# THE BUZZ

# **Wyndham Central**

Arndell Park Community Centre
Dianella Community Centre
Penrose Promenade Community Centre
The Grange Community Centre
Tarneit Community Learning Centre



Victorian
Seniors
Festival
2024

1-31 October



Scan me to explore what's on in Victoria









EXPLORE. ENGAGE. EVOLVE.

**Arndell Park Community Centre** 

**Dianella Community Centre** 

**Penrose Promenade Community Centre** 

**The Grange Community Centre** 

**Tarneit Community Learning Centre** 



arndellparkcc@wyndham.vic.gov.au

DianellaCC@wyndham vic gov a

PenrosePromenadeCC@wyndham.vic.gov.au

enquiries@grangecommunity.org.au

tarneitclc@wyndham.vic.gov.au



Phone: (03) 8734 8911

Phone: (03) 8742 8300

Phone: (03) 8734 4500

Phone: (03) 8742 8000

Phone: (03) 8734 6040

# Seniors **Festival** 2024

# Victorian PROGRAMS ACROSS TARNEIT AND TRU-**GANINA**

# EXPLORE. ENGAGE. EVOLVE.

Make your Own Tote Bag Tuesday 1st & 15th October 10 am-1 pm

@ Arndell Park

Self Defence for Seniors Wed 9th & 16th October 11.30am-1pm @ Arndell Park

Chair yoga Thursday 10 October 10 am-1 1am @ Arndell Park

**Board Games Bonanza** Wednesday 30 October 11am-2 pm

@ Arndell Park

Afternoon Tea Performance with Frankie Thurs17 October 1:30-3.30pm @ Dianella

Seniors sharing culture Monday 28 Oct ober 12pm-2 pm @ Penrose

**Green Thumbs Workshop for Grand Parents** 

Tuesday 1 October 11-12:30am @ Tarneit

80s Dance Party (\$30) Wednesday 23 October 11am-2 pm @ The Grange

**Managing your Pass**words with Bitwarden Monday 21 October 10:30-12 pm @ Julia Gillard Library

Monday 7 October 10 am-12

@Truganina Community Centre

Scan me to explore what's

**Mosaic Crafts** Friday 18 October 10 am-1 @Koomail Tardy Community Centre

Seniors Exercise Session Thursday 31 October 10:45 am-12 pm @Koomail Tardy Community

Centre



Bollywood Dance Workshop Friday 25 October 11am-12.30 pm @Koomail Tardy Community Centre



### YOUR COUNCIL CLOSE TO HOME

Did you know a range of council enquiries and transactions are available such as:

### **Council payments**

- Kinder enquiries
- Pet registrations
- Rates enquiries
- Rates payments
- Waste enquiries

No cash payments are accepted



9am—5pm from Monday to Friday at the Tarneit Community Learning Centre 150 Sunset Views Blvd, Tarneit tarneitclc@wyndham.vic.gov.au 8734 6040



### **ACKNOWLEDGEMENT OF COUNTRY**

Wyndham City Council recognises Aboriginal and Torres Strait Islander peoples as the first nation peoples of Australia. We acknowledge the Bunurong and Wadawurrung Peoples as Traditional Owners of the lands on which we provide community services.



The Wadawurrung and Bunurong Peoples have and always will belong to the Werribee Yalook (river), creek, stars, hills and red clay of this country. We pay respect to their Ancestors and Elders who always have and always will care for Country and community today and for future generations.

### **COMMUNITY CONNECTOR**

### Support - Inform - Connect

Wyndham's City Community Connectors are available to assist all residents in our community to access the services they need and empower them to make informed decisions. The Community Connector team can provide specific information and referral/s to local supports & services tailored to meet the needs of the individual. Some of the services may include:

- Information and assistance accessing services for e.g. My Aged Care, NDIS , HACC PYP
- Links to social support and community groups/activities
- Information and referrals for emotional support, counselling, food relief and material aid
- Advocacy support and information



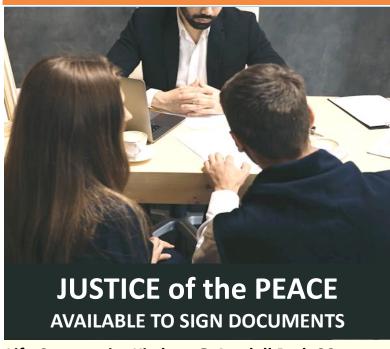


Wednesday's @ Dianella Community Centre - Francis

Call 8734 4514 and ask for a Community Connector or email <u>communityconnector@wyndham.vic.gov.au</u>

Interpreter Services can be organised on request.

### SERVICES OFFERED AT ARNDELL PARK COMMUNITY CENTRE



### Justice of the Peace is available

Need a document witnessed/certified?

For large quantity witnessing, please call to book. But if you just need one or two items witnessed, no appointment will be necessary.

A Justice of the Peace is located at Arndell Park Community Centre 29-49 Federation Blvd, Truganina

Thursday's 10am to 1pm

### For more information

Contact: Angelo Auciello Esq, JP

① 0414 689 206

⊠ cgvf10@gmail.com

### Life Community Kitchen @ Arndell Park CC

Bring your family, friends, neighbours or come alone for a Free Hot Dinner.

Mondays

6 - 7pm

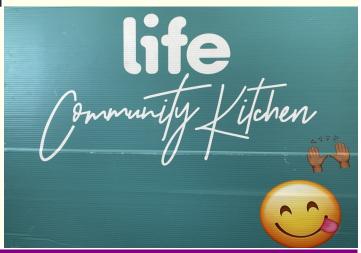
**Excluding Public Holidays** 

No bookings required

For more information

Contact: Life Community Kitchen 

☐ communitykitchen@lifeau.org



### SENIORS WEEK AT TARNEIT COMMUNITY LEARNING CENTRE

On Tuesday 2<sup>nd</sup> of October, the Tarneit Community Learning Centre hosted a Green Thumb workshop to celebrate Seniors Week. The event is celebrating the role and contributions of Grandparents to grandchildren. Grandparents and grandchildren enjoyed making bouquet of flowers, planting broccoli seeds, decorating pots and having morning tea. The event successfully created the importance of having the strong relationship between grandparents and grandchildren.







Free

### Wyndham City Council Services across centres

VARIOUS LOCATIONS	VENUE, DAY & TIME	CONTACT INFORMATION
Maternal & Child Health Appointments Professional nursing support & advice for parents with children from birth to school age.	Various Community Centres By Appointment Only	Contact: Maternal & Child Health  1300 370 567  www.wyndham.vic.gov.au select  Maternal & Child Health Services
Immunisations The Wyndham City Immunisation Unit provides free public vaccinations against a range of childhood and adult diseases.	Various Community Centres By Appointment Only	Contact: Wyndham Immunisation Team  1300 370 567  www.wyndham.vic.gov.au select Children's Services > Immunisations
First Time Parents Group Meet friendly local families to talk about your kids and have fun! Come along to share experiences, find advice, give support and make new friends.	Various Community Centres Weekly sessions	Contact: Maternal & Child Health  1300 370 567  www.wyndham.vic.gov.au select  Maternal & Child Health Services
Supported Playgroup A playgroup that aims to meet the needs of vulnerable families in our community. Referrals for this service can be made by community services or families can self-refer through the Wyndham City Council website: <a href="https://www.wyndham.vic.gov.au/services/childrens-services/playgroups/supported-playgroups">https://www.wyndham.vic.gov.au/services/childrens-services/playgroups/supported-playgroups</a>	Various Community Centres Weekly sessions	Contact: Susan  ① 0427 523 177 or 1300 370 567  ☑ playgroup@wyndham.vic.gov.au  ⑤ ▲ www.wyndham.vic.gov.au
Wyndham City Council - Kindergarten 3 & 4 Year Old Kindergarten Services. Enrol your child online.	Various Community Centres Weekly sessions	Kindergarten Enrolment Officer  1300 370 567  www.wyndham.vic.gov.au select Children's Services > Kindergarten



### Sahtain!

Pulse with Purpose is a Wyndham based not for profit working with the community. We're selling delicious, halal-friendly meals made lovingly by local volunteers every week to raise funds.

Your purchase will provide free meals to families in need in your neighbourhood. We encourage you to bring your own containers to reduce single use plastics.

### **Halal Meals on Tuesdays**

Pick up from
Dianella Community Centre
6 Congo Drive, Tarneit

Scan for to order meals and for more info.



# Early Years Programs & Activities

ARNDELL PARK	DAY & TIME	COST	INFORMATION
Arndell Park Muslim Playgroup A fun interactive activity based Islamic playgroup. A place for mothers and children to come together.	Thursdays 12:30pm-2:30pm	Fees Apply	Contact: Aafrin arndellparkmuslimpg@gmail.com
Ummah Jameelah Islamic Early Years Program Islamic School Readiness Programs for 3-4yrs.	Tuesdays Wednesdays 9:30am-12:30pm	Fees Apply	Contact: Jean Keynon  ① 0416 575 159  ☑ Jean.keynon@yahoo.com
Ummah Jameelah Islamic Playgroup Join us for our weekly play based Islamic playgroup. Mums can enjoy a welcoming environment while the children play.	Thursdays 10:30am-12:30pm	Fees Apply	Contact: Aleah ① 0415 295 099
<b>Tiny Tutus</b> Beginners Ballet class for children from 18 months to 6 years.	Saturdays 9:15am-11:45am	Fees Apply	Contact: Tiny Tutus  ① 1300 245 060  ☑ www.tinytutus.com.au
Wyndham City Council – Sleep & Settling Program Free Information sessions. For ages 0-2yrs.	Tuesdays 1:30pm-3:30pm	Free	① 1300 370 567   www.wyndham.vic.gov.au  Search "Sleep & Settling Program"  ***Bookings Essential***
DIANELLA			
Dianella Playgroup  Community led playgroup for parents and carers with children aged 0-5yrs from all cultures and backgrounds.	Tuesdays 9.30am-11.30am	Term Fees apply	⊠ <u>dianellaplaygroup@gmail.com</u>
KU Dianella Kindergarten 3 and 4 year Kindergarten based at Dianella Community Centre.	Various	Various	<ul> <li>① 03 7003 1700</li> <li>☑ <u>Ku.dianella@ku.com.au</u></li> <li>☑ <u>www.ku.com.au</u></li> </ul>
THE GRANGE			
3+ Early Learning Program The 3+ Early Learning Program is planned and implemented by Qualified Early Childhood Educators. The program aims to extend the child's development and learning, using routines and play based experiences appropriate for children's unique and holistic learning.	Thursday & Friday 9:00am—2:00pm	5 hour session \$49.61	<ul> <li>8742 8000</li> <li>enquiries@grangecommunity.org.au</li> <li>Child Care Subsidy applies to all of the 3+ programs</li> </ul>
3 Year Old Kindergarten Supporting childrens learning, development and transition to primary school.	Mon, Tue, Wed 9:00am—2:00pm	Contact provider	<ul><li>③ 8742 8000</li><li>⋈</li><li>enquiries@grangecommunity.org.au</li></ul>
Kelly Mini Sports Come and try Australia's most popular sports program for toddlers and pre-schoolers. Includes kids soccer, basketball, cricket, tennis, rugby and AFL	Mondays 9:30am—11:00am	Contact Provider	⊠ <u>fiona@kellyminisports.com.au</u>
Playgroup Calling all parents and grandparents! If you are keen to meet with like minded local people, for your little one to make friends and spend time enjoying different activities each week and having loads of fun, our Playgroup is for you!	Monday and Tuesday 9:30am—11:30am	\$59 per term per family	<ul><li>② 8742 8000</li><li>⋈</li><li>enquiries@grangecommunity.org.au</li></ul>
Out of School Hours Care Our approach to OSCH is to provide a high quality environment that is safe and gives children the opportunity to learn and play. Our service offers a wide range of fun, stimulating and appropriate experiences that reflect real world experiences and home settings. For children attending the Grange P-12 Primary Campus	Monday to Friday during school term  Before School Care 6:45am—9:00am After School Care 3:00pm—6:30pm	Fees apply	② 8742 8000 enquiries@grangecommunity.org.au

# Early Years Programs & Activities

THE COANCE			
THE GRANGE			
Rhyme Time and Pop-Up Library Ages 1–5 years Join us for Rhyme Time and a special Pop-Up Library every week. Our 30-minute Rhyme Time sessions include stories, songs and rhymes designed to develop early language, literacy and numeracy skills.	Refer to website for current timetable	No Cost	<ul> <li>The Grange Community Centre</li> <li>8734 8999</li> <li>For session dates and times visit:</li> <li>www.wyndham.vic.gov.au/pop-up-library</li> <li>Programs during school term only</li> </ul>
PENROSE PROMENADE	DAY & TIME		INFORMATION
VICSEG Multicultural Playgroup This playgroup is for newly arrived and recently settled migrant and refugee families and offers the opportunity for children to learn social skills through play.	Friday 10am—12pm	No cost	Contact: Karen Diacono  3 8754 0512  kdiacono@vicsegnewfutures.org  https://vicsegnewfutures.org.au/
Supported Playgroup A playgroup that aims to meet the needs of vulnerable families in our community. Referrals for this service can be made by community services or families can self-refer through the Wyndham City Council website	Tuesday 9:30am -11:30am	No cost	Contact: Susan  ① 0427 523 177 or 1300 370 567  playgroup@wyndham.vic.gov.au  https://www.wyndham.vic.gov.au/ services/childrens-services/playgroups/ supported-playgroups
Sleep and Settling Information session with questions and answers on helping with sleep and settling	Wednesday 1pm—3pm	No Cost	Contact: Heather  ① 0488 363 375  ☑ sleepsettling@wyndham.vic.gov.au
TARNEIT	DAY & TIME	COST	INFORMATION
MyTime For all parents and carers of children who need a higher level of care than other children. A place to socialise, chat and get information and support and be supported by other parents and family carers. Preschool age children can attend and a play leader will be on hand to engage children in play.	Mondays 10am—12pm School term only		Contact: Madison King  9 9486 9600  https://www.mytime.net.au/group/tarneit/
VICSEG-Multicultural Playgroup For migrant and refugee families. This playgroup offers the opportunity for children to learn social skills through play.	Wednesday 9:30am—11:30am School term only	No cost	Contact: Karen Diacono  ③ 8754 0512  ☑ kdiacono@vicsegnewfutures.org
Baby Time (0-12months) Sing, move and bond with your baby as we share some of our favourite songs and reading tips.			
Story Time-Ages 3+ These 45- minute sessions includes stories, songs and rhymes, and a simple craft activity designed to develop early language, literacy and numeracy skills.			
Rhyme Time-Ages 1-5 years These 30-minute sessions include stories, songs and rhymes designed to develop early language, literacy and numeracy skills.	Refer to website for	No Cost	Julia Gillard Library Tarneit  3 8734 8999  4 https://www.wyndham.vic.gov.au/ services/libraries/early-years/early- years-events-and-activities
Bilingual Story time – Punjabi & English Children of all ages Join us for 45 minutes of stories, songs and rhymes, and craft in Punjabi and English. Meet other bilingual families, learn words in another language and help your child develop important language skills.	current timetable		Programs during school term only
Bilingual Rhyme Time – Italian & English Children of all ages This 30-minute sessions include stories, songs and rhymes in English and Italian designed to develop early language, literacy and numeracy skills.			7

ARNDELL PARK	DAY & TIME	COST	INFORMATION
Abacus 4 Kids Fun and innovative way for kids 4-12years to learn mathematic skills mental arithmetic skills using abacus (soroban). Free trial class available	Wednesdays 4:30pm-7:30pm	Fees apply	Contact: Jaslyn Toh  ① 0406 946 069  ☑ admin@abacus4kids.com.au  ⑤ www.abacus4kids.com.au
Abacus Training Centre by Sempoa Sip Enhance children's cognitive skills. Acquire mental arithmetic skills in an enjoyable and structured setting, with a tailored curriculum designed to accommodate children of varying skill levels. Free trial class available	Tuesdays 5pm-6:30pm	Fees apply	Hany  ① 0491 689 016  ☑ nfo@sempoasip.com.au  ⑤ www.sempoasip.com.au
Wyndham Community & Education Centre Sewing Classes for all levels of experience from beginner to advanced. Each course runs 1 session for 3 hours every week (for 10 weeks each term).	Various	Fees apply	To enroll, go to 'short courses' at \$\\$ www.wyndhamcec.org.au
Wyndham Community & Education Centre Computer Courses for all levels of experience (beginner to advanced). Each course runs 1 session for 3 hours every week (for 10 weeks each term).	various	тесэ арргу	Or contact for more information  9742 4013
Youth Services – Drop-In Program Youth Services are excited to come to Arndell Park as we begin to deliver programs for young people.  Ages: 12 - 25yrs	Wednesdays 4pm—6pm	No cost	youthinwyndham@wyndham.vic.gov.au
THE GRANGE	DAY & TIME	COST	INFORMATION
First Aid Training First Aid certificate classes including Provide First Aid, Basic Emergency Life Support, CPR, Children's Services, Anaphylaxis, Asthma training and more	Alternating Wednesdays & Saturdays 9am—4pm	Contact provider	① 9998 6188 (*)  www.accreditedfirstaidcourses.com.au
Kumon Kumon helps your children reach their potential through English & Math enrichment classes.	Monday and Thursdays 3:30pm—7:00pm	Contact Provider	Contact Priyanka  ① 0476 034 193  ☑ kumonhopperscrossing@gmail.com
Triscott Education Services CHC30213 Certificate III in Education Support	Thursday 9am—3pm	Contact Provider	Contact: https://www.triscott.com.au/ Or info@triscott.com.au
DIANELLA	DAY & TIME	COST	INFORMATION
Fun and Art Pty Ltd (KK Art) Art, drawing and craft classes for kids. Ages: 5yrs - 8yrs	Mondays 4.30pm-5.30pm Saturdays 9.30am - 10.30am	Fees Apply	Contact: Katherine  ① 0426 187 144
Art and Craft workshops Art and craft activities for all ages young and old and all abilities. Bring your ideas and creativity.  Ages: all ages and abilities	Fortnightly Wednesdays 2.00pm - 3.30pm	FREE	Contact : Lesley Knowles  ① 0407 858 758  ☑ lesleyknowles1946@gmail.com
Story Time - Wyndham City Libraries Drop in, Rhyme Time with the library team. Pop Up Library Van— allowing borrowing and returns from 10.30am - 11.00am.	Wednesdays 10.00am - 11.00am	FREE	Drop in. Registrations aren't required.
Wyndham Community & Education Centre Computer Courses for all levels of experience (beginner to advanced) Each course runs 1 session for 3 hours every week (for 10 weeks each term).	Various	Fees apply	To enrol, go to 'short courses' at  www.wyndhamcec.org.au  Or contact for more information  9742 4013

PENROSE PROMENADE			
Abacus 4 Kids Fun and innovative way for kids to learn mathematic skills mental arithmetic skills using abacus (soroban).  Ages: 4 - 12yrs	Various—Contact for further information	Fees apply	Contact : Jaslyn Toh  ① 0406 946 069  ☑ admin@abacus4kids.com.au Free trial class available
Brainworks Scholarship exam preparation for years 3-8, selective entry exam preparation for years 3-10 foundational English and math programs for years 1-10.	Monday 4:30pm-7:30pm Wednesday 4:30pm-7:30pm Saturday 9:30am-12.30pm	Fees Apply	Contact : Pooja  ① 0419 777 498  ☑ werribee@brainworks.com.au
Edmund Rice Homework Club Primary and Secondary school students are mentored by Volunteers. Activities include; homework support, fun art, games, fresh fruit, snacks, and excursions during school holidays.	Tuesday 3:30pm - 5:00pm	No Cost for eligible students	Contact: Program Coordinator  ① 0451 753 813   programcoordinator1@edmundrice.org  (\$)https://ercrs.org/
Advanced Personnel Management APM provide employment, vocational rehabilitation, assessment, allied health intervention and community care (Aged Care & Disability Care to clients in order to place them in employment.	Monday, Tuesday & Wednesday 9am—5pm	No Cost	<ul><li>① 1800 276 276</li><li>☑ support@apm.net.au</li></ul>
Mini Movers Physical literacy based program that uses different sports to increase motor skills of children. Ensuring they have the suitable skills heading into primary school and to give them the tools to stay physically active for years to come.  Ages: 3yrs - 7yrs (Starts 2nd Of August)	Friday 11:30am—12:30pm	No Cost	Register your interest https://www. Wyndham.vic.gov.au/active Tarneit
Kelly Mini Sports A social and fun program to promote team work and sports, so that children can develop their skills through playing a range of different sports.	Thursday 10am– 11am	\$24	Contact: Program Coordinator  ☑ Brianna@kellyminisports.com.au
Tarneit			
English Reading Circle—Ages 18+ Do you want to practice your English reading and pronunciation in a fun and informal way? Join us at Reading Circle, where we will practice our English reading and speaking skills by reading aloud together. Suitable for adults with lower-intermediate English skills.  No booking required.	Thursdays 11am—12pm	No Cost	Julia Gillard Library Tarneit  3 8734 8999  \$ https://www.wyndham.vic.gov.au/ adult-events-and-activities  Programs during school term only
Abacus 4 Kids Fun and innovative way for kids to speedy mental arithmetic using abacus (soroban). Both onsite and online class are available. Ages: 4 - 15yrs Free trial class available	Friday 5:00pm—6:30pm	Fees Apply	Contact: Jaslyn Toh  ① 0406 946 069  ☑ admin@abacus4kids.com.au www.abacus4kids.com.au
Al Madina - Urdu and Arabic Classes  Arabic and Urdu language classes for kids including Quranic/Islamic studies and unlock knowledge for kids through engaging activities, community engagement and inspire young minds grow spiritually, ethically, morally and culturally.	Mondays 5:00pm—7:00pm	No Cost	Contact: Wajid Mohammed  ① 0430 876 786  ☑ wajid_yrk@hotmail.com.
AMEP Free English classes for refugees and other migrants.	Wednesdays and Thursdays 9am—2:30pm	No Cost	<ul><li>9742 4013</li><li>enquiries@wyndhamcec.org.au</li><li>http://wyndhamcec.org.au/</li></ul>

TARNEIT			
Bari Language Conversational Classes Engage young people to learn about their culture.	Saturday 2pm—4pm	No cost	Contact: Poly Kiyaga  ① 0434 178 753  Email: poly.kiyaga@wyndhamcec.org.au  ⑤ https://www.junubiwyndham.org.au/
Beginner's Computer Class Ages 18+ Join us for a fun and interactive 4-week program designed for beginners to learn all about computers. Whether you're a complete novice or just want to brush up on your skills, this in-person event is perfect for you! Bookings required.	Mondays, starting 8 July 10.30am–12pm(4 weeks)	No Cost	① Julia Gillard Library Tarneit ② 8734 8999 ② For bookings visit: www.wyndham.vic.gov.au/services/ libraries/adults/library-it-programs
Using the internet to find information Ages 18+ We'll help you learn the basics of navigating the internet & using Google to find information.	Monday 25 November 10.30am – 12pm	No Cost	① Julia Gillard Library Tarneit ② 8734 8999 ② For more information visit: www.wyndham.vic.gov.au/services/ libraries/adults/library-it-programs
Bari Language Conversational Classes Engage young people to learn about their culture.	Saturday 2pm—4pm	No cost	Contact: Poly Kiyaga  ① 0434 178 753  Email: poly.kiyaga@wyndhamcec.org.au  ⑤ https://www.junubiwyndham.org.au/
Cake Decorating—Introduction Wyndham Community and Education Centre This course is designed to provide an introduction to decorating cakes to a professional standard. Ideal for those wanting to set up their own business. 10 week course	Mondays 6.00pm—8.00pm	\$70 (permanent residents)	<ul><li>9742 4013</li><li>www.wyndhamcec.org.au</li><li>and click on the Short Courses tab</li></ul>
Cake Decorating—The Next Layer Wyndham Community and Education Centre This course is designed to further develop your cake decorating skills and explore more intricate designs and techniques. Ideal for those wanting to set up their own business. 10 week course	Wednesdays 10.00am—12.00pm	\$70 (permanent residents)	<ul><li>9742 4013</li><li>www.wyndhamcec.org.au</li><li>and click on the Short Courses tab</li></ul>
English Conversation—Ages 18+ At English Conversation Café you can practice your English skills, meet new people, and learn from others. This is a great way for you to connect with the community and maybe even make new friends.	Wednesdays 1.30pm—2.30pm	No Cost	Julia Gillard Library Tarneit  3 8734 8999  \$ https://www.wyndham.vic.gov.au/adult -events-and-activities
Kumon Tarneit English and mathematics tutoring programmes help children master fundamental skills essential to their overall academic performance.	Monday & Friday 4.00pm—7.00pm	Fees Apply	Contact: Ruchi 3 0468 310 097
All about the Computer Get to know computers with this fun workshop that will help you feel more confident using a keyboard and mouse.	Monday 11 November 10.30am – 12pm	No Cost	① Julia Gillard Library Tarneit ② 8734 8999 ② For more information visit: www.wyndham.vic.gov.au/services/ libraries/adults/library-it-programs
IT Help One on One Do you need some focused support with computers or technology? Free digital training is available. Book a One on One IT help session, and our friendly staff will help you.  Booking required	Thursdays 10.30am—11.30am	No Cost	Julia Gillard Library Tarneit  ① 8734 8999  ⑤ For bookings visit:  www.wyndham.vic.gov.au/services/ libraries/adults/library-it-programs

TARNEIT	DAY & TIME	COST	INFORMATION
Managing your passwords with Bitwarden Ages 18+ Learn how to use a password manager to generate unique, strong passwords for all your accounts, understand how to access your passwords from anywhere, and learn about common scams and attacks used by cybercriminals. Bookings required	Monday 21 October 10:30-12pm	No Cost	① Julia Gillard Library Tarneit ② 8734 8999 ② For bookings visit: www.wyndham.vic.gov.au/services/ libraries/adults/library-it-programs
Nepali Language Class—Everest United—NEW Nepali language class for children aged 5—12 years. Learn how to speak and write. Make new friends and engage in cultural song and dance.	Saturdays 9:45am – 12:15pm	\$100 per term (Add \$50 per sibling)	Contact:  ① Shweta 0424 042 6890  ③ Bhanu 0439 711 593  ① Rajan 0423 286 504
So & Sew —Intro to the Textile Industry Wyndham Community and Education Centre An beginners level sewing course,. Over 10 weeks, learn how to use a sewing machine, stitch in zips, make pockets, French seams, buttons and you'll even make a bag. 10 week course	Choose either Thursdays 12.30pm—3.30pm Or Thursdays 4:00pm—7pm	\$40 (permanent residents)	<ul><li>9742 4013</li><li>www.wyndhamcec.org.au</li><li>and click on the Short Courses tab</li></ul>
VCE Accounting—Tutoring Ace your Accounting exam!!! A qualified lecturer with over 10 years' experience offers accounting tuition for years 11 and 12 students. Tailored program includes compressive study materials, practice questions, and trail exams. Join today and gain the confidence and skills needed to excel in SACs and the VCE exam.	Saturdays 1.30pm—3.30pm	Fees Apply	Contact : Dr Dimuthu Ekanayake  ① 0433 872 345  ☑ dimuthu.ekanake@gmail.com Google Classroom <a href="https://classroom.google.com/u/2/c/">https://classroom.google.com/u/2/c/</a> NTgwMjUzMjYxMzU3
THE GRANGE	DAY & TIME	COST	CONTACT INFORMATION
Balance, Flex, Fun Join us for a fun 45min exercise class to improve your strength and flexibility. Bring your BFF along with you!	Thursday 9:30am—10.15am	\$15 per class	<ul><li>3 8742 8000</li><li> www.grangecommunity.org.au/classes</li></ul>
Chatty Café Join the lovely Nola every Wednesday morning to a hot cuppa , some yummy treats and a chat.	Wednesday 10am—11:30am	Free	The Grange 260-280 Hogans Road, Hoppers Crossing ③ 8742 8000
House of Fun Join us for a variety of activities such as arts & crafts, games, sing-a-longs and so much more	Friday 11:30-am—1:00pm	No cost	<ul><li>8742 8000</li><li>www.grangecommunity.org.au/classes</li></ul>
Melbourne Moves—Dance Academy Learn Bollywood, Hip Hop, Semi-Classical & Contemporary dance forms.	Thursdays 6pm—8pm	Contact provider	Contact Asha ① 0432 277 359 ☑ contact@msquaredance.com
Mini Movers A physical wellbeing-based program that uses different sports to increase the motor skills of children aged 3-7 years.	Monday 11:30am-12:30pm	Contact provider	<ul><li>① Tori—5224 9972</li><li>☑ tori.honner@leisurenetworks.org</li></ul>
MTF Taekwondo MTF Taekwondo. Including physical techniques, cultural and educational values of Taekwondo.	Wednesdays 4:30pm— 7:45pm Saturdays 8:30am— 1.15pm	Contact provider	<ul><li>① Jason—0406 211 096</li><li>☑ <u>info@mtftkd.com</u></li></ul>

THE GRANGE	DAY & TIME	COST	CONTACT INFORMATION
Qian Li Dao Martial Arts with Blitz Hall of Fame Kung Fu Instructor of the Year, Sifu Dana Wong.	Tuesday, Wednesday & Saturday	Contact provider	<ul><li>⑨ 9731 1789</li><li>☑ info@qianlidao.com.au</li></ul>
Twisted Stitches Knitting Group  Join our lovely knitting Group as they knit items to be donated to charity.	Monday 12:30pm— 2:30pm	FREE	<ul><li>▶ 8742 8000</li><li>▶ www.grangecommunity.org.au/classes</li></ul>
ARNDELL PARK	DAY & TIME	COST	CONTACT INFORMATION
Girl Guides - Truganina Guiding helps girls to gain new skills, make a difference in the community, and explore a worth of possibilities. For Girls aged 5-17yrs.	Thursday 5.30pm-7.00pm	Fees Apply	Cara Marinaro  ① 0475 203 332  ☑ cara.marinaro@guidesvic.org.au
The Skate Studio Kids Roller Skating Classes. Our classes are run by experienced and accredited coaches. All Levels welcome. Skate Hire Available.	Thursdays 4.30pm-5.30pm	Fees Apply	Victoria Reynolds  ☑ skate_studio@outlook.com  ⑤ www.theskatestudio.com.au
Craft-a-noon – Social Group Come along and spend some time with like-minded crafty people. Bring your project along with and have a cuppa and chat with a friendly bunch of ladies.	Thursdays 12:30pm-2:30pm	FREE	Arndell Park Community Centre (03) 8734 8911 arndellparkcc@wyndham.vic.gov.au
Kathak Kendra Nrityashala – Indian Dance Class Kathak is a traditional dance form originating from the north of India. It is still extremely popular and widely performed in the subcontinent. Learning Kathak is a good way for relieving everyday stress. It brings inner peace, strong attitude and calmness.	Fridays 6:30pm-8:30pm Sunday 2pm-4pm	Fee's Apply	Parul 0434 361 191 Kathakkendra.nz@gmail.com www.kathakkendra.co.nz
J K Natyalaya - Indian Dance Class Come along and join our Dance class in the Kathak Indian Classical format. We also freestyle dance including Bollywood dance. Available for all ages.	Fridays 5:30pm-7pm Sundays 5:30pm-7:30pm		Kanimozhi 0470 173 2229 kanisuba@gmail.com
Sri Lankan Performing Artists Foundation—Dance Class Sri Lankan Performing Artist' Foundation will be running weekly cultural dance classes. For children, young adults and adults.	Sundays 3pm-4:30pm	Fees apply	Jin 0402 513 059
DIANELLA	DAY & TIME	COST	INFORMATION
Come and Play, It's Friday Table Tennis program for everyone. Are you looking for a fun way to get fit? Everyone is welcome.	Fridays 6.00pm- 7.30pm	Free	Message Adnan 0416 949 316
Sri Sri Yoga - Art of Living Time to relax and rejuvenate, destress and detox. Desktop yoga, meditation, destress techniques, tips for healthy living, a forum to share and care.	Thurs- 6.00pm- 7.30pm Sat - 8.00am- 10.00am	Free	Contact: Sanitha Sanjeev or Chandan  ① 0469 545 723 or 0449 030 616  ⊠ sanitha@artofliving.org.au
Family Games Nights Join family and friends and meet new neighbours at the Family Games Night. Bring a game or choose from the many that is available.	1 <sup>st</sup> Friday of month 5.00pm-8.00pm	Small fee applies	Contact for more information <u>Buildingculturalconnections22@gmail.com</u> Search <b>Building Cultural Connections Australia Inc</b> on Facebook
Beats N Taal Dance and fitness program	Wednesdays 6.00pm - 8.00pm	Fees apply	Contact : Niharika Rai  ① 0450 750 270  ☑ ruchiniharikag@gmail.com
Cultural Cuisine Nights An opportunity to meet local neighbours, make new friends, and share a cultural meal with family. Food helps to bring people together – join us in celebrating diversity of cultures and stories in out monthly food sharing, potluck and cultural discovering evening.	3rd Saturday of month 5.00pm - 8.30pm	Small fee applies	Get in contact to confirm your attendance <u>Buildingculturalconnections22@gmail.com</u> Search <b>Building Cultural Connections Australia Inc</b> on Facebook

DIANELLA	DAY & TIME	COST	INFORMATION
Young Peoples Club Our ultimate aim is to engage African Youth Immigrants as well as other youth, in such a way as to keep them off social vices through social and physical activities. YPC is open to all youth and we currently have members of different ethnicities. YPC is a non-profit group predominantly consisting of African immigrants and refugees. This is an initiative that aims to empower African youth through knowledge and wisdom impartation, impartation of harmony values, counselling sessions and social activities.	Fridays 7.00pm - 9.00pm	FREE	Register https://club.reclink.org/programs/EHB9RC Or Contact: Jasmine Griffiths ① 0423 316 993
Youth Services - Drop in Recreational based program for young people 12-25 years.	Fridays 3.00pm - 6.00pm	FREE	Contact : Candace  ① 0428 428 326  ☑ Candace.lobow@wyndham.vic.gov.au
THE GRANGE	DAY & TIME	COST	CONTACT INFORMATION
Walking Group Join us for a 45 minute walk around our local surroundings. All fitness levels welcome	Wednesday 9:15am-10:00am	Contact provider	<ul><li>The state of the state</li></ul>
Weight Watchers Receive support in your journey to lose weight. With weekly workshop/group led discussion.	Friday 9am—11:00am	Contact provider	Contact : Kate  ① 1800 828 886  ☑ rents.au@ww.com
Wing Chun Kung Fu Using Wing Chun Kung Fu as the path to find your hidden talents. Kung Fu classes for adults of all levels available.	Friday 7pm—9pm	Contact provider	<ul><li>① 0432 489 762</li><li>☑ admin@xiquwingchun.com.au</li></ul>
Women's Only Fitness Join us for a women's only fitness class on chairs suitable for all ages, seniors, all abilities and for rehabilitation	Wednesday 10:00am—10:45am	\$10 per class	<ul><li>The state of the state</li></ul>
Wyndham Town Club Receive support in your journey to lose weight. Take the steps needed to make a change in your lifestyle and maintain a healthy goal weight.	Friday 9am—11:30am	Contact provider	① 0413 444 083  Www.townclubs.com.au
Yoga Do you want to improve your flexibility, balance and overall wellbeing? Look no further! Join us for a 45 minute yoga class.	Tuesday 9:30am-10:15am	Discounte d Term fee or \$15— Casual	<ul><li>\$ 8742 8000</li><li>\$ www.grangecommunity.org.au/classes</li></ul>
Zumba with Domi Come and try Australia's most popular fitness program that involves cardio and Latin-inspired dance.	Wednesdays 8:00pm—9:00pm	Contact provider	<ul><li>Domi−0452 474 600</li><li>mourgues.domi@outlook.com</li></ul>
Zumba with Gerrina Come and try Australia's most popular fitness program that involves cardio and Latin-inspired dance.	Monday 8:00pm—9:00pm	Contact provider	Contact : Gerrina  ① 0408 722 307  ☑ gerrine_asis@hotmail.com
ABCD Bollywood Dance School A Bollywood Dance School for all age groups from kids to adults to seniors. We have something to offer for everyone, bigger dance class, advanced classes and fitness classes.	Sunday 12:00pm—2:30pm	Fees Apply	Contact : Shweta Pandya  ① 0433 346 672  ☑ shwetayana13@gmail.com
Burnout Bhangra Come and join fitness through Bhangra which is a North Indian high intensity dance fitness class.	Tuesday 7:00pm-8:00pm	\$12	Contact : Sandeep  ① 0433 012 214  ☑ burnoutbhangra@yahoo.com
Twins Martial Arts  Ages: 4 - 15yrs  Traditional Shotokan Karate for kids. Classes are taught by qualified NCAS Dojo Coaches, holding Senior First Aid and Working with Children Checks.	Thursday 3:30pm-8pm	Fees apply	Contact : Sensei Lay  ① 0416 333 113  ☑ info@twinsmartialarts.com.au  www.facebook/twinsmartialarts  www.twinsmartialarts.com.au
Nrityaarpana Dance Academy (Indian Classical Dance)	Monday 6pm-7:30pm	\$15 per hour	Rekha ① 0451 327 719 13 ⊠ nrityaarpana@outlook.com

THE GRANGE	DAY & TIME	COST	CONTACT INFORMATION
Walking Group Join us for a 45 minute walk around our local surroundings. All fitness levels welcome	Wednesday 9:15am-10:00am	Contact pro- vider	<ul><li>3 8742 8000</li><li> www.grangecommunity.org.au/classes</li><li>Register on website or upon arrival.</li></ul>
Weight Watchers Receive support in your journey to lose weight. With weekly workshop/group led discussion.	Friday 9am—11:00am	Contact pro- vider	Contact : Kate  ① 1800 828 886  ☑ rents.au@ww.com
Wing Chun Kung Fu Using Wing Chun Kung Fu as the path to find your hidden talents. Kung Fu classes for adults of all levels available.	Friday 7pm—9pm	Contact pro- vider	<ul><li>① 0432 489 762</li><li>⊠ admin@xiquwingchun.com.au</li></ul>
Women's Only Fitness Join us for a women's only fitness class on chairs suitable for all ages, seniors, all abilities and for rehabilitation	Wednesday 10:00am—10:45am	\$10 per class	<ul><li>3 8742 8000</li><li> www.grangecommunity.org.au/classes</li><li>Register on website or upon arrival.</li></ul>
Wyndham Town Club Receive support in your journey to lose weight. Take the steps needed to make a change in your lifestyle and maintain a healthy goal weight.	Friday 9am—11:30am	Contact pro- vider	① 0413 444 083  Mww.townclubs.com.au
Yoga Do you want to improve your flexibility, balance and overall wellbeing? Look no further! Join us for a 45 minute yoga class.	Tuesday 9:30am-10:15am	Discounted Term fee or \$15—Casual	① 8742 8000 ⑤ www.grangecommunity.org.au/ classes
Zumba with Domi Come and try Australia's most popular fitness program that involves cardio and Latin-inspired dance.	Wednesdays 8:00pm—9:00pm	Contact pro- vider	Contact: Domi  ① 0452 474 600  ☑ mourgues.domi@outlook.com
Zumba with Gerrina Come and try Australia's most popular fitness program that involves cardio and Latin-inspired dance.	Monday 8:00pm—9:00pm	Contact Provider	Contact ① 0408 722 307  ⊠gerrine_asis@hotmail.com
PENROSE PROMENADE	DAY & TIME	COST	CONTACT INFORMATION
ABCD Bollywood Dance School A Bollywood Dance School for all age groups from kids to adults to seniors. We have something to offer for everyone, bigger dance class, advanced classes and fitness classes.	Sunday 12:00pm—2:30pm	Fees Apply	Contact : Shweta Pandya  ① 0433 346 672  ☑ shwetayana13@gmail.com
Burnout Bhangra Come and join fitness through Bhangra which is a North Indian high intensity dance fitness class.	Tuesday 7:00pm-8:00pm	\$12	Contact : Sandeep  ① 0433 012 214  ☑ burnoutbhangra@yahoo.com
Twins Martial Arts  Ages: 4 - 15yrs  Traditional Shotokan Karate for kids. Classes are taught by qualified NCAS Dojo Coaches, holding Senior First Aid and Working with Children Checks.	Thursday 3:30pm-8pm	Fees apply	Contact : Sensei Lay  ① 0416 333 113  ☑ info@twinsmartialarts.com.au   www.facebook/twinsmartialarts  www.twinsmartialarts.com.au
Nrityaarpana Dance Academy (Indian Classical Dance) Join Nrityaarpana and get trained in both theory and practical details and intricacies of Bharatanatyam	Monday 6pm-7:30pm Tuesday 6pm –7.30pm	\$15 per hour	Contact : Rekha ① 0451 327 719 ☑ nrityaarpana@outlook.com https://www.facebook.com/ nrityaarpanadanceacademy/
The Skate Studio Roller-skating lessons for the local community with fully accredited coaches. Skate hire is available for all our classes.	Mondays 4.30pm—5.30pm	Fees Apply	Contact : Victoria  Skate_studio@outlook.com  www.theskatestudio.com.au

PENROSE PROMENADE	DAY & TIME	COST	CONTACT INFORMATION
Sonam Jain—Kids Bollywood Dance Dance is the best medicine for both mental and physical health. This class will help keep you fit and energised, make new friends, have fun and boost your confidence! Ages: 4 - 8yrs Ask us for a free trial class today!	Wednesday 5pm—6pm	Fees Apply	Contact : Sonam Jain  ① 0470 302 468  ☑ sonamijain@gmail.com
I am Yoga — Starting Nov 2024 Yoga is a union of mind, body and soul. At I am Yoga, you will enjoy a beautiful set of yoga asanas to gain access to your inner peace, happiness and clarity.	Wednesday 6.30pm-7.30pm Sunday 7.30am-8.30am	\$25.00	Mustafa.nuristani@gmail.com
TARNEIT	DAY & TIME	COST	CONTACT INFORMATION
Association of Young Indian Talents of Australia Inc  AYINA—Promoting music & harmony in the community through music & theatrical performances. Members meet regularly & conduct open music sessions. All are welcome to attend & participate.	1st Saturday of the Month 5pm—10pm	Contact Provider	Contact: Nagesh Josh Mob: 0403 095 044 Email: joshi.com.au@gmail.com
Craft and Conversation—Ages 18+ Are you a craft lover? Join our monthly program to create a new craft each session. Materials are free, conversation is included, and you can take home your finished project.  Bookings required	3 <sup>rd</sup> Friday of the month 10.30am—11.30am	No Cost	Julia Gillard Library Tarneit  3 8734 8999  \$ www.wyndham.vic.gov.au/adult-events -and-activities
Craft with D Tarneit Community Learning Centre's Monthly crafting workshops. Join our community centre volunteer and learn a new skill Bookings Essential	Thursday 10 October 14 November 12 December 10.30am—12.30pm	No Cost	Tarneit Community Learning Centre  ① 8734 6040  ⑤ tarneitclc@wyndham.vic.gov.au
Craft Group Craft, Chat and a Cuppa. Come and join! Bring along your own craft project and materials and spend time crafting with others.  Everyone welcome	Wednesday 9am—12pm	No Cost	Tarneit Community Learning Centre  ① 8734 6040  ⑤ tarneitclc@wyndham.vic.gov.au
Kids Club Ages: 5+ Come and join in a different activity every week. Make new friends and have lots of fun. No bookings required			
Lego Club Ages: 5+ Come along to your library every week to design, build and imagine with Lego. Hang out with other kids who enjoy Lego!	Refer to website for current timetable	No Cost	Julia Gillard Library Tarneit  3 8734 8999  5 For session dates and times visit:  www.wyndham.vic.gov.au/kids-events- activities -Programs during school term only
Young Storytellers Ages 7–12 Do you enjoy making up stories? Come along to the Young Storytellers program. Use your imagination to create stories and practise your story sharing skills, whether that's through writing or through illustrations.			
Sahaja Yoga Teaches a unique method of meditation. You can achieve a state of balance in 10 min. Sahaja Yoga meditation can improve physical and mental health plus reduce stress.	Mondays 7pm—8pm 4th Saturday of each month 6.30—9pm	No Cost	Contact : Annie  ① 0423 110 875  ☑ annie.sarani@gmail.com  ⑤ https://www.sahajayoga.com.au

TARNEIT	DAY & TIME	COST	INFORMATION
Quantum Meditation Society Melbourne A meditation group which promotes total fitness through our meditation, yoga, lifestyle session	2nd Saturday of each month 4pm –8pm	No Cost	<ul><li>① Tanjila</li><li>② 0435819946</li><li>☑melbourne@quantummethod.org.bd</li></ul>
Shriraam Theiventhiram Learn South Asian Dance and Somatic Movement training. Bharatanatyam and Natya Sastra	Wednesdays 6pm—7pm 7:00pm—8pm	Contact Provider	<ul><li>① Shriram</li><li>② 0431 137 495</li><li>☑ shrinrityam@gmail.com</li></ul>
Soulspace Yoga Yoga Classes for children ages 6+, Yoga, Asanas, Pranayama, Surya Namaskar, and mindfulness techniques.	Sunday 4.30pm –5.30pm	Contact provider	<ul><li>① Vijisha</li><li>② 0435 915 516</li><li>☑ vijisha82@live.com</li></ul>
Tatkaar Kathak Institute Six years old dance school in Melbourne, with 100+ students learning at different centers. Teaching an Indian classical dance form known as "Kathak", an art of story telling by using beautiful hand gestures, foot work and expressions. Come along and join in the fun	Saturday 9am –12pm	Contact Provider	<ul><li>① Shika</li><li>② 0450 228 954</li><li>☑ schhangaui.sc@gmail.com</li><li>Virtual Platform also available</li></ul>
Tarneit—Youth Services Drop In Youth Services are running Drop In's every Tuesday and Thursday nights for young people aged 12-25 years. Enjoy a safe space to hang out, unwind, make some new friends, have a bite to eat and meet some of your local Youth Workers. We have lots of fun games, activities, arts and crafts, ping pong tournaments and more!	Tuesday s and Thursdays 3.30pm 5.30pm (only on School Term)	No Cost	https://www.wyndham.vic.gov.au/whats-on/tarneitdropin
U3A Werribee Region Tai Chi Classes Tai Chi classes provide light physical and mental wellbeing to retired and semi-retired residents of Wyndham. Physical benefits include balance and flexibility, mental wellbeing and stress reduction	Mondays 10.30am—12.00am	Contact provider	<ul> <li>nick Conn</li> <li>0402 299 220</li> <li>courses.u3awbee@hotmail.com</li> <li>https://www.u3awbee.net.au/courses-activities</li> </ul>
Victorian Bangladeshi Community Foundation (VBCF) Dance, drama, arts and music classes for the 2nd generation Bangladeshi born school kids living in Victoria especially in the Western suburbs	Friday 7.00pm—10.00pm	Contact provider	<ul> <li>Morshed Kamal</li> <li>0 0423 072 427</li> <li>Morshedkml@gmail.com</li> <li>www.vbcf.org.au</li> </ul>
Vitamin Love by Diyah Power Yoga classes, improves strength, stamina and flexibility	Wednesdays 7pm—8pm	Contact provider	<ul><li>① Diyah</li><li>② 0450 487 876</li><li>⊠ vitaminlovebydiyah@gmail.com</li></ul>
Yoga Moves West This class is specifically tailored for older adults looking to start moving again in gentle and supportive environment.	Mondays 9.30am—10.30am	Contact Provider	<ul><li>① Catherine Sullivan</li><li>② 0416 009 024</li><li>☑ info@yogamoveswest.com.au</li></ul>
All Ages Chess  Novices and experienced players are welcome. Enjoy a game with your friends or family and meet other Chess enthusiasts in the Library!	Tuesdays 4pm – 5pm	No cost	① Julia Gillard Library Tarneit ② 8734 8999 ② For session dates and times visit: https://www.wyndham.vic.gov.au/ services/libraries/youth/youth-events- and-activities Programs during school term only

### Opportunity Wyndham Job Readiness Calendar

Looking for help with your resume, finding your first job in Australia, or returning to the workforce? We are excited to announce the launch of the Opportunity Wyndham Job Readiness Calendar, a brand new 'live' tool to help you find out about all the latest local programs, events and resources to help you on your employment journey. Opportunity Wyndham is a partnership which helps Wyndham residents find local, meaningful employment. Together, we offer a wide range of supports for anyone on different stages of their employment journey. Check out our Job Readiness Calendar to find upcoming events, workshops, and programs designed to boost your job skills and professional networks. Our partners can also provide other support for your employment journey, so if you have any further questions or need guidance, please email socialandeconomicinclusion@wyndham.vic.gov.au and we will point you in the right direction.

Link - https://www.wyndham.vic.gov.au/opportunity-wyndham-job-readiness-calendar.

Community, Cultural & Faith Groups					
DIANELLA	DAY & TIME	COST	CONTACT INFORMATION		
Hosanna Kingdom Praise Centre Faith group, praise and worship, children's ministry, prayer meetings and leadership training.	Wednesdays 7.00pm-9.00pm Sundays 9.00am-1.00pm	Free	Tabitha 0431 244 752 tabcri2@gmail.com		
Young Peoples Club  Not for profit group, predominantly consisting of African immigrants and refugees. This program empowers people through knowledge, wisdom, counselling and social activities.	1st Friday of month 7-10pm 5 - 8.30pm every other Friday	Free	https://www.wyndham.vic.gov.au/whats- on/young-peoples-club		
Sunshine Arabic Language School  Ages: 5 - 7yrs  Cultural activities for the youth and adults. Arabic language classes for children.	Sundays 2pm-5.00pm	Contact for more info	Afrah Mohamed 0422 178 062		
Afterschool program – Junior Program (National Spiritual Assembly of the Baha'is of Aust Inc) Build a strong sense of morality identity, get involved in local community projects, develop the capacity to express your thoughts, gain a deep understanding of world.	Mondays 3.30pm-5.00pm Saturdays 2.30pm-4.30pm	TBC Limited spots available	Call for more info Tara - 0423 191 990 Sana - 0423 336 534		
Our team consists of dedicated volunteers who are accredited to work with children passionate about serving the community.					
Khoja Shia Ithna-Ashari Jamaat of Melbourne Inc. (KSIJM)  The main purpose of this group is to provide facilities conducive to educational, economic, support - seniors and vulnerable, sports and social welfare of the community and to lead to greater understanding and cooperation amongst all people in Australia.	Sundays 9.00am-1.00pm	Free	VicePresident@ksijmelbourne.org.au President@ksijmelbourne.org.au		
Church of Christ (Iglesia Ni Crusto) Church gathering and choir practice.	Saturdays 6.00pm -10.00pm	Free	Alfonso 0451 041 711 Alfonso.ocon@gmail.com		
Families for Christ Faith based community gathering once a month. Christian families meeting together to pray and worship. Bible study, religious teachings and marriage courses.	2 <sup>nd</sup> Saturday of month 1.30pm—4.30pm	Free	Henry <u>Ethanry090457@yahoo.com.ph</u> 0431 437 961		
Nepalese Association of Victoria Bal Chautari (Children's School in Nepali) is a weekly Nepali language class for 4-14yrs. Classes help to improve mental and physical wellbeing.	Saturdays 11.00am -1.00pm	\$50 per term	Dr Tilak Pokharel 0450 092 041 pokhareltilak@gmail.com https://www.nav.org.au/chautari/ baalchautari		
Sant Niramkari Mandal Australia Inc Congregation and prayer as per Sant Nirankari Missions ideology.	Fortnightly Tuesdays 5.30pm-7.30pm	Free	Dharamveer Jit 0401 922 717 Dharamveer@live.com.au		
Harari Womens Friendship Café Connecting Harari women with each other and providing support to one another.	Tuesdays 11.00am-2.00pm	Free	Samya amalkirat@yahoo.com.au		
THE GRANGE					

Monday-Friday

Monday, Tuesday,

9am—5pm

Wednesday

4pm-7:30pm

Contact

Provider

Contact

provider

① 1300 192 641

Contact Guy Penna

① 0432 544 611

www.atworkaustralia.com.au

gpenna@relationshipmatters.com.au

At Work

**Relationship Matters** 

within the Victorian community.

Provides employment services for people living with

Relationship Matters is a not-for-profit organisation that

promotes healthy, respectful and fulfilling relationships

disability and disadvantage looking for work, and employers to get the right people into the right jobs.

# Community, Cultural & Faith Groups

ARNDELL PARK	DAY & TIME	COST	CONTACT INFORMATION
Life Community Kitchen Providing hot meals to individuals and families supporting food relief and social connection.	<b>Mondays</b> 6pm-7pm	No Cost	No registrations required. For more information email communitykitchen@lifeau.org
Melbourne Shwetambar Jain Sangh Inc MSJS promotes Jainism and its core principal of 'no violence'.	Sundays Fortnightly 8am-1pm	Fees Apply	Nimit ① 0433 074 461
Bhartiya Seniors Melbourne Inc Indian Seniors Friendship Group	Fridays 11am-2pm	Fees Apply	Ashok Mehta  ① 0434 929 429  ☑ ashokmehta1958@gmail.com
Australian Malayalee Islamic Association Cultural Group Arabic & Malayalam language classes, faith based activities.	Saturday 6pm– 10pm	Fees Apply	Zameel Arif  ① 0406 074 185  ☑ zameelarif@gmail.com
Gospel Power Ministries Church We are a church that covers a variety of faith- based activities including preaching and teaching the gospel of Jesus Christ	Wed—Praise & Worship Friday—Prayer 7pm-9pm Sunday Service 10am-1pm		Church Office - 0429 959 726 <u>Gpmchurch2@gmail.com</u> <u>bwww.gospelpowerministrieschurch.org.</u> <u>au</u>
PENROSE PROMENADE			
Ladies Club 60 Social gathering for local ladies of Indian origin. Make new friends, enjoy a cup of tea and chat.	Monday 12pm-2:30pm	No Cost	Nina ① 0488 251 459
Tarneit Women's Association Social gathering for local ladies from the Punjab region of India	Thursday 12.30-2.30pm	See Provider	□ preet_jassius@yahoo.com
Global Kitchen We bring together local multicultural women who are feeling isolated and disengaged for our Global Kitchen and Women's Circle.	Monday 1st of Month 11am—1pm	No Cost	projects@vmc.org.au  https://virwc.org.au
Tarneit Bharatiy Club Older Gujarati speakers will feel right at home in this relaxed social get-together environment.	Tuesday 12:30pm—2:30pm Friday 12:30pm—2:30pm	No Cost	Naran  ① 0490 715 090  ☑ vadalianaran@gmail.com
Legends International of Seniors Inc Recreational meeting sharing coffee and snacks, prayer, guest speakers from different fields. We also organise picnics and outdoor activities.	Thursday 12:30pm—2:30pm	\$10 joining fee	Jiwan Lal Sharma  ① 0423 125 618  ☑ legendsinternational2022@gmail.com
Tarneit Harmony Club Join other Punjabi speaking retirees to enjoy indoor games share some sweets and cup of tea.	Tuesday 12:00pm—2:00pm Friday 12.30pm—2:30pm	No Cost	Mohinder Bassi  ① 0470 214 268  ☑ nivarnbassi@gmail.com
United Seniors Club Incorporated This group is celebrated with worshiping and praying to God along with singing and dancing and sharing food.	Wednesday 12pm—2pm	\$10	Mahendra Patel  ① 0466 920 881  ☑ mahendra195424@gmail.com
Wolfpack Connect Group Church community that meets together on a monthly basis to connect, enjoy each other's company, share food and have fun.  Everyone welcome	2nd Friday of the month 7pm—9pm	No Cost	Merapi Gabriel  ① 0433 824 080  ☑ merapi.gabriel@gmail.com  ⑤ www.lifeau.org
Hindu Dharma Community of Melbourne An Indian community from South India, Kerala, conducting various cultural activities, training kids, ladies group activities, family activities and more!	Saturday 4:30pm—6:30pm Last Sunday of the month 6pm—9pm	No Cost	Venugopalan Nair ① 0415 444 901 ☑ venucn@yahoo.com

Community, Cultural & Faith Groups

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PENROSE PROMENADE			
Anoopam Mission Limited Promote Hindu arts, crafts, dance, music, performing arts, literature & youth development. Educate young children and teenagers to live a positive and peaceful life.	Fortnightly on Saturday 6pm—9pm	No Cost	<ul> <li>① Vipul Patel—0433 185 138</li> <li>① Sandip Patel—0450 873 099</li> <li>☑ vipul9800@gmail.com</li> <li>⑤ Www.anoopam.org</li> </ul>
Iglesia Ni Christo Church Of Christ Worship service and meetings on a weekly basis.	Various times and days	No Cost	Alfonso Ocon  ① 0451 041 711  ☑ Alfonso.ocon@gmail.com
Myanmar Revival Church Worship service, singing and preaching gospel.	Sundays 12pm—5pm	No Cost	Jayshee Jay ① 0449 677 569 ☑ jshee8012@gmail.com Facebook/Myanmar Revival Church
Viti Satsangh Mandeli Cultural and religious gatherings	Friday 7pm—11 pm Fortnightly	Fees apply	Hunjan  ① 0497 642 402  ☑ hunjan.nair@gmail.com
Divine Wisdom Gatherings aim to provide a supportive environment where women and girls come together for counselling, motivation and spiritual wisdom.	Saturday 12.30pm—3.30pm (monthly)	See Provider	① 0420 207 217  in divinewisdominstitute2004@outlook.com
TARNEIT	DAY & TIME	COST	CONTACT INFORMATION
Club 60 Tarneit Club 60 Tarneit provides a social gathering for men and women of Indian origin.	Monday 12.30pm—2.30pm	See Provider	Contact: Sunil 3 0449 101 455
Jesus is the Cornerstone Church services on Sundays	Sunday 8.30am—12.00pm	No Cost	Pastor Freddy Sooalo  ① 0498 689 760  ☑ freddysooalo@gmail.com
Sri Lankan Planned Activity Group (Delivered by Migrant Resource Centre) Social Support group for the Sri Lankan Community in Wyndham which includes gentle exercise, art, craft, excursions and outdoor activities	Fridays 10am—3pm	Fees apply	Contact: Shyaam Rodrigo  ① 9637 6044  ☑ hakshyaam- alekhoa@mrcnorthwest.org.au
Vision Pentecostal Church of Community A faith based organisation which runs weekly Church Services in which different activities take place including preaching, singing, dancing, youth bible studies	Sunday 12pm—4pm	No Cost	Pastor Alex Hakizimana  ① 0410 017 971  ☑ visionpentecostalchurchvic@gmail.com  ⑤ www.visionpentecostalchurch.org.au
Community Collective Victoria Community Psychologist Provisional one on one psychology and counselling services to community members	Mondays & Tuesdays	No Cost (some exclusions apply)	<ul><li></li></ul>
Community Connector Wyndham City Council has a dedicated team who can help you find and connect with local service options. We can help if you need support, but are unsure of where to start	Onsite at Tarneit Community Learning Centre Wednesdays	No Cost	① 8734 4514 ⑤ https://www.wyndham.vic.gov.au/ communityconnector
Life Community Kitchen Providing hot meals to individuals and families supporting food relief and social connection. No Bookings Required All welcome!	Tuesdays 6pm—8pm	No Cost	communitykitchen@lifeau.org thttps://lifeau.org/communitykitchen/
Justice of Peace Service JP Service to witness a person making a statutory declaration or affidavit, and to certify copies of original document . No Bookings Required All welcome!	Mondays 11am—1pm 3pm—5pm	No Cost	Tarneit Community Learning Centre  3 8734 6040  \$ tarneitclc@wyndham.vic.gov.au

Support Groups & Services					
Arndell Park	DAY & TIME	COST	INFORMATION		
Justice of Peace Service A Justice of The Peace will be stationed at Arndell Park CC 5 days a week. For large quantity witnessing, please call to book. But if you just need one or two items witnessed, no appointment will be necessary.	Thursdays 10am-1pm	No Cost	Angelo Auciello Esq, JP 0414 689 206 Email: cgvf10@gmail.com		
Life Community Kitchen Providing hot meals to individuals and families supporting food relief and social connection.	Mondays 6pm-7pm	No Cost	No registrations required. For more information email communitykitchen@lifeau.org		
Community Connector  Wyndham City Council has a dedicated team who can help you find and connect with local service options. We can help if you need support, but are unsure of where to start.	Onsite at Arndell Park CC on Tuesdays	No Cost	<ul><li>The state of the state</li></ul>		
DIANELLA	DAY & TIME	COST	CONTACT INFORMATION		
Sahtain! Halal Meals on Tuesdays Pulse with Purpose is a Wyndham based not for profit working with the community. We're selling delicious, halal-friendly meals made lovingly by local volunteers every week to raise funds.	Mondays - Friday 10am-1pm	No Cost	Pick up from Dianella Community Centre 6 Congo Drive, Tarneit  Scan for to order meals and for more info.		
Your purchase will provide free meals to families in need in your neighbourhood. We encourage you to bring your own containers to reduce single use plastics.					
Life Community Kitchen Community Breakfast Program Providing breakfast to individuals and families supporting food relief and social connection.	Thursdays 8.00am—8.30am	No Cost	No need to register, just drop in SCAN N		

### DESTIVE SEASON DECORATIONS CRAFTING WORKSHOP AT THE TARNEIT COMMUNITY LEARNING CENTRE

Tarneit Community Learning Centre is excited to host festive season decorations crafting workshops led by volunteer Dammi. Dammi wanted to share her knowledge and passion with others, loving the experience, carefully planning and preparing the festive season decorations workshops.

### **Register Your Interest Now!**

Term 4 Dates: November 14 and December 12

**Contact: Tarneit Community Learning Centre** 

Email: tarneitclc@wyndham.vic.gov.au

Phone: 8734 6040

### **COMMUNITY GARDENING WORKSHOP WITH TARNEIT CLUB 60**

Tarneit Community Learning Centre is proud to run gardening workshop for Club 60 Tarneit on Monday 28th of October. The workshop will cover:

- A brief chat about community gardens and it's benefits.
- · Importance of soil health, water efficiency and getting an organic garden started.
- Hands on practice clearing the beds from weeds and feeding the soil with compost.
- Information about soil health and planting seasonal veggies and herbs and mulching.
- Planting beneficial insect attracting flowers.
- Follow up workshops where you learn about pest management, water management and other organic gardening principles.



### Local Support Groups & Services

#### **Community Connectors**

Wyndham City Council has a dedicated team who can help you find and connect with local service options. If you need support, but are unsure of where to start, email us at <a href="mailto:communityconnector@wyndham.vic.gov.au">communityconnector@wyndham.vic.gov.au</a> or call Wyndham Council on (03) 8734 4514 and ask to speak to the Community Connector.

### Central Park Community Foodbank – Run by Project Juan

Community food bank

Day/Time: Tuesdays 10am-12pm Address: Central Park Community Centre, 80 Lonsdale Circuit, Hoppers Crossing

Phone or text: 0481 316 477 or contact through Facebook https://www.facebook.com/ProjectJuan.org/

Community Breakfast Program - Drop in FREE breakfast (toast, cereal, fruits) for all community members. Drop in and join us for breakfast. (Children must be supervised and attend with an adult). Operating during school terms only.

Day/Time: Thursdays 8am-9:30am (during school term only) Address: Dianella Community Centre, 6 Congo Drive, Tarneit

**Phone:** 8742 8300 **Email:** dianellacc@wyndham.vic.gov.au

#### **Food Bank Manor Lakes**

Providing food items to people in need. Day/Time: Wednesdays (during school term only) 12pm -1:30pm

Address: Manor Lakes Community Learning Centre, 86 Manor Lakes Boulevard, Manor Lakes

Email: foodbank@newstart.org.au Facebook: https://www.facebook.com/community.food.assistance/

### Food Pantries - The Pataka Movement

Residents around all areas of Wyndham who have a food pantry out the front of their house that any person can access without judgement. "Take what you need, give what you can".

Facebook page: <a href="https://www.facebook.com/ThePatakaMovement/">https://www.facebook.com/ThePatakaMovement/</a>
Facebook group: <a href="https://www.facebook.com/groups/265569064467832">https://www.facebook.com/groups/265569064467832</a>

#### **Hoppers Crossing Equip Church**

Food Bank provides fresh &non-perishable food items to individuals and families from all walks of life.

Day/Time: Wednesday only 9am until stock lasts. Address: 147-155 Hogans Road, Hoppers Crossing

Phone: 9748 9177. Email: <a href="mailto:equipcommunityservices@swcc.org.au">equipcommunityservices@swcc.org.au</a>

#### Jamieson Way Food Relief Program

Food relief runs weekly to community members in need. Bookings essential, no walk ups.

Contact us directly to make special requests around dietary requirements Day/Time: Tuesday 11:30am-1:30pm

Address: Jamieson Way Community Centre, 59 Jamieson Way, Point Cook Phone:93953 777 Email: admin@jamiesonwaycc.org.au

### Life Community Kitchen

Email: communitykitchen@lifeau.org

All Welcome gathering around a meal to provide families and individual support and relief. Free Hot Dinner, Bookings not required

**Day/Time:** Monday 6.00pm – 8.00pm **Address: Arndell Park Community Centre** 29 – 49 Federation Blvd, Truganina **Day/Time:** Tuesday 6.00pm – 8.00pm **Address: Tarneit Community Learning Centre** 150 Sunset Views Blvd, Tarneit

#### **Point Cook Food Bank**

Available to all members of the community, no questions asked. Provide your own bags if possible.

Day/Time: Sundays 1-pm recommencing 5 Feb

Address: Cross Cultural Church, 7 Adelphi Boulevard, Point Cook

Email: foodpantry@crossculturepointcook.net.au or contact via Facebook: https://www.facebook.com/pointcookfoodbank/

### Pulse With Purpose Dianella Community Centre

Halal friendly meals for vulnerable families, BYO containers. Pre orders welcomed

Day/Time: Tuesday 1--3pm Address: 6 Congo Drive ,Tarneit

Phone: Musarrat 0404 548 254 Email: pulsewithpurpose@gmail.com

#### **At Work**

Employment services for people with a disability and disadvantage looking for work and employers to get the right people into the right jobs

Day/Time: Tuesday and Thursday 9.00am-5.00pm Phone: 1300 192 641

### **Relationship Matters**

Not for profit organisation that promote healthy respectful and fulfilling relationships within the Victorian community.

Day/Time: Mondays, Tuesdays, Wednesdays 4.00pm-7.30pm

Phone: Guy Penna 0432 544 611 Email: gpenna@relationshipmatters.com.au

### Support Groups & Services

#### Restoration Outreach – International Ministries Inc.

Free food for struggling families and people in need. Fresh food, Frozen food, Dry food, Food Hampers, Fresh Fruit, vegetables

**Day/Time:** Saturday 9:00am – 12:00pm **Address**: 5/13 – 19 Tariff Court, Werribee

Phone: 0411 757 174, 0470 571 109, 0492 425 473.

#### **Tarneit Foodbank**

Run by the Epiphany Church to support community members of all ages. No referrals needed. Includes fresh food, frozen food and dry goods.

Day/Time: Every Tuesday 10.00am-11.00am Address: Penrose Promenade Community Centre, 83 Penrose Promenade, Tarneit

Phone: 8734 4500 Facebook page: https://www.facebook.com./TarneitFoodBank/

Salvation Army - Community Support and Emergency relief programs. Address: 211 Watton St Werribee Phone: 9731 1344

<u>Emergency Relief</u> - If you find yourself in difficult circumstances, access short-term financial assistance in the form of food parcels & vouchers. Phone assessment required.

Day/Time: Monday, Tuesday & Wednesday 9:30am-2pm. Thursday from 9:30am-1.45pm

Drop in service - Offer free Tea and Coffee, hot showers and clothes washing facilities for people experiencing homelessness

Day/Time: Monday to Friday from 9am-2pm

<u>Café'Agape</u> - Share good food and great company at our regular community meals. Two-course community lunch (fee but gold cold coin donation gratefully accepted) **Day/Time**: Tuesday and Wednesday 12-2pm all are welcome,

Salvos on the move Bus - Free BBQ tea (gold coin gratefully accepted).

Day/Time: Weekly on Friday Nights at 6pm. Address: Werribee Railway Station (Bus Side)

Men's Breakfast - Come and be challenged and inspired by great speakers, have breakfast, chat and meet new people.

**Day/Time**: 1st & 3rd Saturday of the month 8am

#### Sikh Community of Western Victoria.

Cooked vegetarian Meals. Call to arrange.

Day/Time: Everyday 10.00am - 8.00pm Address: 560 Davis Road, Tarneit

Phone: Gurpreet Singh 0422 025 217 Sandeep Singh 0433 003 309 Pritam Singh 0421 138 113

SUDD Foundation Working predominately with South Sudanese community, offering food relief and other supports.

Phone: 9021 2029 Email: info@sudd.org.au

#### **Wyndham Park Community Centre Foodbank**

Has culturally appropriate food for the Karen, Indian, African and Muslim communities. Very important to advise residents that they must call beforehand.

Day/Time: Every Thursday 9.30 - 12.30pm, please call beforehand

Address: 55/57 Kookaburra Avenue, Werribee

Phone: 03 9742 7298 Email: admin@wyndhamparkcc.com.au

<u>Werribee Baptist Church – Food Hampers</u> Contact to book for interview appointment. If you don't have transport, an interview can be made by phone and the food hamper can be dropped off at your home.

Day/Time: Tuesday or Friday afternoon, between 1pm – 3pm Address: 225 Heaths Road, Werribee Phone: 9749 3166

### **Uniting Wyndham**

Food parcels and food vouchers for people with little to no income. Can also assist with other material aid (like clothing/bedding) by specific request. All assistance including food parcels and vouchers are provided by appointment only.

Day/Time: Monday to Friday 10am to 2pm. Food assistance via phone appointments 10am-2pm

Address: 19 Duncans Rd, Werribee

Phone: 9742 6452

Email: wyndham.reception@vt.uniting.org

<u>Wyndham Youth Services Foodbank</u> Wyndham City Youth Services foodbank service is available for young people of 12-25 years who are struggling and need assistance. Includes baby items, formula and nappies.

**Day/Time:** Monday to Friday 9am-5pm, call to arrange a pick up **Address:** Youth Resource Centre 86 Derrimut Rd, Hoppers Crossing

Phone: 8734 1355