Meet Rhi from Wales. 1st Mawrth Dydd Gwyl Dewi. The 1st of March is St David's Day. On St David's Day kids make Welsh craft at school and bake Welsh cakes

In Welsh history, a person would carve and give a Welsh Love Spoon to someone they cared for.

What you need:

- Wooden spoon
- Paper
- Textas
- Glue
- Scissors

What to do:

Decorate the spoon by either drawing symbols or cutting out paper shapes and glue them to the spoon.

Here are what some of the traditional symbols mean that were used when the spoons were carved.

- · Wheel-support
- Leaf- to love and grow
- Knot-two lives together
- Key and lock-home and feeling safe
- Horseshoe-good luck
- Heart-love
- Flowers- affection
- Daffodil-symbol of Wales
- Diamond-wealth



