O

C

C

U

P

A

T

I

O

N

A

L

T

H

E

R

A

P

I

S

T

S

**WHAT IS AN OCCUPATIONAL THERAPIST?**

Paediatric occupational therapy focuses on helping children develop skills which enable them to achieve their best abilities in areas including independence in self-care, sensory processing, fine motor skills and gross motor skills.

The term ‘occupational’ in occupational therapy refers to the ‘occupations’ of our daily life. For a child this usually is kindergarten/school, self-care or play.

Occupational Therapy works towards helping to make ‘life easier’ for children with developmental challenges.

**WHEN TO SEEK SUPPORT**

If you have a child who has challenges with any of the following, an Occupational Therapist may be able to assist:

* Concentrating (on one thing at a time) and behaving appropriately
* Sensory Processing (for concentration and learning): sensory reactions within the body or in response to external stimulus which may impact concentration, behaviour and learning.
* Finger skills (Fine Motor skills): pencil and scissor skills (colouring, drawing, writing), opening lunch bags, manipulating toothbrushes, tying shoelaces.
* Whole body skills (Gross Motor skills): running, jumping, swimming, bike riding ball skills, posture at the table.
* Developing independence in self-care (mealtimes, dressing, toileting etc)
* Organising themselves (such as for playing a game, or packing their bags for school/kinder)
* Playing (both alone and with others)
* Self-Management: general organization, keeping track of personal items, understanding time, and using money.

**HOW TO REFER**

Parents/Guardians can call a Private Occupational Therapist of choice and make an appointment for their child; a referral is not required, unless you wish to access Medicare rebates (see below)

The following list contains a variety of Occupational Therapists in the Wyndham area - this list is not exhaustive and the PSFO Service do not endorse any service listed. Please contact the service direct for more information and details of charges. You can also refer to OT Australia website to search for an Occupational Therapist within your area on [www.otaus.com.au](http://www.otaus.com.au) and go to the “Find an OT” link.

Families may be able to obtain Medicare rebates (up to 5 allied health rebates per calendar year) to patients who are referred by a GP under the Chronic Disease Management Plan (CDMP) - please refer to the section “**How to get Medicare rebates for seeing** **therapists**” on page 49 for more information.

\*Please Note\* Children may be eligible for Community Health OT through IPC Health.

There are criteria that must be met in order to be eligible.

For eligibility criteria please contact your local IPC Health Service <https://www.ipchealth.com.au/locations/> or speak to your child’s Educators / PSFO

|  |  |  |
| --- | --- | --- |
| **INSPIRING POSSIBILITIES**  Tel: 0400 825 344  Email: charlievella@bigpond.com  Web: [www.inspiringpossibilities.com.au](http://www.inspiringpossibilities.com.au) | Services Provided | OT and Speech Therapy  (Telehealth only) |
| Usual waiting times | 2 weeks for Telehealth and 2 months for face to face |
| Bulk Billing? | No |
| NDIS Provider? | Yes |
| Medicare Rebates? | Yes |
| **Additional Info**  We do after hours and weekends. | |
| **D.O.T.S OT for Children**  275 Princes Highway  Werribee 3030  Tel: 8256 2484  Email: ccteam@dotschildot.com.au  Web: dotschildot.com.au | Services Provided | Occupational Therapy |
| Usual Waiting Time | Extensive |
| Bulk billing? | No |
| NDIS Provider? | Yes, NDIA managed |
| Medicare rebates? | Yes |
| **Additional Info**  Clinic, School, community, Home & Telehealth appointments  We offer various groups throughout the year, please check our social media accounts and newsletter for more details. | |
| **HORIZON ALLIED HEALTH**  Occupational Therapy & Speech Therapy Services  Tel:  1300 389 422  Email:  admin@horizonalliedhealth.com.au  Web: horizonalliedhealth.com.au | Services Provided | Occupational Therapy |
| Usual waiting times | 2-4 weeks |
| Bulk Billing? | No |
| NDIS Provider? | Yes |
| Medicare Rebates? | Medicare registered |
| **Additional Info**  Occupational therapy services available on Saturdays | |
| **LEAPFROG THERAPY PTY LTD**  Paediatric Occupational Therapy Service  Mail Address:  Level 1, Suites 1&2,  74 Doncaster Road  Balwyn North 3104  Mob: 0406 508 281  Email: support@leapfrogtherapy.com.au  Web: www.leapfrogtherapy.com.au | Services Provided | Occupational Therapy |
| Usual waiting times |  |
| Bulk Billing? | No |
| NDIS Provider? | Yes |
| Medicare Rebates? | Yes (with care plan from GP) |
| **Additional Info**  Occupational Therapists at Leapfrog are specialists in Paediatrics with a particular focus on developmental and learning challenges and disabilities.  We work with children of all ages and abilities with and without a diagnosis. We have a clinic in North Balwyn and are a community-based practice that works in kindergartens, schools and homes of children in the inner Western and Eastern suburbs of Melbourne.  Just some of the things we can help with are skills needed in the classroom such as fine motor skills and staying on task; self-care skills leading to independence appropriate for the child's age;  play/social skills such as emotional regulation and understanding social cues and recreation skills to improve hand-eye coordination and balance. Assessments and therapy are conducted at our Balwyn North clinic, child's home, school or kindergarten.  Our therapists can also assist with SWEP applications and with NDIS application/review supporting documentation. | |

|  |  |  |  |
| --- | --- | --- | --- |
| **LANGUAGE FOR LIFE SPEECH PATHOLOGY**  118 Derrimut Road  Hoppers Crossing 3029  Tel: 8714 1751 / 1300 9898 07  Email: enquiries@languageforlife.com.au  Web: languageforlife.com.au | Services Provided | OT, Speech Therapy, Psychology, Physiotherapy, Dietetic, Art Therapy & Music Therapy, Counselling, Social Worker, Plan Management, Audiology, Support Coordination, Allied Health Assistance, NDIS Funding Application Assistance, and Household Tasks, Positive Behavioural Support | |
| Usual waiting times | In-Clinic Sessions:  Speech, OT and Psychology: In-clinic sessions – 12 months  Art Therapy, Dietetics, Physiotherapy – Spots available  Mobile Therapy (areas covered):  OT – Southern Melbourne – Spots available/ Western Melbourne – 12 months waitlist  Speech Therapy – Central Melbourne – Spots available/ Western Melbourne – 12 months waitlist  Physiotherapy – Northern Melbourne, South East Melbourne – Spots available  Music Therapy – Western Melbourne, Preston – Spots available  Telehealth Sessions are available:  Telehealth sessions for Speech therapy, OT, Psychology, Dietetics, Music Therapy, Art Therapy, Social Worker and Counselling and NO WAITLIST | |
| Bulk Billing? | No | |
| NDIS Provider? | Yes | |
| Medicare Rebates? | Yes | |
| **Additional Info:**   * We accept clients across Australia for Telehealth Therapy sessions (online video sessions done via Zoom). * Experienced therapists working with children, adolescents, adults and aged. * Apart from Therapy services we also provide Plan management Service, Support Coordination, NDIS Funding Application Assistance, and Household Tasks. * From 2025 onwards, we have included the new Therapy services, Audiology, Allied Health Assistance and Positive Behavioral Support   **Diverse range of expertise area services:**   * **Speech:** Autism, Articulation difficulties, Language, Fluency (stuttering) and Literacy, learning difficulties in the area of Social Skills, handwriting, activities of daily living, sensory skills and adults with swallowing and communication difficulties. * **Psychology:** Post traumatic stress disorder (PTSD), Anxiety, Depression, Autism, ADHD, Addiction, Interpersonal relationship issues, Eating disorders, Grief & Loss * **Occupational Therapy:** Developmental Disorders, Autism Spectrum Disorder, Intellectual Disability, Behavioral Issues, Mood disorders (eg depression), Anxiety disorders, Cerebral Palsy, DIR Floortime, Learn to Play (Karen Stagnitti), Parent Coaching, SPARK communication (Hanen strategies), Handwriting, Sensory Processing * **Physiotherapy:** Hands-on treatment, exercise prescription and management techniques to prevent and minimize the impact of injury, coordination issues, abnormal tone, acquired orthopedic injuries and movement disorders like cerebral palsy. * **Dietetics:** Eating disorders, food intolerances and allergies, physical and cognitive disabilities, fussy eating, nutritional deficiencies and chronic diseases such as diabetes and heart disease. * **Music Therapy:** Acquired Brain Injury (ABI), Autism Spectrum Disorder (ASD), Dementia, Alzheimer’s, Dissociative Identity Disorder (DID), Post-Traumatic Stress Disorder (PTSD), Bipolar Disorder (BP), Depression, Down Syndrome (DS), Intellectual Palsy (ID), Cerebral Palsy (CP) * **Art Therapy:** Autism, Spirituality wellbeing, Emotional regulation, Mental health challenges, Navigating trauma, Self-care, Relationship building, Mindfulness * **Counselling:** Substance abuse, mental health such as anxiety, BPD and complex trauma. Family violence * **Social Worker:** Parentingsupport, Prenatal and postnatal mental health, Anxiety, Neurodiversity, Social/emotional skills development, Emotional regulation, Behavior challenges. * Clinic Base/Telehealth/Home visit/School & kinder visit/Group and Centre Based Activities/Therapeutic Support * Online Appointment Bookings * Assessments available for all the services * Open on Saturdays as well * We offer group programs like Secret Agent Society (SAS) and Tuning Into Kids (TIK), but we do not currently provide school readiness programs. | | |
| **Katrina Smith**  66 Derrimut Road  Hoppers Crossing 3029  Tel – 0409 673 435  Email: katrinas@y7mail.com | Services Provided | | OT |
| Usual waiting times | | Minimum 12 months |
| Bulk Billing? | | No |
| NDIS Provider? | | Yes |
| Medicare Rebates? | | Yes |
| **Additional Info**  Children 0-12 years. Kindergarten, childcare and school visits available.  Appointments available: Tuesday, Wednesday, Thursday | | |

|  |  |  |
| --- | --- | --- |
| **EQUIPKIDS OT SERVICES**  Unit 209/2 Infinity Drive,  Truganina VIC 3029  Tel: (03) 9913 7826  Email: info@equipkids.com.au  Web: [www.equipkids.com.au](http://www.equipkids.com.au) | Services Provided | Occupational Therapy (OT) |
| Usual waiting times | 3 months + |
| Bulk Billing? | No |
| NDIS Provider? | Yes |
| Medicare Rebates? | Yes |
| **Additional Info**  Equip Kids offers community and clinic based occupational therapy for children. Our clinic is located in Truganina and we also offer mobile therapy sessions covering the Wyndham Area.  Operating Hours: Mon – Fri: 9am – 5:00pm | |
| **SPLASH PAEDIATRIC THERAPY**  31  Wyndham Private Medical Centre  Level 1, 242 Hoppers Lane  Werribee, 3030  Tel: 8731 6555  Email: info@splashtherapy.com.au  Web: splashtherapy.com.au | Services Provided | OT and Speech Pathology |
| Usual Waiting Time | Waitlist closed at Dec 2021 |
| Bulk billing? | No |
| NDIS Provider? | Yes |
| Medicare rebates? | Yes (CDMP for OT & Speech & MHCP for OT) |
| **Additional Info**   * Provide service for children with mild to significant developmental issues * We run eating groups, based on Sequential Oral Sensory (SOS) approach, can be offered individually * Can offer home and kinder/childcare services * Can offer Professional Devt sessions for educators and parents * Provide an evidence based quality private practice that works in partnerships with parents and educators to provide goal directed intervention with measurable functional outcomes | |
| **Early Start Australia (formerly Children’s Speech & OT)**  25/2-14 Station Place  Werribee 3030  Tel: 9731 7583  Email: werribee@earlystartaustralia.com.au  Web: earlystartaustralia.com.au | Services Provided | Occupational Therapy and Speech |
| Usual Waiting Time | Depends on needs |
| Bulk billing? | No |
| NDIS Provider? | Yes |
| Medicare rebates? | Yes |
| **Healthy Kids at Play**  19a Princes Hwy  Werribee VIC 3030  Tel: 9071 3076  Email: admin@healthykidsatplay.com.au | Services Provided | OT, Speech Pathology, Functional Assessments, Positive Behaviour Therapy, Counselling Services, |
| Usual Waiting Time | Speech Pathology = 6 months  All other services = immediate sessions available |
| Bulk billing? | No |
| NDIS Provider? | Yes |
| Medicare rebates? | Yes |
| **Additional Info**  Monday to Saturday hours. Services include home/education center and in clinic visits. Social skills group sessions available fortnightly. School Holiday Sessions available  School Readiness Programs available towards the end of the year | |

|  |  |  |  |
| --- | --- | --- | --- |
| **BILLY BUTTONS THERAPY**  Mobile Service – Wyndham LGA  Tel: 0499 793 093  Web: billybuttonstherapy.com.au  Email: [admin@billybuttonstherapy.com.au](mailto:admin@billybuttonstherapy.com.au) | Services Provided | | Occupational Therapy  Early Childhood Intervention services under Key Worker Model |
| Usual waiting times | | Variable |
| Bulk Billing? | | No |
| NDIS Provider? | | Self-managed and Plan-managed participants only |
| Medicare Rebates? | | No |
| **Additional Info**   * Occupational Therapy services for children 0-12 years. * Early Childhood Intervention under the Key Worker model for children under 7. * We work with families to provide individually tailored strategies and support for their child. * We are a mobile therapy service providing support in the home, school, kindergarten, childcare and other community settings. * Telehealth services also available. | | |
| **NEUROJUNIOR ALLIED HEALTH**  Suite 3, Ground Floor, 236 Hoppers Lane, Werribee, Vic 3030  Tel – 1300 13 16 19  Email – hello@neurojunior.au  Web – nrah.com.au/neurojunior | Services Provided | Occupational Therapy, Speech Pathology, Physiotherapy, Psychology, Exercise Physiology, Neuropsychology, Cognitive Assessments, Westmead Feelings Program, School Readiness Assessments, Learning and IQ Assessments, ADHD Diagnostic Assessments, Psychology, Behaviour Support, Music Therapy, Dietetics, Allied Health Assistants | |
| Usual Waiting Time | 1-6 weeks | |
| Bulk billing? | No | |
| NDIS Provider? | Yes | |
| Medicare rebates? | Yes | |
| **Additional Info**  Open Monday to Friday, 9am to 6pm and can provide therapy in our clinic, the home, community, school or via telehealth. We provide family-centred, evidence-based therapy for children and young people under 18 years of age. Our experienced team love to support kids and teens with neurodevelopmental conditions and neurodisability. We keep therapy fun and motivating, so let’s work together to achieve your best. | | |

|  |  |  |
| --- | --- | --- |
| **NATIONAL PEKE CENTRE WERRIBEE**  15 Manor Lakes Blvd  Manor Lakes VIC 3024  Tel: 8742 4874  Email: [Werribee.admin@pekecentre.com.au](mailto:Werribee.admin@pekecentre.com.au)  Web: [www.pekecentre.com.au](http://www.pekecentre.com.au) | Services Provided | Psychology, Occupational Therapy, Speech Therapy, Art Therapy, Music Therapy, Allied Health Assistants (AHA Program), Professional Development |
| Usual Waiting Time | Contact clinic for more information about wait times.   * Psychology – No waitlist * OT – a few spot available, no waitlist * SP – no waitlist * Art Therapy – no waitlist * Music Therapy – no waitlist |
| Bulk billing? | No |
| NDIS Provider? | Yes |
| Medicare rebates? | With a Mental Health Care Plan |
| **Additional Info:**  Opening Hours:  Monday to Friday: 8am - 4pm  Saturday: 9am - 5pm  We run holiday group programs. | |
| **BUILDING CREATIVE CHILDREN**  Paediatric Occupational Therapy Service  Mobile Service – Wyndham area  **Email**: [admin@buildingcreativechildren.com.au](mailto:admin@buildingcreativechildren.com.au)  **Web:**  [www.buildingcreativechildren.com.au](https://aus01.safelinks.protection.outlook.com/?url=http%3A%2F%2Fwww.buildingcreativechildren.com.au%2F&data=05%7C02%7CJanet.Lakin%40wyndham.vic.gov.au%7Caf1f5885f6bd4889156a08dc3efdcdc7%7Cccedce2eab9f4e51bb3d3c6e2171f03e%7C0%7C0%7C638454507007184801%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C0%7C%7C%7C&sdata=CQpJbN%2Bf4GescvWHeSxE8AS%2Bn6sQWB9w4apYj2R1%2Fwo%3D&reserved=0) | Services Provided | Paediatric Occupational Therapy |
| Usual Waiting Time | Variable |
| Bulk billing? | No |
| NDIS Provider? | Yes (Self-Managed and Plan Managed) |
| Medicare rebates? | Yes (with care plan from GP) |
| **Additional Info:**   * Occupational Therapy services for children 0-12 years. * We work with families to provide individually tailored strategies and support for their child. * We are a mobile therapy service providing support in the home, school, kindergarten, childcare and other community settings. * Telehealth services also available. * Consultations are available and recommended for clients who are experiencing long waitlists and wanting support and strategies prior to receiving ongoing therapy. * Operating hours are varied due to being a mobile service. * Availability is varied depending on client and therapist. * Weekends and afterhours are not available. * We work on a 1:1 basis with clients and their families. * We provide parent coaching for those who are unable to receive ongoing therapy and while on waitlists. | |

35

|  |  |  |
| --- | --- | --- |
| **Domain Health**  **Address**: 602 High Street  Prahran VIC 3181  **Telephone**: 03 7023 7910  **Email**: [intake@domainhealth.com.au](mailto:intake@domainhealth.com.au)  **Web:**  <https://domainhealth.com.au/> | Service Provided | Occupational Therapy, Speech Therapy, Physiotherapy |
| Usual Waiting Times | No waitlist but can vary |
| Bulk Billing? | No |
| NDIS Provider? | Yes, provide NDIS services but not NDIS registered provider |
| Medicare Rebates? | Yes (with care plan from GP) |
| **Additional Info:**  Hours of operations, any specialties etc.  We are a community based service so offer sessions in home or kinder settings. | |

You can also refer to OT Australia website to search for an Occupational Therapist within your area on [www.otaus.com.au](http://www.otaus.com.au) and go to the “Find an OT” link.