a game with your friends or family and meet other Chess enthusiasts in the Library!	Refer to website for current timetable	Free	Tor session dates and times visit: www.wyndham.vic.gov.au/services/libraries/ youth/youth-events-and-activities
Games Club Ages 7+ Looking for something to do after school? Join us for console, PC Multiplayer gaming and more! Learn to play new games, show off your skills and hang out with your friends. No bookings required.			Bookings required for all programs
Kids Club Ages 5+ Come and join in a different activity every week. Make new friends & have lots of fun. No bookings required. During school term only			
Wyndham Park	DAY & TIME	COST	CONTACT INFORMATION
Sewing at WPCC Informal sewing sessions with guidance from an experienced seamstress. Alterations, mending, or new projects.	Wednesday's 9am—12pm	Free	■ Waan Tardif① 9742 7298
Knitting and Crochet at WPCC A multicultural women's knitting and crochet session with a professional teacher.	Every second Wednesday 9am—12pm		admin@wyndhamparkcc.com.au
Chatty Café @ WPCC Stay connected with your community in a comfortable and safe social venue while sharing a delicious cuppa. Have a chat. Everyone is welcome!	Thursdays 9am—12pm	Coffee, tea and soft drink \$2	① 03 9742 7298 ☑: admin@wyndhamparkcc.com.au
Werribeeks A group for beekeepers in and around Werribee and surrounding Suburbs to share information, tips, and ideas	Contact for more information		✓ Werribeeks@gmail.com✓ https://www.facebook.com/groups/Werribeeks/
Catholic Care Victoria Inc After school hour youth support group for Karen youth & Health and Wellbeing group (Wyndham)	Call to enquire	Call to enquire	Lulu Johnny 3 03 9689 3888 □ lulu.johnny@catholiccarevic.org.au

Recreation & Leisure for Kids & Adults

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Wyndham Park	DAY & TIME	COST	CONTACT INFORMATION
Ceramics Learn the fundamental techniques and skills associated with clay including key hand building techniques. Suitable for all levels of experience.	Mondays 9:30am -12:30pm Tuesdays 9:30am -12:30pm	\$250 / term of classes on either Mondays or Tuesdays	
Mosaics 10 mins to learn, a lifetime to master. Come along and learn the basics of mosaics and start working on pieces straightaway. Additional fees for materials per term	Wednesdays 9:30am -12:30am	\$75/year (for Shed membership)	 ▲ Wyndham Park Community Shed ① 03 8742 6448 ☑ Shed@wyndhamparkcc.com.au
Men's Shed Learn new skills, lend a hand, or come for a cuppa with fellow guys. Includes woodwork, metalwork, the bike hub, gardening, and electronics	Tuesdays and Thursdays 9.00am-3.00pm	\$75/year (for Shed membership)	Online enrolment via Social Planet
Women's Shed (Kookaburra Girls) Learn skills for woodwork and metalwork from knowledgeable people	Mondays 9.00am-3.00pm	\$75/year (for Shed membership)	
Quantin Binnah	DAY & TIME	COST	CONTACT INFORMATION
Home Schooler Social Club Meet other home-schooled students. Socialize and learn through self-direction.	Tuesday's from 1pm in Café QB During school term	Free BYO Board games or activities	
Australian Crochet Community All welcome to drop in and crochet and chat or do another craft. Café QB is open to nourish your needle needs	Saturday's 10am—2pm October 19th November 16th December 21st	BYO crochet/ craft project and supplies	Bianca at Creating Villages□ creating villages@gmail.com
Craft & Caffeine Drop in for a chat and cuppa anytime. Complete special themed craft activities. During school term.	Monday, Tuesday, Wednesday 8am—4.30pm	Gold coin donation for craft if you're able.	
Crafternoon Be imaginative! Be inventive! Come and create a themed masterpiece. During school term.	Tuesday's 3.30pm –4.30pm	Free—gold coin donation appreciated.	
Chatty Café—Starting 7th October The aim of Chatty Café Australia is to help connect communities and increase social interactions by getting people chatting. Join others at the chatty table to "chat"	Mondays 10.00am (School term only)	Gold coin donation.	 Quantin Binnah Community Centre community@qbcc.org.au 9742 5040
Bingo Move Bingo Moves is best described as a fun, interactive exercise program combining gentle movements ad stretches.	Wednesday's fortnightly— During school term. Staring Starting 9th October	Gold Coin Donation.	www.qbcc.org.auwww.facebook.com/quantinbinnahOR www.facebook.com/craftandcaffeine
Craft ABILITY—Starting 8th October Adults with Disabilities (& their carers) are invited to join us to complete a different art and craft activity each week. Come along & be creative, be social and maybe enjoy something to eat from the Café menu. \$10 per person for weekly art project or \$20 including a delicious morning tea	Tuesdays From 10:30am Recommencing 8th October 2024 During school term	Fees apply	To make a booking and advise of dietary requirements ♣ Quantin Binnah Community Centre ① 9742 5040 ☑ community@qbcc.org.au

Recreation & Leisure for Kids & Adults

Quantin Binnah	DAY & TIME	COST	CONTACT INFORMATION
Crossroads Square Dancing Do you want to keep fit, have fun, socialise, stimulate your mind, improve your health, and laugh with new friend? No dancing experience needed.	Wednesday evening's 7.30pm	Pay as you go no lock in contract	Lall or text Howard ① 0417 025 828

Faith, Cultural & Community Groups

Faith, Cultural & Community Groups				
Wyndham Park	DAY & TIME	COST	CONTACT INFORMATION	
Forerunner intl Melbourne Community Christian Church – "We believe that Gods Word is inspired by His Spirit and that every letter of every word has a body, soul, spirit and is alive."	Tuesday 7pm-10pm		Deniis Outside Deniis Outside Deniis Outside Deniis Outside Deniis Outside Deniis Outside Deniis Outside Deniis Outside Deniis Outside Deniis Outside Deniis Outside Deniis	
CWA Werribee Branch The CWA is a great way for the development of friendships, personal development and advocacy on various social issues. Apart from our formal meeting we also have various social outings, fundraising events and craft gatherings.	Monthly Meetings 3rd Wednesday of the month at 12pm. Afternoon tea provided.	Annual Members hip Fee. Ask for more details.	▲ Michelle Buck ① 0407 207 801	
U3A Health and Wellbeing Learn about the values of healthy eating and nutrition. Includes meditation and relaxation.	Wednesdays 1:00 pm—2:30 pm	Contact for more informati on		
U3A Mahjong Chinese tile game. Includes Eastern and Western styles. Played in groups of four. Great for assisting with concentration, mental dexterity, patience, and persistence.	Thursdays 12:30 pm – 3pm	Contact for more informati on	Å Rick	
U3A Mosaics The art of fitting, shaping, and cutting irregular pieces of coloured stone or glass to create pictures or attaching pieces of glass to pottery. Great for relaxation, creativity, and social interaction.	Wednesday's 9.30am—12pm	Contact for more informati on	Rick Output Description Rick Output Description Rick Output Description Rick Output Rick Description Rick Output Description Description Rick Output Description Description Rick Output Description Description	
U3A Yoga for Seniors Includes chair yoga. Group taken by professional yoga teacher. Assists with increased flexibility, strength, and tone, maintaining balance.	Thursday's 1pm—2.30pm	Contact for more informati on		
MANOR LAKES	DAY & TIME	COST	CONTACT INFORMATION	
Assembly of Saints Church activities	Sundays 9am—12pm	Free	♣ Hamu① 0469 694 871	
Church Universal of Jesus Christ Incorporated Church Service	Sundays 1.00pm—4.00pm	Free	▲ Magmumu Hatari Eli① 0466 076 803	
Church of Christ - (Iglesia Ni Cristo) Church gathering and Choir	Mondays 7pm—10pm Saturdays 6pm—10pm	Free	▲ Alfonso Ocon ① 0451 041 711	

Faith, Cultural & Community Groups

Quantin Binnah	DAY & TIME	COST	CONTACT INFORMATION
Beginners Sewing for Life Class WWSG are running fortnightly classes for those wishing to learn new sewing skills. Children 10+ can participate with an adult. Materials provided but students are requested to BYO own sewing kit and own sewing machine to learn on. With an emphasis on sustainable living why not gain the skills to recycle and repurpose items you have.	Thursday's fortnightly during school term 10am—12pm October 10th & 24th November 7th & 21st December 5th	Up to \$10 per class	Tania Kelaart — Wyndham Women's Support Group 0423 051 686 Wyndwomens.sg18@gmail.com
Conversation with Florence Florence is looking for multicultural women (or Men) to have a casual conversation with. People who likes to share their journey to Australia, talk about any cultural struggles you have, or just need a chat with someone who understands the challenges of coming from a no-English speaking background	Monday's Monthly 11am October 14th November 11th December 9th	Free	
Musical Melodies with Trish Simpson Come and join us for special themed morning melodies. Enjoy a fun morning of music and singing including a lovely morning tea including freshly baked goods and barista made hot drink.	Thursday 17th October and/or 5th December Morning tea from 10am	\$10.00 for morning tea and tunes	Quantin Binnah Community Centre 9742 5040 community@qbcc.org.au www.qbcc.org.au
Craft & High Tea Sessions Enjoy a delicious morning tea whilst you create a themed masterpiece to take home. For more information, make a booking and advise of any dietary requirements please call the centre.	Monday 14th October &/or Monday 11th November &/or Monday 9th December at 10.30am	\$15 per person includes craft activity and high tea	
Wunggurrwil Dhurrung Centre	DAY & TIME	COST	CONTACT INFORMATION
Aboriginal Wellness Foundation – Cultural	Fortnightly	Contact for	

Aboriginal Wellness Foundation – Cultural mentoring activities for Aboriginal people and parents/carers

Tuesdays,
Wednesdays &
Thursdays

6:30pm-8pm

Contact for details



Maureen Smith

0467 794 256

Ceo@aboriginalwellnessfoundation.org.au

MANOR LAKES LIBRARY

For more information contact Manor Lakes Library on 8734 8930.

Library Opening hours are:

Monday 10am - 6pm
Tuesday 10am - 6pm
Wednesday 10am - 8pm
Thursday 10am - 6pm
Friday 10am - 6pm
Saturday 10am - 4pm
Sunday Closed



FOOD BANK MANOR LAKES

Food bank operates from the centre during School term. Donations of non perishable food items are welcome.

At: Manor Lakes Community Learning Centre,

Day: Wednesdays (Operates during school terms only)

Time: 12pm - 1:30pm

Email: foodbank@wynlife.com.au



Social & Support Groups

	DAY & TIME		CONTACT NEODMATION
IRAM00	DAY & TIME	COST	CONTACT NFORMATION
NEW—Aged Care and Community Services Come and join the IPC Health care finder service where they will share information on My Aged Care and the types of support available, carer services, how a care finder can support an individual and more. Morning Tea will be provided.	Monday 28th October 10am	Free	♣ Iramoo Community Centre
NEW—Green Thumb Social Join us as we get together to maintain our community garden.	First Wednesday of the month 10am – 11.30am	Free	② 8742 3688 ☑ admin@iramoocc.com.au
NEW—Seniors Event Join entertainer Paul Hogan and his "swing classic show" followed by a light lunch. Bookings Essential	Monday 21st October 11am—1pm	\$5 per person	
Cooking with Wyndham Women's Support Group 28th October—Sri Lankan noodles with chicken curry 25th November—Dosa and sambar with chutney.	Monday 28th October and Monday 25th November 10.30am—12.30pm	\$10 per session	
AA Werribee Group	Fridays 7pm— 9pm	Contact Susanna	Susanna 0 0411 143 412
Australian Youth Community Centre	Friday's 1pm—2pm		▲ Nasser ① 0425 544 600
Art/Painting/Drawing Group Self lead, bring in your current project and work on it in a social setting	Thursdays 10am – 2pm	Free	
Don't Worry Be Happy Chronic Pain and Depression Support Group	Wednesdays Fortnightly 10am—12pm	Free	▲ Iramoo Community Centre
Senior Morning Melodies Come for a fun morning and light morning tea	3 rd Monday of the month 10.30am – 11.30am	\$5	① 8742 3688 admin@iramoocc.com.au Follow us on Facebook!
1000 Hearts Join us and sew hearts to give to people struggling with a wide variety of challenges like loneliness, mental illness, sickness and bereavement. Help us to bring some cheer to those in need. All material will be supplied by the Centre.	Contact centre https:// www.1000hearts.com.au/	Free	Follow us off Facebook:
Manor Lakes	DAY & TIME	COST	CONTACT INFORMATION
WCEC Settlement Services Provide Case work predominantly to humanitarian entrants (refuges) under five years of arriving in Australia in Wyndham Vale / Manor Lakes, mostly individuals from Burma, including Karen, Karenni, Chin and Kachin communities.	Mondays 9am—1pm No appointment required	Free	♣ Eh Su① 0412 152 892⊠ ehs@wyndhamcec.org.au
Thee Coffee Table Come along and get to know new friends over coffee and a chat	Thursday 9am—3pm	Free	♣ Sally ★ theecoffeetable2021@gmail.com
Food Bank Manor Lakes Providing food items to people in need. School terms only	Wednesdays 12pm –1.30pm	Free	♣ Pynqi☑ foodbank@wynlife.com.auFacebook - Food Bank Manor Lakes



Are you looking to try a new sport this Winter, or maybe return to an activity you did a while ago? Joining in an activity is a great way to keep motivated and find new friends. Being active makes us feel better – they say it's the best medicine – it lifts our mood, can help us de-stress, improves sleep and gives us more energy. You can join in free sessions and try out different activities to help you work out what you would like to do.

Find out what's available here: www.wyndham.vic.gov.au/wintersport

Social & Support Groups

MANOR LAKES	DAY & TIME	COST	CONTACT INFORMATION
Youth Counselling Ages: 12-25 years Free, confidential counselling for young people.	By appointment only	Free	▲ Wyndham Youth Services③ 8734 1355⋈ youthinwyndham@wyndham.vic.gov.au
Quantin Binnah	DAY & TIME	COST	CONTACT INFORMATION
Wonderwomen A social support group for women in Wyndham. Make some new friends, have a chance to relax, support each other and focus on yourself. Some activities may incur a charge but this will be advertised in advance. Please BYO a coffee cup to assist with our sustainability practices.	Thursdays Join other women at 9.30am New activity weekly	Free gold coin donation appreciated	Quantin Binnah Community Centre9742 5040
JoJo & Puppet Pals—Starting 8th October Josie, Rosie and the gang will be hanging out in Café QB. Come and be entertained by our puppet friends whilst you enjoy some delicious morning tea. Or just come for a chat & cuddle. Believe it or not, puppets can help us to develop and foster social connections and emotional awareness.	Each Tuesday (except 1 st Tuesday of Month During term @ 11.00am.	Free	admin@qbcc.org.au www.qbcc.org.au
Wyndham Parent Support Network Support for parents and carers who have a child with a disability or developmental delay from birth to 18 years of age. New members welcome	First Monday of the month (except public and school holidays) 10am—12pm	Free	Strengthening Parents Support Program Facilitator ▲ Sonia Savanah ① 0448 015 023 ☑ Sonia.Savanah@mackillop.org.au
Breakfast Club Before dropping the kid's off at school come in for some brekky together to help you fuel your day. Don't have any kid's, no problems, you're welcome too. No questions asked. Breakfast items to include cereal, toast and fruit.	Monday's, Tuesday's & Wednesday's 8am During Term in Café QB	Free - gold coin donation appreciated but not expected	Bianca at Creating Villages
CAFÉ QB Please consider Café QB as your café of choice or for catering your morning tea or lunch function in 2024. By purchasing something yummy to eat and/or drink you are supporting Creating Villages with this social initiative venture. All purchases are re-invested into the delivery of the cafe. Look out for weekly special's and events.	QB café open on Mondays, Tuesday's & Wednesday's 8am to 4.30pm Hours subject to volunteer availability	Please refer to daily menu @ Café QB for prices. Daily Specials Available	
Connecting Carers This group is to provide strategies to support positive health and wellbeing outcomes for carers and is a safe space for parents and carers who care for a person with a disability, aging and related issues, mental health, chronic health conditions, you may be caring for a neighbour, a family member or parenting a child with developmental delay, or a friend. Join the Brotherhood of St Laurence (BSL) and Quantin Binnah Community Centre for a cuppa and free morning tea in a relaxed setting.	Monday 28th October 25th November 9th December 10am-12pm	Free	 Emma 9742 5040 Community2@qbcc.org.au Hang Nguyen email: 0490 940 820 hang.nguyen@bsl.org.au
MIND Wellbeing Group. A casual chat facilitated by experienced Community Mental Health Practitioners that covers topics such as healthy eating, Mindfulness, Goal setting, anxiety/depression, self-care, healthy lifestyles or whatever you feel like talking about. Facilitators will be available for 1:1 chats & referrals after session	Fortnightly Mondays (except Public Holidays) at 1.00pm Starting 7th October	Free	Tarsha Lee Lead Practitioner Family Practitioner 0 0459 388 766 □ Tarsha.Lee@mindaustralia.org.au www.mindaustralia.org.au

Social & Support Groups

social a support aloups				
Quantin Binnah	DAY & TIME	COST	CONTACT INFORMATION	
Walks for Carers Info Session Inviting carers of people with disability, mental illness or aged person to the launch of our free carers walking group. We are committed to making our sessions accessible and inclusive, contact us for accessibility requirements. www.nhvic.org.au/walks-for-carers-ncc	TBC	Free	③ 9742 5040☑ community@qbcc.org.auSCAN THE QR CODE TO FIND OUT MORE!	
Café QB Marketplace Homemade items available to purchase. Support our community of budding entrepreneurs. All artists have a disability, mental health concerns or are a start-up venture /seed project.	Mondays Tuesdays & Wednesdays during term in Café QB	Items individuall y priced starting from \$4	Quantin Binnah Community Centre9742 5040admin@qbcc.org.auwww.qbcc.org.au	
Community Connector The Community Connector team can provide specific information and referral/s to local supports & services tailored to meet the needs of the individual.	Thursday's 8.30am—5.00pm Drop in or make an appointment.	Free	Please call 8734 4514, if you need to speak with a Community Connector directly or email communityconnector@wyndham.vic.gov.au	
Wyndham Park	DAY & TIME	COST	CONTACT INFORMATION	
Wyndham Park Community Store Food relief program for the Wyndham Community. For families in Werribee and Hoppers Crossing only	Thursdays 9:30am—11.30am	\$5 each entry, once a week	Wyndham Park CC● 9742 7298□ admin@wyndhamparkcc.com.au	
Wyndham Women's Support Group Women from different backgrounds and different cultures come together each week to provide support and friendship to one another	Fridays 10am—1pm	Free	▲ Tania ☑ Wyndwomens.sg18@gmail.com	
Psychology Support No gap, confidential service provided by provisional psychologists. Booking and referral required Referral required	Depending on individual booking	Free	① 03 4250 8134	
genU – Life Skills Life skills learning program.	Wednesdays 1—3pm	NDIS	• 2:21:	
genU- Food Preparation program Learn basic cooking skills, work as a group and enjoy the food	Thursdays 9—3pm	Funding & program fees	♣ Pri Dhir☑ Pri.dhir@genu.org.au	

Seniors Activities

MANOR LAKES	DAY & TIME	COST	CONTACT INFORMATION
Club 60 Wyndham Vale Group for Indian seniors who are involved in the welfare of society by helping isolated seniors to participate in activities.	Mondays, Tuesdays and Fridays 12.30pm—2.30pm	Contact Harbans Sodhi	Harbans Sodhi 0 0470 765 346 □ harbans_sodhi@yahoo.com.au
Seniors program - Fun & Fitness A gentle exercise program for seniors providing a fun, social and safe way to active. Learn to move confidently & improve your fitness level.	Mondays 11am—12pm	Fees apply	③ 8734 8934⋈ manorlakesclc@wyndham.vic.gov.au
Wyndham Patchworkers A community minded group, meeting to do patchworking, quilting knitting, crochet and other needle craft, whilst sharing friendship. We make community quilts and raise funds which we gift to a range of charitable causes chosen by our members.	2nd & 4th Saturday of the month 9.30am—4pm	Fees apply	Donna Morris 0 0417 268 887

SUPPORT & SERVICES

Food Bank Manor Lakes Providing food items to people in need.

Day/Time: Wednesdays 12pm—1:30pm (During school terms only)

Address: Manor Lakes Community Learning Centre, 86 Manor Lakes Boulevard, Manor Lakes

Email: foodbank@newstart.org.au

Facebook: https://www.facebook.com/community.food.assistance/

Uniting Wyndham Food parcels and food vouchers for people with little to no income. Can also assist with other material aid (like clothing/bedding) by specific request. *All assistance including food parcels and vouchers are provided by appointment*

only

Day/Time: Monday to Friday 10am to 2pm. Food assistance via phone appointments 10am-2pm

Address: 1 Duncans Road, Werribee (entrance door around the corner in Watton Street)

Phone: 9051 2000

Email: wyndham.reception@vt.uniting.org

Salvation Army Community Support and Emergency relief— Phone assessment required for Financial assistance in the

form of food parcels and vouchers.

Day/Time: Monday, Tuesday, Wednesday 9:30am—2pm and Thursday from 9:30am—1:45pm

Address: 209 Watton St Werribee

Phone: 9731 1344

Wyndham Park Community Centre Foodbank Has cultural appropriate food for Karen, Indian, African and Muslim

communities. For Werribee and Hoppers Crossing residents only

Day/Time: Every Thursday 9.30am to 12pm. **Address**: 55/57 Kookaburra Avenue, Werribee

Phone: 9742 7298

Email: admin@wyndhamparkcc.com.au

Wyndham Youth Services Foodbank Wyndham City Youth Services foodbank service is available for young people of 12-

25 years who are struggling and need assistance. Includes baby items, formula and nappies if in stock.

Day/Time: Monday to Friday 9am-5pm, call to arrange a pick up **Address:** Youth Resource Centre, 86 Derrimut Rd, Hoppers Crossing

Phone: 8734 1355

Hoppers Crossing Equip Church Drive through service between 9am until stock last to pick up Food parcels.

Day/Time: Wednesday only

Address: 147-155 Hogans Road, Hoppers Crossing

Phone: 9748 9177

Email: equipcommunityservices@swcc.org.au

Jamieson Way Food Relief Program Bookings essential, no walk ups. Contact directly to make special request around dietary requirements.

Day/Time: Tuesdays - Food relief runs weekly to community members in need. Please contact for collection details

Address: Jamieson Way Community Centre, 59 Jamieson Way, Point Cook

Phone: 9395 3777

Email: admin@jamiesonwaycc.org.au

Point Cook Food Bank Available to all members of the community, no questions asked. Provide your own bags if possible.

Day/Time: Sundays 1pm to 3pm

Address: Cross Cultural Church, 7 Adelphi Boulevard, Point Cook (alongside Sneydes Road, near Alamanda entrance)

Email: foodpantry@crossculturepointcook.net.au or contact via **Facebook:** https://www.facebook.com/pointcookfoodbank/

Tarneit Foodbank run by the Epiphany Church to support community members of all ages. No referrals needed. Includes fresh food, frozen food and dry goods.

Day/Time: Every Tuesday 10.30am-11.30am

Address: Penrose Promenade Community Centre, 83 Penrose Promenade, Tarneit

Phone: 8734 4500

Facebook: https://www.facebook.com./TarneitFoodBank/



Come along to Manor Lakes Spring Fest

Free activities including

30 minute dance workshop Polynesian infusion performance Free BBQ

Youth Services Street surfer bus

An alcohol, drug and vape-free event

Friday 29 November 3pm -6pm

86 Manor Lakes Blvd, Manor Lakes

