

Term 1 | 2025

Community Centre Program & Activity Guide

Connect

Create

Learn

Share



Point Cook



Grace and Groove Dance

This class is designed for dance lovers who wish to learn basic semi-classical dance. Learn and perform with me at various events and spread love and happiness through the art of dance! Join us and start your dance journey now. Sign up today and get your first class FREE!

Wednesdays 6:30pm - 7:30pm

Thursdays 5:30pm - 6:30pm

Saltwater Community Centre

LEGO Robotics Class by Rocket Academy

Through LEGO robotics and coding, kids have fun while building work and life-ready skills like problem-solving, teamwork, and creativity. Our activities are designed with intentional play in mind – blending fun and education to inspire curiosity and skill development. Each session encourages purposeful exploration, hands-on learning, and collaboration, helping children thrive in a supportive and engaging environment. It's play with a purpose, fostering the confidence and abilities they'll carry into the future.


Mondays starting 3rd February

3:30pm - 4:30pm

Featherbrook Community Centre



Wyndham City Council would like to pay respect and acknowledge the Bunurong and Wadawurrung People as the Traditional Custodians of the land on which Wyndham City Council is located.

Various Locations & times	Contact Information	
Immunisations The Wyndham City Immunisation Unit provides free public vaccinations against a range of childhood and adult diseases.	Contact: Wyndham Immunisation Team 9742 0736 wyndham.vic.gov.au <i>select</i> <i>Children's Services > Immunisations</i>	For further information scan to be directed to Children's Services Website 
Maternal & Child Health Appointments Professional nursing support & advice for parents with children from birth to school age.	Contact: Child and Family Resource Team 1300 370 567 wyndham.vic.gov.au/services/childrensservices	
First Time Parents Group Meet friendly local families to talk about your kids & have fun! Share experiences, find advice, give support & make new friends.		
Supported Playgroup—Ages 0-5 A playgroup that aims to meet the needs of vulnerable families in our community.		
Wyndham City Council - Kindergarten 3 & 4 Year Old Kindergarten Services. Enrol your child online.		

Early Years Programs & Activities

Featherbrook Community Centre		
Little Kookies Playgroup FEES APPLY Children learn through play, imagination, creativity & develop social skills. A friendly environment where parents meet new friends too. Suitable 5yrs & under.	Thursdays 9:00am – 11:00am	Monica: 0415 897 393 littlekookiesfeatherbrook@gmail.com
Mini Movers – Leisure Networks FREE Mini Movers is a free 30 minute physical well-being program that gives 3-7 year olds the opportunity to try new sports, make friends & grow their confidence. Bookings essential.	Fridays 9:30am - 10:30am 6 week program	Tori: 03 5224 9972 tori.honner@leisurenetworks.org
Tini Tutus FEES APPLY Educational pre school ballet classes promoting fitness and creativity from a young age with the right balance of fun and learning.	Thursdays 9:00am - 11:30am	Tiny Tutus: 1300 245 060 hello@tinytutus.com.au tinytutus.com.au
Hispanitos Playgroup FEES APPLY This Spanish playgroup features songs and rhymes for babies and kids, reading Spanish books, and free playtime. It's also a great opportunity for adults to socialize in Spanish!	Mondays 1.30pm - 3:30pm	Anna Londono: 0410 441 877 analondono117@gmail.com

Point Cook Community Learning Centre		
Bilingual Story Time – Chinese & English FREE Children of all ages Join us for 45 minutes of stories, songs and rhymes, and craft in Chinese and English. Meet bilingual families, learn words in another language and help your child develop important language skills.	Fridays (2nd of the month) 10:00am	Point Cook Library 8734 8999 For session dates and times please visit: wyndham.vic.gov.au/services/libraries/early-years/early-years-events-and-activities
Baby Time Ages 0-12 months FREE Sing, move and bond with your baby as we share some of our favourite songs and reading tips.	Thursdays 2:00pm Fridays 11:30am	Programs during school term only

Point Cook Community Learning Centre		
<p>Rhyme Time Ages 1-5 years FREE</p> <p>These 30 minute sessions include stories, songs and rhymes designed to develop early language, literacy and numeracy skills.</p>	<p>Tuesdays & Wednesdays 9:30am Saturdays 10:15am (fortnightly)</p>	<p>Point Cook Library 8734 8999</p> <p>For session dates and times please visit: wyndham.vic.gov.au/services/libraries/early-years/early-years-events-and-activities</p> <p>Programs during school term only</p>
<p>Story Time Ages 3+ FREE</p> <p>These 45 minute sessions include stories, songs and rhymes, and a simple craft activity designed to develop early language, literacy and numeracy skills.</p>	<p>Tuesdays 11:am Fridays 10:00am (1st, 3rd, 4th of month)</p>	
<p>Little Buddies Toy Library FEES APPLY</p> <p>Wide range of toys suitable for 0-5 year old including ride-ons, educational toys, puzzles, games, imaginative play sets, baby toys & more.</p>	<p>Tuesdays & Fridays 10:00am – 1:00pm Saturdays 9:30am – 1:30pm</p>	<p>0492 980 692 admin@littlebuddiestoylibrary.com.au littlebuddiestoylibrary.com.au</p>
<p>Munchkins & Rascals Playgroup FEES APPLY</p> <p>A fun, welcoming, inclusive environment using sensory play, music, art & age appropriate learning for families from all backgrounds to participate in. We currently have families with children under 6mth.</p>	<p>Mondays 2:00pm - 4:00pm</p>	<p>Xanthe or Caitlin munchkin.playgroup@gmail.com</p>
<p>Point Cook Chinese Playgroup FEES APPLY</p> <p>Friendly playgroup engaging kids under 5 in music, storytelling, games & craft activities in Chinese (Mandarin). Meet other families. Enjoy indoor & outdoor play. Introduce Chinese to children in a 100% immersion environment.</p>	<p>Mondays 9:30am - 11:30am (during school term)</p>	<p>Brittany Chen brittany.chen1023@gmail.com</p>
<p>Point Cook Little Friends Playgroup FEES APPLY</p> <p>A play-based playgroup for 0-5 year olds. Activities include story time, music, dance, craft & outdoor play. Can bring your own lunch. Relaxed & social time for parents & children.</p>	<p>Tuesdays 9:30am - 11:30am (during school term)</p>	<p>pclittlefriends@gmail.com</p>
<p>Safer Spaces Disability Playgroup FEES APPLY</p> <p>Community playgroup for children with different abilities and their carers. Some free play and structures activities such as crafts and songs.</p>	<p>Wednesdays 9:30am - 11:00am (fortnightly)</p>	<p>Josh: 0434 648 404 safer-spaces.com.au/collections/community</p>

Saltwater Community Centre		
<p>Adventure Seekers Playgroup FEES APPLY</p> <p>We aim to create an exciting playgroup aimed at children 0-4 years who love exploring through fun experiences like outdoor sensory play, arts and crafts. Children will develop teamwork, problem solving skills and confidence. Each session will offer something new and different.</p>	<p>Fridays (School Term) 9:00am - 11:00am</p>	<p>Arta adventureseekersplaygroup@gmail.com</p>
<p>Bookshelf at Saltwater Community Centre FREE</p> <p>Wyndham Library members can now borrow from collection at Saltwater Community Centre. Must have a Library membership.</p>	<p>Monday to Friday 9:00am - 5:00pm</p>	<p>Wyndham City Libraries 8734 8999</p> <p>For session dates and times visit: wyndham.vic.gov.au/pop-up-library</p>
<p>Saltwater Chinese Playgroup FEES APPLY</p> <p>For mums, dads, grandparents & carers with kids 0-5years. Come and enjoy craft, dancing, singing rhymes and story time.</p>	<p>Wednesdays 9:30am - 11:30am</p>	<p>Sumei / Meredith swchineseplaygroup@gmail.com</p>
<p>Tiny Tutus Preschool Ballet FEES APPLY</p> <p>Educational pre-school ballet classes promoting fitness and creativity from a young age with the right balance of fun and learning.</p>	<p>Fridays (School Term) 9:30am - 12:30pm</p>	<p>1300 245 060 hello@tinytutus.com.au tinytutus.com.au</p>

Saltwater Community Centre		
VICSEG Korean Playgroup FREE This playgroup offers families of Korean Culture an opportunity to promote their children's skills through cooperative play, share play, develop cognitive, social, emotional and physical skills, prepare for kinder. Provide health information, parenting, early learning and healthy eating. Share information and experiences and discuss issues of interest in a friendly environment.	Mondays (School Term) 9:30am - 11:30am	Karen Diacono kdiacono@vicsegnewfutures.org.au u viscegnewfutures.org.au/
VACCA Playgroup FREE Parents will attend with kids, every session is something new could be crafts, cooking, incursions, science. Great for our Koorie families to make new friends, express creativity, learn about culture, hear stories, have a feed and get to know other Koorie families.	Tuesdays (School Term) 12:00pm - 2:00pm	Ebony ebony@vacca.org

Education & Training Kids & Adults

Featherbrook Community Centre		
AL Madina Islamic Foundation DONATIONS Join our vibrant Arabic/Urdu language classes. Learn through engaging activities, creative expression and community engagement. Donations welcome.	Wednesdays 4.30pm - 5.30pm	Wajid: 0430 876 786 kkart.classes@gmail.com
Artispeak Mandarin and Public Speaking FEES APPLY Help students 4-18 unleash their natural abilities, build self-confidence and courageously express themselves in public.	Tuesdays 4.00pm - 5.00pm	WeChat: Artispeak 0424 845 227
KK Art FEES APPLY Art, drawing & craft lessons for kids 4-8. Classes are designed to be the one stop shop to develop your drawing, painting, colouring & craft making abilities.	Wednesdays 5:00pm - 6:00pm	Edmund: 0432 513 344 kkart.classes@gmail.com
Lego Robotics Class by Rocket Academy FEES APPLY Rocket Academy empowers kids through play-based learning with everyday objects and simple robotics, using the LEGO education system. We inspire essential future skills in a fun and engaging way. Through hands on activities, we ignite a lifelong interest in STEAM, preparing children to tackle future challenges with confidence.	Mondays 3:30pm - 4:30pm During school term only	Carmen: 0488 779 418 hello@rocketacademy.com.au rocketacademy.com.au
Spoken English Classes - Adult FREE Learn to speak spoken English with Nina. A volunteer led Hubs program. Spaces limited.	Mondays 10.35am - 12.00pm Tuesdays 9:00am - 10.25am	Featherbrook Team: 8353 4000 featherbrookcc@wyndham.vic.gov.au u
WCEC English Conversation Classes - Adult FEES APPLY New to English classes in partnership with Wyndham Community & Education Centre.	Thursdays 12:00pm - 3:00pm	Wyndham Community & Education Centre 9742 4013 wyndhamcec.org.au/wpmain/
Point Cook Community Learning Centre		
Abacus Training Centre by Sempo SIP FEES APPLY Enhance children's cognitive skills with ABACUS-based brain training. Acquire mental arithmetic skills in an enjoyable & structured setting, with a tailored curriculum designed to accommodate children of varying skill levels. Free trial class available.	Mondays & Wednesdays 4:30pm - 6:30pm Fridays 4:00pm - 6:00pm Saturdays 9:00am - 11:00am	Hany: 0431 830 359 info@sempoasip.com.au sempoasip.com.au

Point Cook Community Learning Centre		
AMEP: English Classes FREE Free English classes for refugees and other eligible migrants.	Monday & Fridays 9:00am - 2:30pm	Wyndham Community & Education Centre 9742 4013 & press 1
AMES: English & VET Training Classes FREE Government-funded courses for eligible students. Improving your English language skills for study & work purposes. Gaining hands-on experience through practical work placements, joining our vibrant student community & building relationships.	Thursdays 9:00am - 2:30pm	AMES Australia 8644 6161 yaseenm@ames.net.au ames.net.au
Brainworks FEES APPLY Helps to develop students potential aspiring to reach various goals, improve their understanding of the school curriculum, prepare for competitive scholarship & selective school exams.	Wednesdays & Thursdays 5:15pm - 7:15pm	Adnan 0433 195 110 or 0401 421 115 pointcook@brainworks.com.au brainworks.com.au
Computer Class - Beginners FREE An interactive 4-week program for beginners to learn all about computers. Whether you're a complete novice or just want to brush up on your skills, this in-person event is perfect for you!	Wednesdays 1:00pm - 2:30pm (4 weeks starting 5 February)	Point Cook Library 8734 8999 For bookings visit: wyndham.vic.gov.au/services/libraries/adults/library-it-programs .
Conversational English for migrants FREE Practise your English skills, meet new people, and learn from others.	Fridays 9:00am - 11:00am	Point Cook Community Learning Centre: 8734 0205 pointcookclc@wyndham.vic.gov.au
English for Chinese speakers FREE Practise your English skills, meet new people, and learn from others. During school terms.	Wednesdays 9.00am - 11:00am (not 2nd Wednesday of the month)	
English Conversation Ages 18+ FREE Practise your English skills, meet new people, & learn from others. A great way for you to connect with the community & maybe even make new friends.	Mondays 11:00am - 12:00pm	Point Cook Library: 8734 8999 wyndham.vic.gov.au/adult-events-and-activities
Digital Essentials - Level 1 FEES APPLY Designed to help learners understand the basics of technology, including different digital devices, their functionality and the ways these devices can be used to connect with others and access services over the internet.	Tuesdays 12:30pm - 3:30pm	Wyndham Community & Education Centre 9742 4013 wyndhamcec.org.au/course-list-pre-accredited/ all courses are 3 hours for 10 weeks
MYOB - Introduction FEES APPLY This is a practical hands-on course designed to teach students about the computerized accounting package MYOB. Including payroll and BAS.	Tuesdays 9:00am - 12:00pm Saturdays 12:30pm - 3:30pm	
MYOB - Intermediate FEES APPLY This is a practical hands-on course designed to continue on from the Introduction to MYOB course, to further assist learners to deepen their knowledge of the program.	Saturdays 9:00am - 12:00pm	
Flying Minds AI Training FEES APPLY Dive into the future of AI with a training curriculum designed for ages 10-24 years. The course offers hands-on, project based learning experience. The students will delve into coding, ML, ethical use of AI.	Sundays 12:30pm - 2:30pm	Jesika: 9013 6002 info@flyingmindsai.com.au

Point Cook Community Learning Centre		
<p>Gunsmart—Firearm Safety Course FEES APPLY</p> <p>Safety & information course from Victoria Police. Feel safe around firearms or complete the course certificate to apply for a category A/B firearms licence. Juniors 12-18 years welcome when accompanied by an adult. Course & short exam.</p>	<p>Tuesdays (fortnightly) 7:15pm - 9:00pm</p>	<p>Gunsmart: 1300 920 900 instructor@gunsmart.com.au gunsmart.com.au</p>
<p>iPhone Photography Basics FREE</p> <p>Unlock your iPhone camera's potential. Learn essential tips, master composition, manage storage, and easily share stunning photos. Bookings required</p>	<p>Wednesday 12 March 1:00pm - 2:30pm</p>	<p>Point Cook Library: 8734 8999 For bookings visit: wyndham.vic.gov.au/whats-on/iphone-photography-basics-point-cook-library</p>
<p>IT Help One-on-One FREE</p> <p>Free digital training is available. Book a One-on-One IT help session, and our friendly staff will help you. Bookings required</p>	<p>Wednesdays 10am - 10:30am Thursdays 2pm - 3pm Online Weekdays 10:00am - 11:00am</p>	<p>Point Cook Library 8734 8999 wyndham.vic.gov.au/services/libraries/adults/library-it-programs</p>
<p>Point Cook Homework Club FREE</p> <p>This new free program facilitated volunteer Dr. Ritu Taneja. A highly experienced tutor and co-funder of RD Education Leaders in Point Cook. It will focus on students in high & senior secondary schools, specializing in mathematics & science studies. Come with your books and study topics of conversation.</p>	<p>Tuesdays 4:30pm - 5:30pm Bookings essential</p>	<p>Dr. Ritu Taneja: 0427 202 253 ritutaneja.aa@gmail.com or Point Cook CLC: 8734 0205 pointcookclc@wyndham.vic.gov.au</p>
<p>Rocket Academy STEM Workshop FEES APPLY</p> <p>Empowering kids through play-based learning with everyday objects & simple robotics, using the LEGO Education system. We inspire essential future skills in a fun & engaging way. Through hands-on activities, we ignite a lifelong interest in STEAM, preparing children to tackle future challenges with confidence.</p>	<p>Saturdays 11:15am - Ages 4-6 12:15pm - Ages 5-7 1:15pm - Ages 8-10</p>	<p>Carmen: 0415 897 393 hello@rocketacademy.com.au rocketacademy.com.au</p>
<p>Sewing Classes—So & Sew - Beginners FEES APPLY Introduction to the Textile Industry</p> <p>This course is perfect for those who want to learn how to sew with different fabrics, follow simple patterns and make items on a basic sewing machine.</p>	<p>Tuesdays 12:30pm - 3:30pm</p>	<p>Wyndham Community & Education Centre 9742 4013 wyndhamcec.org.au/course-list-pre-accredited/ all courses are 3 hours for 10 weeks</p>
<p>Sewing Classes—Next Stitch - Intermediate FEES APPLY</p> <p>An intermediate level sewing course which assumes basic knowledge of using machines. Will cover introduction to overlockers, working with different fabrics and using patterns to make a simple garment.</p>	<p>Wednesdays 6:00pm - 9:00pm Thursdays 6:00pm - 9:00pm</p>	
<p>Sewing Classes—All Sewn Up - Advanced FEES APPLY</p> <p>Advanced level course which follows on from the "Next Stitch" course. This course includes sewing with stretch fabric and making a more complex article or garment.</p>	<p>Tuesdays 9:00am - 12:00pm</p>	
<p>Telugu Association of Australia Inc FEES APPLY</p> <p>Teaching Telugu language to protect culture & diversity among our children while integrating with the multicultural society of Wyndham.</p>	<p>Saturdays (fortnightly) 3:30pm - 6:00pm</p>	<p>Satya: 0422 211 036 matamps@cba.com.au taai.net.au</p>
<p>Writing Group Ages 18+ FREE</p> <p>Free writing group for adult writers of all levels of experience. Get your creative juices flowing with exercises designed to inspire and develop your writing skills in a fun and friendly environment.</p>	<p>Tuesdays (4th of the month) 1:30pm - 2:30pm</p>	<p>Point Cook Library: 8734 8999 For session dates and times visit: wyndham.vic.gov.au/adult-events-and-activities</p>

Point Cook Community Learning Centre		
Zimbabwean Community in Australia (Victoria) FEES APPLY Offering Shona Ndebele language classes to kids & adults.	Saturdays 1:00pm - 3:00pm	Dr Taka Zivave: 0424 326 267 zimviccommunitylanguageschool@gmail.com
Saltwater Community Centre		
Expert Academy FEES APPLY A tutoring program designed to help students improve their understanding and performance in Maths and English. Registered teacher, experienced tutor providing personal instruction, assistance with homework and strategies, mastering challenging concepts. Key components of the program often include setting learning goals, assessing students current level, providing targeted practice and tracking progress to ensure academic growth.	Mondays 5:00pm - 7:00pm	Gunjan: 0412378064 contact@expertsacademy.com.au expertsacademy.com.au
Wyndham Chess Club FEES APPLY Chess lessons and chess club for children aged 6 and over. All levels welcome from beginners to advanced.	Fridays 6:00pm - 8:00pm	Phil Minichelli: 0478 604 601 phil@wyndhamchess.club wyndhamchess.club
Wyndham Community and Education Centre - AMEP Classes FREE Provide English classes to eligible migrants	Mondays & Thursdays 9:00am - 2:30pm	Wyndham CEC: 9742 4013 enquiries@wyndhamcec.org.au wyndhamcec.org.au

Recreation & Wellbeing Kids & Adults

Featherbrook Community Centre		
Beat Freakz Fitness FEES APPLY Dance fitness in the dark that is suitable for all levels, all shapes, sizes & abilities. A safe place for women, families, young adults and children.	Mondays 6:00pm - 7:30pm	Jenna Chaffey: 0424 124 661 beatfreakzfitness@yahoo.com beatfreakzfit.com.au
Kathak Kendra Dance Classes FEES APPLY Kathak is one of the eight Indian classical dance forms of India. Originated from Uttar Pradesh, specialising in 3 gharanas - Jaipur, Lucknow and Banaras.	Sundays 5:00pm - 7:00pm	Parul Juneja: 0434 361 191 kathakkendra.nz@gmail.com
Let's Dance Point Cook FEES APPLY Community social sequence ballroom dancing incl. Cha Cha, Tango, Foxtrot, Waltz & many more.	Sundays 4:30pm - 6:30pm	Phebe Yeo: 0425 338 832 phebe@8senses.com.au
Mambourin Enterprises by Beat Freakzfit FREE Dance fitness in the dark that is suitable for all levels, all shapes, sizes and abilities. We dance in the dark working on mental and physical wellbeing to epic music.	Tuesdays 10:00am - 12:00pm	Erin Rixon: 0437 457 990 beatfreakzfitness@yahoo.com beatfreakzfit.com.au
Point Cook Dance FEES APPLY Friendly & nurturing classes. Pre School Dance, combination for preppies, classical ballet, Jazz & Funk, Hip-Hop, Hip-Hop Boyz, Tap, Contemporary, Acrobatics, Drama & singing. For ages 3 years to teenagers.	Tuesdays, Thursdays, Fridays & Saturdays Times vary. Please see timetable on website	Mandy: 0416 679 911 info@pointcookdance.com.au pointcookdance.com.au
Point Cook Girl Guides FEES APPLY As the peak organisation for girls aged 5-17, The Girl Guides mission is to empower all girls to become confident, engaged, resilient & responsible community members.	Tuesdays 6:30pm - 8:00pm	wyndham@guidesvic.org.au guidesvic.org.au

Featherbrook Community Centre		
<p>Rachana Natyalaya FEES APPLY</p> <p>One of the prominent places in Melbourne to learn Indian Classical Dance Bharatanatyam, Folk & Bollywood dancing from a qualified dance teacher.</p>	<p>Wednesdays 6:00pm - 9:00pm</p>	<p>Archana Koorthy: 0432 161 933 koorthy@gmail.com rachananatyalaya.com</p>
<p>Sahaja Yoga Meditation FREE</p> <p>Teaches a unique method of meditation where participants can achieve a state of balance in just 10 minutes.</p>	<p>Tuesdays 7:30pm - 8:30pm</p>	<p>Annie Sarani: 0423 110 875 annie.sarani@gmail.com sahajayoga.com.au</p>
<p>Shorinjiryu Karate FEES APPLY</p> <p>This karate has elements based on Okinawan Karate with a strong influence from Aikijujutsu, Judo & various Okinawan and Japanese weapons arts. Classes suitable for juniors & adults.</p>	<p>Tuesdays 4:00pm - 6:30pm</p>	<p>Marnie Roberts: 0418 564 382 kennankan@hotmail.com shorinjiryu.com.au</p>
<p>Table Tennis for beginners FREE</p> <p>Come and learn basic skills in Table Tennis. Bats and balls are provided.</p>	<p>Wednesdays 9:15am - 10:45am (Excluding first Wednesday of the month)</p>	<p>Featherbrook Team: 8353 4000 featherbrookcc@wyndham.vic.gov.au</p>
<p>VIBE Craft for Kids FEES APPLY</p> <p>A new DIY creators workshop for kids aged 8 and above. Students learn to be creative using recyclable items. Students are encouraged to showcase their creations at an end of the year event.</p>	<p>Thursdays 5:30pm—7:00pm</p>	<p>Alpana Chauhan-Virani 0434 944 074 alpana24@gmail.com vibechoreography.com.au</p>
<p>Vibe Choreography FEES APPLY</p> <p>"LETS CO-EXIST" Exciting, fun and popular Bollywood, Hip Hop, Jazz Funk dance classes for anyone aged 6 years. If you love to dance, build your confidence & make great friends, enquire with us.</p>	<p>Mondays, Tuesdays, Wednesday, Fridays & Saturdays Times vary, see website</p>	<p>Alpana Chauhan-Virani 0434 944 074 alpana24@gmail.com vibechoreography.com.au</p>

Point Cook Community Learning Centre		
<p>Art Lab Ages 9-15 FREE</p> <p>Create something epic each month. Experiment with different art styles and let your creativity run wild! Bookings required.</p>	<p>Wednesdays (1st & 2nd Wed of the month) 4:00pm - 5:30pm</p>	<p>Point Cook Library: 8734 8999 To book please visit: wyndham.vic.gov.au/whats-on/art-lab</p>
<p>Board in the West—Melbourne Meeples FEES APPLY</p> <p>Join us on the first Friday of each month for a night of Board Gaming fun! Open to all ages & experience levels. We'd love to see you there!</p>	<p>Fridays (1st of the month) 5:30pm - 11:00pm</p>	<p>Jennie: 0410 150 529 meeples.org.au</p>
<p>Bollywood Dance Company Melbourne FEES APPLY</p> <p>Our motto 'Celebrating Dance, Arts, & Culture'. With careers starting in Mumbai, experience in the Indian Bollywood Film Industry Darshan & Sohini bring extensive global travel & performance experiences over 22 years to their teaching.</p>	<p>Mondays 5:30pm - 9:30pm</p>	<p>Sohini / Darshan: 0497 757 355 info@bollywooddancecompany.com.au bollywooddancecompany.com.au</p>
<p>Brooks School of Dance FEES APPLY</p> <p>Quality dance classes in creative movement, classical Ballet & Jazz for kids ages 3 & up. Taught in a friendly & encouraging environment by experienced dance teachers.</p>	<p>Thursdays 4:30pm - 6:00pm Saturdays 9:30am - 12:30pm</p>	<p>Ayelet: 0430 765 431 brooksdance@gmail.com brooksschoolofdance.com</p>
<p>Chess for All Ages FREE</p> <p>Beginners and experienced players are welcome to join us for Chess at Point Cook Library. Enjoy a game with your friends and meet other Chess enthusiasts in the library!</p>	<p>Tuesdays 4:00pm - 5:00pm (During school term)</p>	<p>Point Cook Library: 8734 8999 For more information: wyndham.vic.gov.au/whats-on/all-ages-chess</p>

Point Cook Community Learning Centre		
<p>Breakfast Club @ Stockland Shopping Centre FREE</p> <p>Are you aged between 12-25? Mornings can be tough, even tougher on an empty stomach, start your day with a free breakfast Near Woolworths.</p>	<p>Tuesdays 8:15am - 9:00am (During school term)</p>	<p>Youth Services: 8734 1355 youthinwyndham@wyndham.vic.gov.au wyndham.vic.gov.au/services/youth-services</p>
<p>Courtside - Youth Services @Point Cook Ages 12-25 FREE</p> <p>Hang out with our friendly youth workers & meet new friends at Point Cook Town Centre Basketball court.</p>	<p>Thursdays 3:30pm - 5:30pm</p>	
<p>Point Cook Drop In FREE</p> <p>Aged between 12-18? Bored & looking for somewhere to hang out after school? Drop in, grab a snack & chill Wednesday afternoon at Point Cook Community Learning Centre.</p>	<p>Wednesdays 3:30pm - 5:30pm</p>	
<p>Craft & Conversation Ages 18+ FREE</p> <p>Are you a craft lover? Join our monthly program to create a new craft each session. Materials are free, conversation is included, and you can take home your finished project. Bookings required.</p>	<p>Tuesdays (2nd of the month) 1:00pm - 3:00pm</p>	<p>Point Cook Library: 8734 8999 For session dates & times please visit: www.wyndham.vic.gov.au/adult-events-and-activities</p>
<p>Cross Cultural Connection FREE</p> <p>Share & learn cultural customs & traditions, food & recipes passed down by generations and languages.</p>	<p>Tuesdays 9:00am - 11:00am</p>	<p>Point Cook CLC: 8734 0205 pointcookclc@wyndham.vic.gov.au</p>
<p>Family Fun Club Ages 3-12 FREE</p> <p>Join us for a variety of activities like Lego, puzzles and colouring to have fun and get creative as a family. No bookings required.</p>	<p>Mondays 4:00pm - 5:00pm (During school term)</p>	<p>Point Cook Library: 8734 8999 wyndham.vic.gov.au/kids-events-activities</p>
<p>Fun & Fitness Gentle Exercise FEES APPLY</p> <p>Gentle physical activity program suitable for seniors and all abilities.</p>	<p>Mondays 11:30am - 12:30pm Fridays 11:10am - 12:10pm</p>	<p>Point Cook CLC: 8734 0205 pointcookclc@wyndham.vic.gov.au</p>
<p>Gamblers Anonymous FREE</p> <p>12 Step Fellowship meeting for compulsive gamblers. Zoom meetings listed on website.</p>	<p>Thursdays 8:00pm - 9:00pm</p>	<p>9696 6108 gavictoria18a@gmail.com gaaustralia.org.au</p>
<p>Kids Club Ages 5+ FREE</p> <p>Come and join in a different activity every week. Make new friends and have lots of fun. No bookings required.</p>	<p>Thursdays 4:00pm - 5:00pm Program during school term only</p>	<p>Point Cook Library: 8734 8999 For session dates and times visit: wyndham.vic.gov.au/kids-events-activities</p>
<p>Melbourne Table Tennis Club FEES APPLY</p> <p>Run by Melbourne Table Tennis Club in conjunction with Asian Business Association of Wyndham Inc. Playing & coaching with a main focus on Seniors 55+.</p>	<p>Sundays 6:00pm - 9:00pm</p>	<p>Jon Zhang: 0451 169 850</p>
<p>Natyanjali School of Dance FEES APPLY</p> <p>Bharatanatyam India's oldest & popular classical dance style encompassing music, rhythm & expression. Strictly adheres to Natyashastra. Traditional Vazhuvoor style of Bharathanatyam. All ages welcome.</p>	<p>Tuesdays 6:00pm - 8:00pm Thursdays 5:00pm - 6:00pm Fridays 5:30pm - 6:30pm</p>	<p>Anitha Perumal: 0470 177 937 anititha@yahoo.com natyanjalischoolofdance.business.site/</p>
<p>Point Cook Craft Group FREE</p> <p>Bring along your knitting or craft for social interaction with other local community members.</p>	<p>Thursdays 10:00am - 12:00pm</p>	<p>Point Cook Community Learning Centre: 8734 0205 pointcookclc@wyndham.vic.gov.au</p>
<p>Point Cook Seniors Group FREE</p> <p>Meet for social interaction with other seniors from local area.</p>	<p>Fridays 12:15pm - 2:30pm</p>	<p>Point Cook Community Learning Centre: 8734 0205 pointcookclc@wyndham.vic.gov.au</p>

Point Cook Community Learning Centre		
<p>Point Cook Table Tennis FREE</p> <p>Drop in for a casual game of table tennis. Places are limited so book now! Open to all.</p>	<p>Tuesdays 11:00am - 1:00pm</p>	<p>Point Cook Community Learning Centre: 8734 0205 pointcookclc@wyndham.vic.gov.au</p>
<p>Point Cook VIEW Club FEES APPLY</p> <p>A leading women's national organisation, providing the opportunity for senior women from all multi-cultural backgrounds.</p>	<p>Wednesdays (4th of the month) 11:00am - 1:00pm</p>	<p>Catherine Cronin: 0407 726 852 pointcookview@gmail.com view@thesmithfamily.com.au</p>
<p>Robo Lab - Ages 11-15 FREE</p> <p>Interested in robotics? Gain hands on experience building & coding robotics in Robo Lab. Bookings open one week before each session. Bookings essential</p>	<p>Wednesdays (3rd of the month) 4:00pm - 5:30pm (During school term)</p>	<p>Point Cook Library: 8734 8999 wyndham.vic.gov.au/whats-on/robo-lab</p>
<p>Safer Spaces – Dungeons & Dragons FEES APPLY</p> <p>In Dungeons & Dragons we use our time together playing a fun game, as characters in an imaginary world, with the purpose of using a safe, controlled environment with other similar aged peers, to practice those social & emotional situations we may find challenging, in a fun & make-believe world. Ages 6-14</p>	<p>Tuesdays 3:30pm - 5:30pm</p>	<p>Josh: 0434 648 404 safer-spaces.com.au/community</p>
<p>Salsa In Motion FEES APPLY</p> <p>Beginner Cuban Salsa & Bachata, intermediate level Cuban Salsa/Rueda & Bachata dance classes for adults. No dance experience or partner required. Free 25min intro session.</p>	<p>Mondays 6:30pm - 10:00pm</p>	<p>Michael: 0430 355 888 info@salsainmotion.com.au</p>
<p>VJ Academy - Dance FEES APPLY</p> <p>A combination of exercise & dance for physical & mental fitness & well-being. Dance consists of freestyle movements from Indian blockbuster choreographies.</p>	<p>Tuesdays 5:00pm - 7:00pm Wednesdays 7:15pm - 8:15pm</p>	<p>VJ: 0435 915 516 soulspace.journeywithin@gmail.com soulspace.org.au</p>
<p>Weight Watchers FEES APPLY</p> <p>A welcoming & safe environment to fulfil your weight health goals. Learn ways for successful & sustainable weight loss and health living.</p>	<p>Saturdays 8:00am - 9:00am</p>	<p>Maria: 131 997 maria.mifsud@ww.com weightwatchers.com/au/contact</p>
<p>Wyndham Chen's Taichi Inc. FEES APPLY</p> <p>Specialised training of Chen's style 83 forms of Taichi exercise to improve participants' health & wellbeing. Including specialised choir & dance programs. Please contact for the schedule of activities</p>	<p>Mondays 8:00am - 9:00am Tuesdays 2:00pm - 4:00pm Wednesdays 8:00am - 11:00am</p>	<p>Shengyong Guo: 0426 943 706 wyndhamchenstaichi@gmail.com wechat.com</p>
<p>Yoga for Seniors FREE</p> <p>Yoga for seniors above 55 years for all communities, to support physical and mental wellbeing.</p>	<p>Mondays 4.00pm - 5.30pm</p>	<p>Prem - 0430 740 023 Point Cook CLC - 8734 0205 pointcookclc@wyndham.vic.gov.au</p>
<p>Yoga with Gunjan - GIA Yoga FEES APPLY</p> <p>Moving the body & stilling the mind as a means of deeper connection with ourselves. Explore our inner self with gentle movements, meditation, breath & postural awareness.</p>	<p>Thursdays 6.30pm - 7.30pm</p>	<p>Gunjan: 0450 073 627</p>
<p>Zumba Fitness with Zin Monika FEES APPLY</p> <p>Fitness & exercise to help improve health, coordination & balance whilst dancing to Salsa, Merengue & Reggaeton. Ultimate fun!</p>	<p>Tuesdays 7:00pm - 8:00pm</p>	<p>Monika: 0468 320 618 monika.au@outlook.com</p>

Saltwater Community Centre		
<p>Art Studio - Open Studio FREE</p> <p>Not enough space to paint or create at home? Open for anyone to come work on their own projects.</p>	<p>Fridays 9:30am - 3:30pm</p>	<p>Saltwater Community Centre 8376 5501 saltwatercc@wyndham.vic.gov.au</p>

Saltwater Community Centre		
<p>Aikido Melbourne West Inc FEES APPLY</p> <p>Children, teens and adults Aikido classes. A Japanese martial art dedicated to harmony, physical and mental wellbeing. Traditional practice with direct connection to Aikido Governing World Body in Tokyo. Come and join a caring group in a non-competitive martial art, helping you to a healthy lifestyle.</p>	<p>Wednesdays 7:30pm - 9:00pm Saturdays 8:00am - 10:30am</p>	<p>Andrew Last: 0405 330 149 andrewlast.aikido@gmail.com pointcookaikido.com</p>
<p>Beat Factor Community Drum Class FEES APPLY</p> <p>Join us for our adult drumming class. Learn Djembe and Dun Dun drumming for fun, well-being or to challenge yourself. Drumming helps to improve coordination, focus, stress reduction and overall well-being. Weekly and Casual classes.</p>	<p>Thursdays 7:30pm—8:30pm</p>	<p>Rod Pilois: 0411 028 077 bfmusic15@gmail.com beatfactormusic.com/workshops/point-cook/</p>
<p>CDB Dance FEES APPLY</p> <p>We offer a high level of dance training in Ballet, Modern Dance, Contemporary and Dance fitness for ages 3 years and above to the Point Cook Community. We aim to share our love and knowledge of dance to help on your dance journey.</p>	<p>Mondays 4:30pm - 6:30pm Tuesdays 9:00am - 10am Thursdays 4:30pm - 7:00pm Saturdays 8:30am - 12:30pm</p>	<p>Candice Baxter: 0468 558 859 cdbdancesa@gmail.com cdbdance.com</p>
<p>Claudia Rossi Art Therapy FEES APPLY</p> <p>Individual and small group Art Therapy sessions with a professional Art Therapist (MA Arts Therapy & NDIS provider). All art materials are supplied. Participants and local community members are welcome. No art experience necessary. Bookings by appointment.</p>	<p>Mondays 5:00pm - 6:00pm</p>	<p>Claudia: 0425 703 158 claudiarossiarttherapy@gmail.com</p>
<p>Gia Yoga FEES APPLY</p> <p>Yoga promotes social harmony by fostering a sense of community shared purpose. Practising yoga provides a sense of belonging and connection which can improve mental health and overall wellbeing.</p>	<p>Mondays 6:30pm - 7:30am</p>	<p>Gunjan: 0450 073 627 gunjanparmar14@outlook.com</p>
<p>Grace and Groove Dance FEES APPLY</p> <p>This class is designed for dance lovers who wish to learn basic semi-classical dance. Learn and perform with me at various events and spread love and happiness through the art of dance.</p>	<p>Wednesdays 6:30pm - 7:30pm Thursdays 5:00pm - 6:00pm</p>	<p>Sheetal: 0426 694 063 sheetal.sharma.pt@gmail.com</p>
<p>Heartfulness Yoga and Meditation FREE</p> <p>Heartfulness offers a range of activities designed to support personal well-being and inner transformation. At its core is daily meditation, where individuals focus on the heart to foster calmness, clarity and a deeper connection with the inner self. A unique feature of Heartfulness is yogic transmission, which enhances the meditation experience by providing a subtle, transformative energy.</p>	<p>Sundays 8:30am - 10:00am</p>	<p>Chander: 0466 788 921 chander.satyavarapu@volunteer.heartfulness.org heartfulness.org</p>
<p>Japan Karate Association Australia FEES APPLY</p> <p>JKA teaches traditional ShotoKan Style Karate. It develops strength, coordination & agility and can be practised any time and any place by everyone. Standards are taught at the highest level in keeping with the technical requirements set by JKA HQ.</p>	<p>Tuesdays 5:30pm - 8:30pm Saturdays 10:30am - 1:00pm</p>	<p>Bryan Zaldarriaga bryan.zaldarriaga@jkaaaustralia.com.au jkaaaustralia.com.au</p>
<p>Manmohini Indian Dance School FEES APPLY</p> <p>Manmohini is an Indian Classical dance form. The school follows a traditional syllabus and apart from dance movements, students learn rhythmic compositions, improve their cognitive function and body confidence.</p>	<p>Wednesdays 5:00pm - 8:00pm</p>	<p>Daveena Munnee: 0430 714 273 daveena.munnee@gmail.com</p>

Saltwater Community Centre		
Manmohini Indian Dance School - Kathak FEES APPLY Regular classes for Indian Classical Kathak dance style.	Thursdays 6:30pm - 8:30pm	Mohini: 0421 084 366 mohini@kathakmelbourne.com.au
Melbourne School of Indian Music FEES APPLY Tabla classes for kids and adults. Boosts cognitive skills, improves focus and patience, creative expression. Learn about rich Indian Art and Culture.	Tuesdays 5:00pm - 9:00pm	Jay Dabgar: 0430 521 372 jaydabgar@gmail.com jaydabgar.com
Natyanjali School of Dance - All ages FEES APPLY Bharatanatyam India's oldest & popular classical dance style encompassing music, rhythm & expression. Strictly adheres to Natyashastra. Traditional Vazhuvoor style of Bharathanatyam.	Mondays 5:30pm - 6:30pm	Anitha Perumal: 0470 177 937 anititha@yahoo.com natyanjalischoolofdance.business.site/
Potter Escape - Pottery Wheel Class FEES APPLY An enjoyable and social adults' class to create work on the pottery wheel. 8 students per class, personal attention given to master the wheel throwing technique and pursue artistic creation. All skill levels are welcome. Inclusive of clay, glazes and under glazes. Extra charges for firing.	Tuesdays Wednesdays Thursdays 6:30pm - 9:00pm (7 week courses)	Nandita Nadkarni: 0432 266 229 nandita@potteryescape.com potteryescape.com
Safer Spaces FEES APPLY Using areas of interest, creativity & strength are central to what we want to encourage in our social groups! Practice negotiation, promote emotional regulation, use social stories & visual cues — & make friends! In Minecraft, encourage kids to communicate, work on projects, collaborate together & achieve planned goals.	Wednesdays 3:45pm - 5:15pm	Josh: 0434 648 404 info@saferspaces.com.au safer-spaces.com.au
SoulSpace Yoga FEES APPLY Kids Yoga—breathing exercises, sun salutation along with themes, stories and guided relaxation	Tuesdays 4:30pm - 5:30pm	Vijisha: 0435 915 516 vijisha82@live.com soulspace.org.au
Tai Chi FREE An art embracing the mind, body & spirit. One of the most effective exercises for health of mind and body.	Tuesdays 10:00am - 11:00am	Saltwater Community Centre 8376 5501 saltwatercc@wyndham.vic.gov.au
Youth Services Drop in FREE Aged between 12-17 years? Looking for somewhere fun to hang out after school? Drop in, grab a snack and play games on Friday afternoons at Saltwater Community Centre. (Starts from 2nd week of every school term)	Fridays 3:00pm - 5:00pm	Youth Services: 8734 1355 youthinwyndham@wyndham.vic.gov.au
Zumba Fitness with Zin Monika FEES APPLY Zumba class to promote physical activities. Physical activities help in improving health and fitness whereas Zumba helps with other facts too, including respect, leadership, teamwork, memory, co-ordination and balance.	Sundays 10:00am - 11:00am	Monika Sachdeva: 0468 320 618 monika.au@outlook.com

Community, Cultural & Faith Groups

Featherbrook Community Centre		
Australia India Society of Wyndham FEES APPLY Social senior group that meets for festival celebrations and activities including meditation, yoga and games.	Mondays & Fridays 11:00am - 1:00pm	Satish Kumar Verma 0478 812 910 australianindiasociety@gmail.com

Featherbrook Community Centre		
Featherbrook Dancing and Singing FEES APPLY Seniors 55+ community group providing activities such as singing, dancing and social gatherings. Meeting weekly at Featherbrook.	Thursdays 11:30pm - 3:30pm	dancingsinging4seniors@gmail.com
First Born Gospel Church Point Cook FREE Christian Workshop service with praise and worship. Kids, Youth, and Adult Sunday School.	Sundays 12:30pm - 4:30pm	Denwardson: 0456 191 341 fbgpcp@iafb-australia.org pointcook.iafb-australia.org
Garam Ministry FREE Non-denominational, Indonesian speaking Christian Community endeavouring to show love of Christ in Point Cook focussing on fellowship & unity.	Sundays 10:00am - 12:00am	jonchrisspattiasina@gmail.com garamministry.org
Great Care FREE Great Care provides in-home and community-based services to people over 65 years living with a disability. We deliver diverse care to diverse Australians.	Wednesdays 11:00am - 2:00pm	Terefe Aborete: 9395 4657 admin@greatcare.net.au
Haami Inc FEES APPLY A Culturally diverse community group. Youth led Committee. Youth programs for development of skills, fundraising and family gatherings.	3rd Sunday of the Month 7:00pm - 10:00pm	Noor Mohammed: 0406 900 524 haamiinc@gmail.com
Islamic Circle of Australia & New Zealand FEES APPLY Faith based volunteer organisation meeting monthly, programs to suit all ages including activities for kids.	1st Saturday on the Month 6:00pm - 10:00pm	Haroon Qaiser haroon.qaiser@icandawah.org incharge.melwest@icandawah.org icandawah.org
Le Petrel Mauritian Seniors Club Inc FEES APPLY Seniors gathering with Social Activities	Wednesdays 12:30pm - 4:30pm	Patrick: 0421 079 740
Lightpoint Church FREE This youth group works together to create the best communities, gatherings and events that help other young adults connect with one another and grow in their Christian faith.	Wednesdays 7:30pm - 9:30pm	Stephen Taylor: 0414 779 662 staylor@lightpointchurch.com
Lions Club of Point Cook FEES APPLY Our not for profit organisation is committed to serving our community. We are a team who enjoy working together on a range of projects. Join us today!	3rd Monday of the month 7:30pm - 9:30pm	Lee-Ann: 0474 217 058 pointcook.vic@lions.org.au
Satsang Oceania Inc FREE This group is a non-profit institution that operates exclusively for spiritual, religious, social and charitable purposes.	Last Saturday of the month 5.00pm - 10.00pm	Pranvesh Das: 0420 963 646 pranveshdas@gmail.com satsangoceania.org
Seniors Journey FEES APPLY Alleviate social isolation and linguistic barriers in the seniors 55+ community. Provide English learning and up skills of connection to benefit community wellness.	Mondays 9:00am - 1:00pm	Donghu Wan: 0431 661 107 925dongdong@gmail.com
Wyndham Active Youngs @ 55 Inc. FEES APPLY A seniors group that focuses on health and well-being that welcomes all cultures and backgrounds. Activities include Table Tennis, Yoga, Games & more.	Mon 9:30am-10:30am Tues 9:30am - 1:30pm	Jugal Kishor Chhabra 0415 170 155 wynactive.featherbrook@gmail.com
Wyndham Joyful Home Inc. FEES APPLY Our senior's group offers a vibrant mix of social, recreational and educational experience for our members with a range of activities.	Fridays 12:30pm - 3:30pm	Zuo Ji Lyu: 0491 718 908 15621113676@163.com

Point Cook Community Learning Centre		
<p>Asian Business Association of Wyndham – Seniors Group FREE</p> <p>Meet for social interaction with other seniors from your local area.</p>	<p>Tuesday 11:30am - 2:00pm Fridays 12:30pm - 2:30pm</p>	<p>Billy Bi – 0431 830 3594 Zhong Qui Ye – 0421 882 512 abawyndham@gmail.com</p>
<p>Iraqi Cultural Group in Australia FEES APPLY</p> <p>Meeting of seniors & community members of a middle eastern background. Provide social & educational support, discuss interesting topics, art performances & general conversation for continuous improvement.</p>	<p>Sundays (2nd of the month) 1:00pm - 4:00pm</p>	<p>Farial Jafar: 0422 798 587 farial.jafar@gmail.com</p>
<p>Local Spiritual Assembly of the Bahais of Wyndham - Soul Food Program FREE</p> <p>A gathering that unites individuals from all faiths and backgrounds to reflect on meaningful themes in a meditative environment, discovering the shared values and connections that unite humanity.</p> <p>Local Spiritual Assembly of the Baha'is of Wyndham – Children's Class Program FREE</p> <p>A Baha'i inspired program which brings children of different races, cultures and religions together in a spirit of unity, as they learn about spiritual qualities using song, stories, games and crafts.</p>	<p>Saturdays 10:30am - 12:00pm</p> <p>Saturdays 12:00pm - 1:30pm</p>	<p>Raksha: 0437 999 920 wyndham@vic.bahai.org.au bahai.org.au</p>
<p>Melbourne Yangtze Choir FEES APPLY</p> <p>Chinese Community Choir that dance, drum & sing in both English & Mandarin. Great way to learn English & improve musical skills.</p>	<p>Wednesdays 12:00pm - 2:00pm</p>	<p>Mei: 0432 669 379 yangtzechoir@gmail.com</p>
<p>One Faith Reformed Evangelical Church FREE</p> <p>We are a church in Point Cook with multi-cultural background (Chinese and English congregation) where our people come from Hong Kong, China, Malaysia, Indonesia, Taiwan, Vietnam & others as well as local Australians. We learn, we serve, & we grow together. There is Sunday school for children on Sunday.</p>	<p>Thursdays 8:00pm - 9:00pm Fridays 8:00pm - 10:00pm Saturdays (fortnightly) 3:30pm - 5:30pm Sundays 9:00am - 1:00pm</p>	<p>Ps. Simon Cheng / Liyuan Liu 0422 770 616 / 0433 710 678 info@onefaith.org.au onefaith.org.au</p>
<p>Point Cook Indian Seniors FREE</p> <p>Recreation activities based on significant days of celebrations throughout the year. Collaborating with other groups focusing on health & wellbeing, seniors & occasional guest speakers.</p>	<p>Mondays 12:00pm - 3:00pm 3rd Wednesday of the month 11:00am - 2:00pm</p>	<p>Indira: 0402 458 648 indiramohan37@gmail.com</p>
<p>Point Cook Royals FEES APPLY</p> <p>Meeting of Senior's for socialisation, health and education.</p>	<p>3rd Saturday of the month 3:30pm - 5:30pm Thursdays (2nd & 4th of month) 11:30am - 2:30pm</p>	<p>Nagesh joshi.com.au@gmail.com Rajendra raj3006@gmail.com wawseniors@gmail.com</p>
<p>Point Cook Chinese Friendship Association FEES APPLY</p> <p>Join us for regular social activities to facilitate the integration of Chinese migrants into Australian culture in the city of Wyndham.</p>	<p>Mondays 9:00am - 10:30am Tuesdays 1:00pm - 2:30pm Thursdays 12:00pm - 1:30pm Fridays 12:30pm - 2:00pm</p>	<p>Sanhong Zhu: 0437 310 888 zhusanhong123@gmail.com</p>
<p>SAI Organisation of Australia FREE</p> <p>Teaches human values to children aged 5-18 years. A spiritual organisation helping the younger generation pursue their spiritual growth by plugging into the Divinity within.</p>	<p>Sundays 10:00am - 12:00pm</p>	<p>Vidya: 0401 959 174 mbommena@yahoo.com</p>

Point Cook Community Learning Centre		
Seventh Day Adventist FREE Intergenerational worship service, fundraising concerts, free community dinners, educational program on parenting, relationships, health, natural remedies etc.	Saturdays 3:00pm - 6:00pm	Danijela Trajkov: 0423 371 841 danijelatrajkov@adventist.org.au
Sewa International FREE Indian seniors wellness group aimed at encouraging independence through yoga & social interaction.	Sundays (1st & 3rd of month) 1:00pm - 4:00pm	Vijay Kumar: 0426 971 901 vijayjeevan Chopra@gmail.com
South Sudanese Junubi Social Group FREE The South Sudanese Social Group is aimed at getting community members to meet and socialise but also talk about issues that are impacting the community.	Saturdays 1:30pm - 3:30pm Fortnightly	Aweeng or Poly 0403 523 428 or 0434 178 753 poly.kiyaga@wyndhamcec.org.au
United Muslims Residents Association FREE Jummah Prayer. Muslim based faith group that meet weekly for their Friday prayers. Dunnings Road Reserve Address: 29 Kingsley Avenue, Point Cook Point Cook CLC Address: 1-21 Cheetham Street, Point Cook	Fridays 1:30pm at Dunnings Rd Reserve Fridays 2:00pm at Point Cook CLC	Mohammad: 0403 566 165 info@umra.org.au
WAW Seniors FEES APPLY Women's education and welfare, including community health and safety.	Thursdays (1st & 3rd of month) 11:30am - 2:30pm	Chandri: 0415 231 822 wawseniors@gmail.com
Wyndham Chinese Cultural Promotion Group FEES APPLY Helps migrant seniors settle & connect with others. Activities include art, craft, calligraphy, music & Tai Chi.	Mondays 9:30am - 3:00pm	Julia Zhu: 0402 529 989 wccpipointcook@gmail.com

Saltwater Community Centre		
Christ New Creation FREE Christian Church Service, Sunday school for kids. Charity work for underprivileged kids. Supporting families to cope with life challenges and support for new-comers in the area/country	Sundays 2:30pm - 5:00pm	Dennis: 0416 850 191 dennis.ferrer@hotmail.com.au
CWA Point Cook Branch FEES APPLY Point Cook CWA is a women's social group, who meet to support both local and national communities. Our emphasis is helping vulnerable women, children and families. Join us to make connections and a difference.	3rd Thursday of the month 7:00pm - 9:00pm	Christine Mackness 0424 014 757 chrismack5@yahoo.com
Faith Harvest Worldwide Ministries Inc FREE A Christian Organisation that focus on serving and working for God and building individuals lives, family, the young generation through the word of God to be better and positive life changing people and strengthening their spiritual relationship with god through our Sunday services.	Sundays 11:00am - 2:00pm	Esther Martha Gonkarnue 0434 791 326 thomsonesther06@gmail.com
Indian Catholic Cultural Group FEES APPLY We love bringing together Indian Catholic families from around the world. A place to meet, connect and make new friends. A good platform for our youth to get involved and stay connected with our culture. Non- Catholic, Non-Indian family members are welcome.	Saturdays 6:00pm - 10:30pm 8 Feb - Picnic 3 May 19 July 6 December	Fiona / Jackie indiancatholicculturalgroup@gmail.com

Saltwater Community Centre		
<p>Migrant Resource Centre - Indian Social Support Program FREE</p> <p>We do gentle exercises using dumbbells, stretch bands and follow workout videos projected on a screen. We play board games and engage in mind games like word search, sudoku etc. Additionally, we organise information sessions with various organizations such as Centrelink, Hearing Australia and others. We provide morning tea and a light lunch. Group members celebrate their festival and special occasion.</p>	<p>Thursdays 10:00am - 3:00pm</p>	<p>Migrant Resource Centre 1300 676 044, 0421 289 140 atarjit_b@mrcnorthwest.org.au</p>
<p>Saltwater Craft Group FREE</p> <p>Let's come together and get creative. Bring your own projects to work with, patchwork, quilting, embroidery, knitting, crochet, sewing.</p>	<p>Mondays 9:30am - 11:30am</p>	<p>Saltwater Community Centre 8376 5501 saltwatercc@wyndham.vic.gov.au</p>
<p>Saltwater Indian Seniors Group FREE</p> <p>Lets get social, make new friends, play some games & have some laughs over a cuppa. Visiting parents & grandparents are welcome. Bookings essential!</p>	<p>Wednesdays (2nd & 4th of the month) 10:00am - 1:00pm</p>	<p>Saltwater Community Centre 8376 5501 saltwatercc@wyndham.vic.gov.au</p>
<p>Saltwater Gardeners Group FEES APPLY</p> <p>Committed to sustainability & growing their own produce through edible gardening. A great place to connect with others in the community & learn.</p>	<p>1st Sunday Monthly 9:30am Tasks are assigned</p>	<p>Kim Pastore saltwatergardenchampions@gmail.com All experience levels are welcome</p>
<p>Social Mahjong and Board Games FREE</p> <p>Friendly social group who enjoy a chat, a cuppa and learning Mahjong and Rummikub.</p>	<p>Mondays 9:30am - 12:00pm</p>	<p>Saltwater Community Centre 8376 5501 saltwatercc@wyndham.vic.gov.au</p>
<p>Western Gymkhana Club Inc FEES APPLY</p> <p>Regular recreational and social activities for families living in West Melbourne. We have activities catering to all members of the family. Dads, mums and kids.</p>	<p>2nd Saturdays 6:30pm - 11:00pm</p>	<p>Sudhir Juneja: 0415 661 021 admin@western.gymkhanaclub.com.au westerngymkhanaclub.com.au</p>
<p>Wyndham Chinese Happy Life Association Inc FEES APPLY</p> <p>Promotes mental & physical health in Chinese seniors. Volunteers teach dancing, Tai Chi, square dancing, bowling, cooking, table tennis & gardening.</p>	<p>Wednesdays 1:00pm - 3:00pm</p>	<p>CK Wong: 0468 337 688 cheekeong46@gmail.com</p>

Community Supports & Services

Featherbrook Community Centre		
<p>Extended Families FREE</p> <p>A Chinese speaking peer support group which provide a platform for carer's with children with a disability to unwind and share their experiences with others.</p>	<p>Wednesdays 10:30am - 12:30pm</p>	<p>Joy Zhou: 0420 598 895 joy@extendedfamilies.org.au extendedfamilies.org.au/</p>
<p>Mind Australia FREE</p> <p>This groups supports individuals with mental health challenges by helping them connect with each other and their community.</p>	<p>Tuesdays 12:30pm - 2:30pm</p>	<p>Emilio: 0405 337 249 emilio.florio@mindaustralia.org.au</p>

Point Cook Community Learning Centre		
<p>Community Connector FREE</p> <p>Wyndham Council has a dedicated team who can help you find and connect with local service options. If you need support, but are unsure of where to start, please reach out.</p>	<p>Thursdays 8:00am - 5:00pm</p>	<p>8734 4514 communityconnector@wyndham.vic.gov.au</p>

Point Cook Community Learning Centre		
La Moneta Harmony Program FEES APPLY A mindfulness program providing yoga, meditation & women's circle to support Chinese women through mental health recovery.	Sundays 1:30pm - 3:30pm	La Moneta Foundation 0459 288 853 info@lamoneta.org.au
Merri Health Carer's Group FREE Providing a place for carers to meet and discuss caring issues.	Wednesdays (4th of the month) 1:00pm - 2:30pm	Sandra: 0439 396 896 sandra.leone@merrrihealth.org.au
South Sudanese Junubi Family Support FREE Meet with local South Sudanese community leaders from the Child First Education group. Discuss issues or get information on support for families from the South Sudanese community.	Mondays & Thursdays 11:00am - 3:00pm Saturdays 6:00pm - 9:00pm	Malual 0478 804 776 Peter 0451 736 514 malual@southsudanchildfe.org
Saltwater Community Centre		
Wyndham Young Stroke Network FREE Share Support Encourage - Informal social meet-up for survivors and carers aged 55 and younger .	Email Bob for information	Bob saltwatercc@wyndham.vic.gov.au



For more activities and programs across Wyndham, visit our website:
www.wyndham.vic.gov.au

Featherbrook Community Centre
 Jamieson Way Community Centre
 Point Cook Community Learning Centre
 Saltwater Community Centre

33 - 35 Windorah Dr, Point Cook VIC 3030
 59 Jamieson Way, Point Cook VIC 3030
 1-21 Cheetham St, Point Cook VIC 3030
 153 Saltwater Promenade, Point Cook VIC 3030

(03) 8353 4000
 (03) 9395 3777
 (03) 8734 0205
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