**AUTISM SPECTRUM DISORDER – USEFUL SUPPORTS**

**Amaze (Formerly Autism Victoria)**

Address: 678 Victoria Street, Richmond VIC 3121

Postal Address: PO Box 374, Carlton South, Vic 3053

Tel - Infoline: 1300 308 699 Email: info@amaze.org.au Website: [www.amaze.org.au](http://www.amaze.org.au)

Amaze is the peak body for autistic people and their supporters in Victoria.

Amaze helps individuals on the autism spectrum, their parents/carers and families, support groups, autism professionals, schools and all others who need information and assistance on the subject of autism.

**PlayConnect Playgroups**

PlayConnect is a free, safe and supported playgroup run by a facilitator for children on the Autism Spectrum, or with developmental delays or behavioural concerns, and their families.

PlayConnect+ offer supported playgroups, facilitated music groups, holiday groups and online groups for children 0-8 years with disability or developmental concerns and their families.

Creating lasting peer support networks for parents, caregivers and siblings (up to 5 years).

The Werribee playgroup runs on Tuesday afternoons during school terms (12-2pm); the program is Government funded and free for families.

For more information, contact Anne Shute on 0434 769 341 or email ashute@playgroup.org.au

Website - <https://www.playconnectplus.com.au/>

**Raising Children Network**

Useful information on popular ASD topics such as; Learning about ASD, Behaviour, Communicating, Development, Therapies & services, Health & daily care

Website: [www.raisingchildren.net.au](http://www.raisingchildren.net.au)

**Yellow LadyBugs**

Yellow Ladybugs is dedicated to the happiness, success and celebration of autistic girls and women. Yellow Ladybugs is a volunteer community group who proudly create social events, similar to birthday parties, where girls can come together and have the opportunity to meet and bond over their similar journey. They have a website (link below) and also a Facebook page.

Website **-** <https://www.yellowladybugs.com.au/>

**Different Journeys Autism**

Funded by the state government and grants, Different Journeys Autism creates inclusive environments for autistic youth, adults and their families to provide services across Victoria. They provide a Carer Peer Support Program offering one-on-one support for unpaid carers.

For more information, check out the website or contact details below:

Tel: 0490 774 068 Email: welcome@differentjourneysautism.com

Web: [www.differentjourneysautism.com](http://www.differentjourneysautism.com)